

Scientific update on COVID-19

Updated on February 18th 2021

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THERAPEUTIC

Questions:

- What drug showed clinical efficacy?
- What drugs did not show proven benefits?

COVID-19 Treatment

- **Dexamethasone** is the first drug to show life-saving efficacy in patients infected with COVID-19
- More data from clinical trials are needed

Classes of treatment

Anti viral effect

(Hydroxy)chloroquine

Ivermectin

Lopinavir/ritonavir

Remdesivir

Monoclonal antibody

Tocilizumab

Vilobelimab

LY CoV 555/016

Anakinra

REG CoV2

Immunomodulatory effect

Corticosteroids

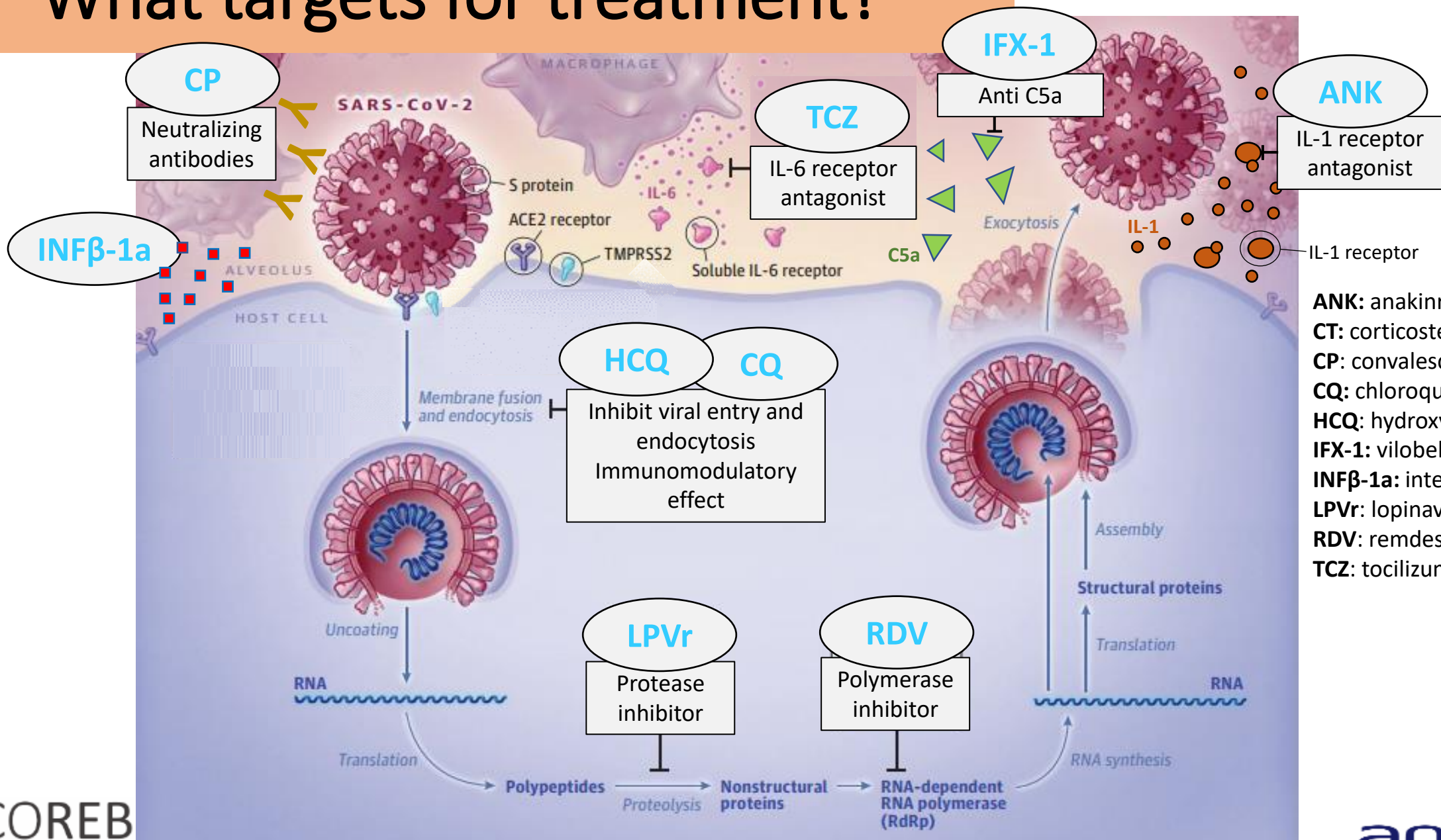
INF β -1a

Janus Kinase (JAK) inhibitor

Passive immunity

Convalescent
plasma

What targets for treatment?



- ANK:** anakinra
- CT:** corticosteroids
- CP:** convalescent plasma
- CQ:** chloroquine
- HCQ:** hydroxychloroquine
- IFX-1:** vilobelimab
- INFβ-1a:** interferon beta
- LPVr:** lopinavir/ritonavir
- RDV:** remdesivir
- TCZ:** tocilizumab

Anti viral effect

Hydroxychloroquine (HCQ)

1 st Author	Design	Groups	Participants	Primary outcome	Main results (Primary outcome)
Abella	Randomized, double-blind, placebo-controlled	HCQ vs. placebo (Pre-exposure prophylaxis)	N= 132 Hospital HCW (ED and COVID-19 units)	Incidence of SARS-CoV-2 infection	Early termination of the study HCQ group: 4/64 (6,3%) vs. placebo group: 4/61 (6,6%); $p > 0,99$
Rajasingham	Randomized, double-blind, placebo-controlled	HCQ once/week vs. placebo HCQ twice/week vs. placebo (Pre-exposure prophylaxis)	N= 1483 Hospital HCW (ED, ICU, COVID-19 units, first responders)	Confirmed or probable COVID-19 compatible illness	HCQ once/week group: 29/494 (5,9%) vs. placebo group: 39/494 (7,9%); HR: 0,72 _{95%CI} [0,44-1,16] HCQ twice/week group: 29/495 (5,9%) vs. placebo group: 39/494 (7,9%); HR: 0,74 _{95%CI} [0,46-1,19]

No virological data on some studies

Anti viral effect

Hydroxychloroquine (HCQ)

1 st Author	Design	Groups	Participants	Primary outcome	Main results (Primary outcome)
Boulware	Randomized, double-blind, placebo-controlled	HCQ vs. placebo (<u>Post exposure prophylaxis</u>)	N= 821 Exposed to a known COVID-19 individual	Incidence of either laboratory confirmed COVID-19 or illness compatible with COVID-19 within 14 days	HCQ group: 49/414 (11,8%) vs. placebo group: 58/407 (14,3%); p=0,35
Mitjà	Open-label, cluster-randomized trial	HCQ vs. usual care (<u>Post exposure prophylaxis</u>)	N= 2314 Healthy contacts of 672 index case patients with COVID-19	D14 PCR-confirmed, symptomatic COVID-19	HCQ group: 64/1116 (5,7%) vs. usual care group: 74/1198 (6,2%); RR=0.86 95% IC[0,52-1,42)

No virological data on some studies

Anti viral effect

Hydroxychloroquine (HCQ)

1 st Author	Design	Groups	Participants	Primary outcome	Main results (Primary outcome)
Mitjà	Multicenter, open label, randomized controlled trial	HCQ vs. placebo (Non-hospitalized)	N= 353 Mild symptoms < 5 days before enrollment	D3 and D7 reduction of viral RNA load from nasopharyngeal swab	D3 VL [§] : HCQ group: -1,41 vs. placebo group: -1,41 Log ₁₀ copies/mL; difference: 0,01 95% CI[-0,28- 0,29] D7 VL [§] : HCQ group: -3,44 vs. placebo group: -3,37 Log ₁₀ copies/mL; difference: 0,07 95% CI[-0,44- 0,29]
Skipper	Randomized, double-blind, placebo-controlled	HCQ vs. placebo (Non-hospitalized)	N= 491	D14 ordinal outcome of not hospitalized, hospitalized, or intensive care unit stay or death	Mean reduction from baseline: HCQ group: 2,60 points vs. placebo group: 2,33 points; absolute difference: 0,27 95% CI[0,61-0,07]; p=0,117)

No virological data on some studies

Anti viral effect

Hydroxychloroquine (HCQ)

1 st Author	Design	Groups	Participants	Primary outcome	Main results (Primary outcome)
Cavalcanti	Multicenter, randomized, open-label, controlled	HCQ + AZ vs. SoC, HCQ vs. SoC, HCQ + AZ vs. HCQ (Hospitalized)	N= 667 No supplemental O ₂ or a max of 4 L/min supplemental, ≤14 days since symptom onset	D15 clinical status (seven-level ordinal scale)	HCQ + AZ vs. control: OR: 0,99 95% CI[0,57-1,73]; HCQ vs. control: OR: 1,21 CI _{95%} [0,69- 2,11]; HCQ + AZ vs. HCQ: OR: 0,82 95%CI[0,47-1,43]
RECOVERY	Randomized, controlled, open- label	HCQ vs. usual care (Hospitalized)	N= 4717 Median of days since symptom onset: 9 days	D28 mortality	HCQ group: 421/1561 (27,0%) vs. usual care group: 790/3155 (25,0%) RR: 1,09; 95%CI[0,97-1,23]; p=0,15

No virological data on some studies

Anti viral effect

Hydroxychloroquine (HCQ)

1 st Author	Design	Groups	Participants	Primary outcome	Main results (Primary outcome)
Self	Multicenter, randomized, blinded, placebo-controlled	HCQ vs. placebo (Hospitalized)	N= 479 supplemental oxygen to maintain SpO ₂ ≥92% Onset of symptoms to randomization: 5 days [§]	D14 clinical status (seven-level ordinal scale)	HCQ group: 6 (4-7) vs. placebo group: 6 (4-7); OR: 1,02 95% CI[0,73-1,42]
SOLIDARITY (WHO)	Multicenter, randomized, open-label, non-placebo-controlled	HCQ vs. control (Hospitalized)	N= 1 863 Study stopped for futility	All-cause mortality	HCQ group: 104/947 (10,2%) vs. placebo group: 84/906 (8,9%); rate ratio: 1,19; 95% CI[0,89-1.59]; p= 0,23

No virological data on some studies

Anti viral effect

Hydroxychloroquine (HCQ)

1 st Author	Design	Groups	Participants	Primary outcome	Main results (Primary outcome)
Tang	Randomized, controlled, multicenter, open label	HCQ + SoC vs. SoC (Hospitalized)	N= 150 Mild to moderate or severe disease, onset of symptoms to randomization: 16,6 days ⁺	D28 negative conversion of SARS-CoV-2	HCQ + SoC: 85,4%, 95%CI[73,8% - 93,8%] vs. SoC: 81,3%, 95%CI[71,2%-89,6%]
Ulrich	Multicenter, double-blind randomized	HCQ vs. placebo (Hospitalized)	N= 128 Excluded patient admitted in ICU	D14 severe disease progression composite end point	HCQ group: 11/67 (16,4%) vs. placebo group: 6/61 (9,8%); p=0,35

No virological data on some studies

Anti viral effect

Lopinavir/ritonavir (LPVr)

1 st Author	Design	Groups	Participants	Primary outcome	Main results (Primary outcome)
Cao	Randomized, controlled, open-label	LPVr vs. SoC (Hospitalized)	N= 199 SaO ₂ ≤ 94% or PaO ₂ /FiO ₂ < 300 mm Hg	Time to clinical improvement	LPVr group not associated with a difference in time to clinical improvement HR: 1,31 _{95%} CI[0,95-1,80]
RECOVERY	Randomized, controlled, open-label	LPVr + SoC vs. SoC (Hospitalized)	N= 5 040 Not specified	28-day all-cause mortality	LPVr + SoC group: 364/1616 (23%) vs. SoC group 767/3424 (22%); RR: 1,03 _{95%} CI[0,91-1,17], p=0,60
Schoergenhofer	Experimental	One group (Hospitalized)	N= 8 Non ICU patients	LPVr plasma concentration	Approximately 2-fold higher than HIV patients receiving the same dose (7.1 µg/mL) 60 to 120-fold higher concentrations are required to reach the assumed LPV EC ₅₀

No virological data on some studies

Anti viral effect

Lopinavir/ritonavir (LPVr)

1 st Author	Design	Groups	Participants	Primary outcome	Main results (Primary outcome)
SOLIDARITY (WHO)	Multicenter, randomized, open-label, non-placebo-controlled	LPVr vs. control (Hospitalized)	N= 2 791 Study stopped for futility	All-cause mortality	LPVr group : 148/1399 (9,7%) vs. placebo group: 146/1372 (10,3%); rate ratio: 1,00; 95%CI[0,79-1,25]; p= 0,97
Zhang	Systematic review and meta-analysis	LPVr vs. control specified (Hospitalized)	N= 4 023 Not specified	ARDS and Mortality rate	ARDS rate: LPVr group 15,6% vs. control group 24,2%; p= 0,49 Mortality rate: LPVr group 6,2% vs. control group 5,5%; p= 0,93

No virological data on some studies

Anti viral effect

Ivermectin (IVM)

1 st Author	Design	Groups	Participants	Primary outcome	Main results (Primary outcome)
Ahmed	Randomized, double-blind, placebo-controlled	Oral IVM alone vs. IVM + doxycycline vs. placebo (Hospitalized)	N= 72	Virological clearance (days)	Oral IVM group: 9,7 _{95%CI} [7,8-11,8], IVM + doxycycline group: 11,5 _{95%CI} [9,8-13,2], placebo group: 12,7 _{95%CI} [11,3-14,2] Oral IVM group vs. placebo p=0,02; Oral IVM group vs. IVM + doxycycline p=0,27
Camprubí	Retrospective study	IVM vs. non-IVM (Hospitalized)	N= 26 All patients received HCQ and azithromycin Severe patients	D3-D5 SARS-CoV-2 PCR and clinical improvement	D3-D5 SARS-CoV-2 PCR: IVM group : 5/13 (38,5%) vs. non-IVM group : 4/13 (30,8%); p>0,99 Clinical improvement: IVM group : 9/13 (69,2%) vs. non-IVM group : 10/13 (76,9%); p>0,99

Anti viral effect

Ivermectin (IVM)

1 st Author	Design	Groups	Participants	Primary outcome	Main results (Primary outcome)
Cepelowicz Rajter	Retrospective study	IVM vs. usual care (Hospitalized)	N= 280	All-cause in-hospital mortality	IVM group: 15,0% vs. usual care group: 25,2%; OR, 0,52; 95% CI [0,29-0,96]; p= 0,03
Chaccour	Double-blind, placebo-controlled, parallel-arm, superiority, randomized	IVM vs. placebo	N= 24 Non-severe patients without risk factors	D7 proportion of patients with detectable SARS-CoV-2 RNA (PCR)	IVM group: 11/12 (91%) vs. placebo group: 12/12 (100%) RR 0,92 95% CI [0,77-10,09]; p=1,0

Anti viral effect

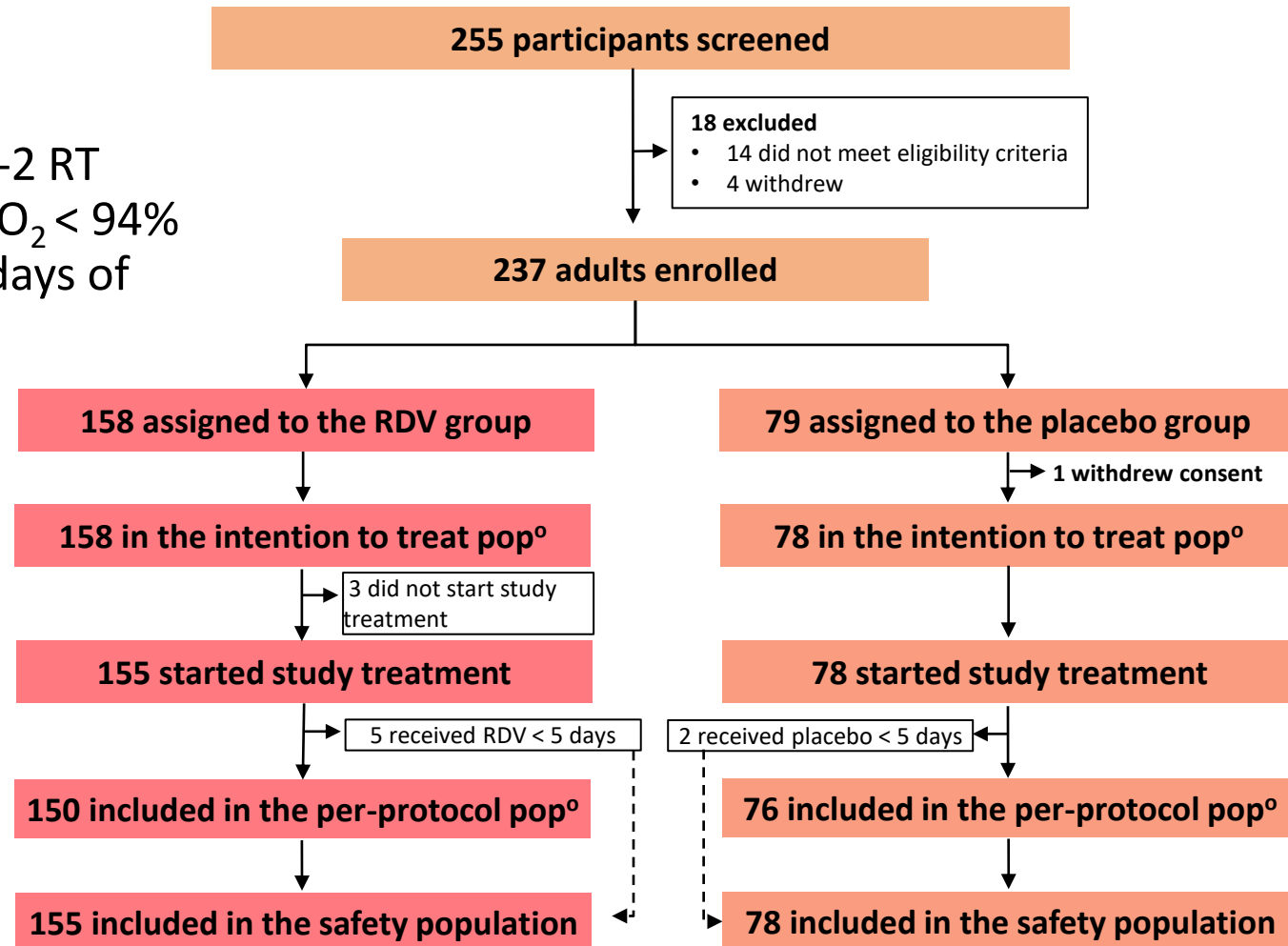
Ivermectin (IVM)

1 st Author	Design	Groups	Participants	Primary outcome	Main results (Primary outcome)
Chachar	Randomized, controlled, open-label	IVM vs. usual care	N= 50 Mild cases of COVID-19 patients	D7 improvement symptoms	IVM group : 16/25 (64%) vs. non-IVM group : 15/25 (60%); p=0,5
Podder	Randomized, controlled, open-label	IVM + usual care vs. usual care only (Hospitalized)	N= 62 Mild to moderate patients	Total recovery time from the onset of symptoms to complete resolution of symptoms (days)	IVM group : 10,09 ± 3,24 vs. control group : 11,50 ± 5.32 95%CI [-0,86-3,63]; p>0,05

Anti viral effect

Remdesivir (RDV) - 1

- Randomized, double-blind, placebo-controlled, multicenter, academic study, China
- **Inclusion criteria:** age \geq 18yo, positive SARS-CoV-2 RT PCR, pneumonia confirmed by chest Imaging, $SpO_2 < 94\%$ (room air) or $PaO_2/FiO_2 \leq 300$ mmHg, within 12 days of symptom onset
- **Exclusion criteria:** pregnant women, renal impairment, hepatic cirrhosis
- **Primary outcome:** time to clinical improvement within 28 days after randomization
- **Secondary outcome :** D28 mortality, SARS-CoV-2 viral load
- 237 eligible patients, 158 received **RDV**, 79 **placebo** (2:1)



Anti viral effect

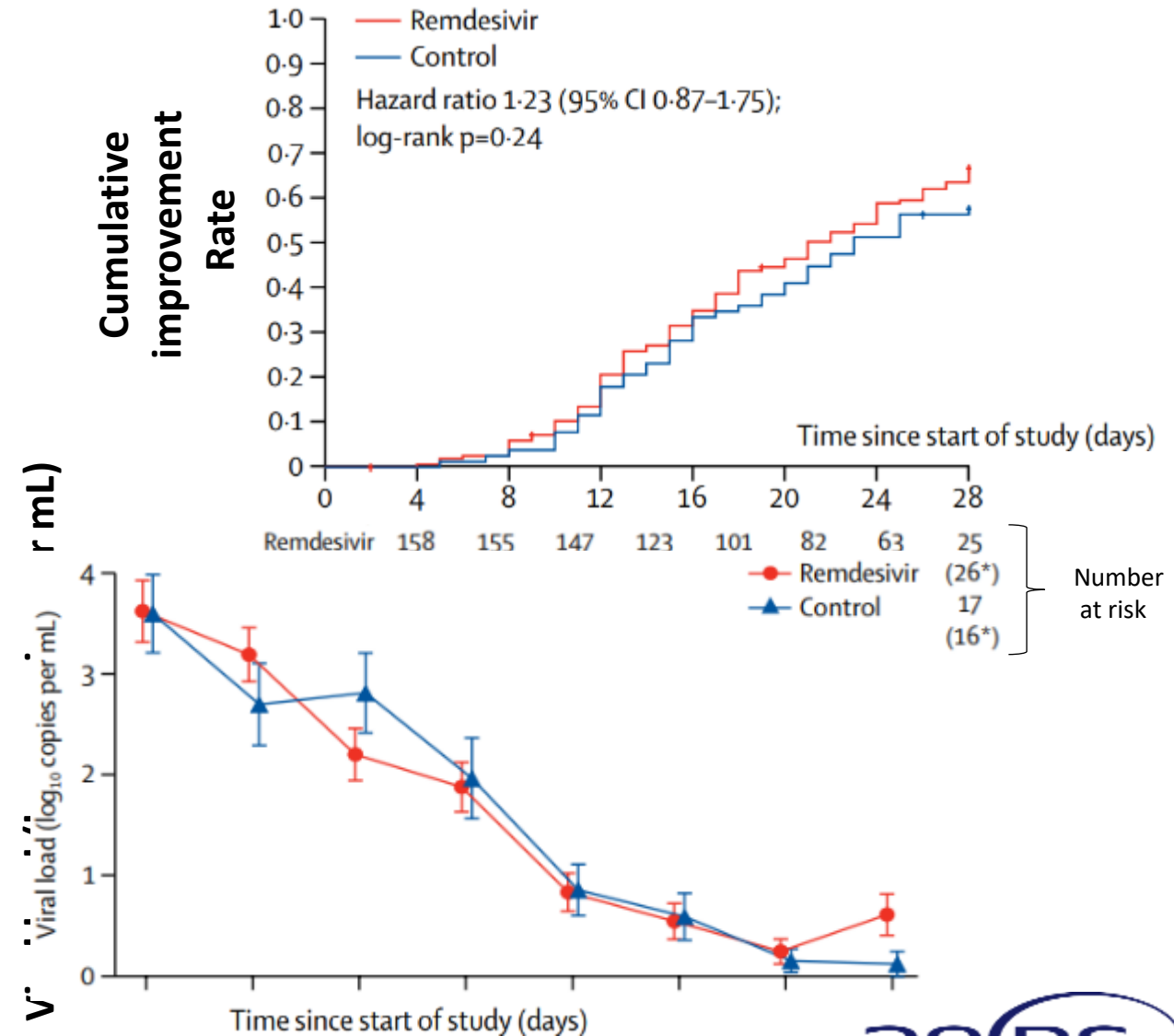
Remdesivir (RDV) - 1

Characteristics	RDV (N=158)	Placebo (N=78)
Age, median (IQR) – yr	66 (57-73)	64 (53-70)
Male sex – no (%)	89 (56)	51 (65)
Baseline viral load of NP and OP swabs median (IQR) – (log ₁₀ copies/mL)	4,7 (0,3)	4,7 (0,4)
Coexisting conditions		
Diabetes – no (%)	40 (25)	16 (21)
Hypertension – no (%)	72 (46)	30 (38)
Coronary heart disease – no (%)	15 (9)	2 (3)
Vital sign		
Respiratory rate > 24/min – no (%)	36 (23)	11 (14)
Time from symptom onset to starting study treatment, median (IQR) – days		
Early (≤10 days from symptom onset) – no (%)	71/155 (46%)	47 (60%)
Late (>10 days from symptom onset) – no (%)	84/155 (54%)	31 (40%)

Anti viral effect

Remdesivir (RDV) - 1

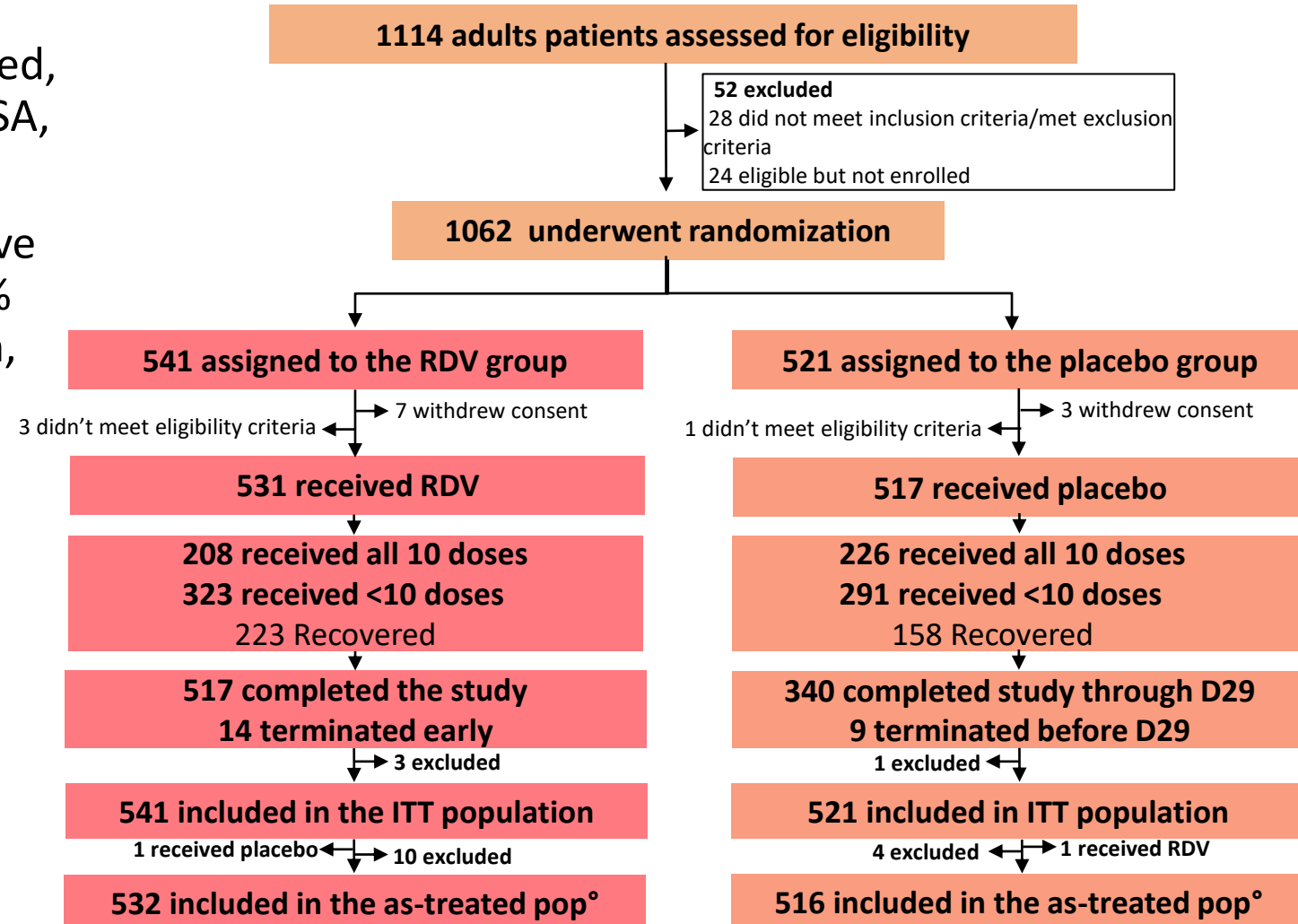
- **Time to clinical improvement:** median 21,0 days [IQR 13,0–28,0] RDV group vs. 23,0 days [15,0–28,0] placebo group; no significant difference HR 1,23 IC_{95%}[0,87-1,75]
- **D28 mortality:** 22/158 (14%) RDV group vs. 10/78 (13%) placebo group; **similar**
- **Viral load:** decreased over time similarly in both groups
- Adverse events: 102 (66%) RDV group vs. 50 (64%) placebo group
- **Limits:** target enrolment not reached; insufficient power to detect assumed differences in clinical outcomes, late treatment initiation (within 12 days of symptom onset), no virological data



Anti viral effect

Remdesivir (RDV) - 2

- Randomized, double-blind, placebo-controlled, multicenter (73 centers), academic study, USA, Adaptive Covid-19 treatment trial (ACTT-1)
- **Inclusion criteria:** SARS-CoV-2 RT PCR positive patients, radiographic infiltrates, SpO₂ < 94% (room air) or requiring supplemental oxygen, mechanical ventilation, or ECMO
- **Exclusion criteria:** pregnant women, allergy to study product
- **Primary outcome:** time to recovery
- 1062 patients underwent randomization; 541 RDV group, 521 placebo group (1:1)



Anti viral effect

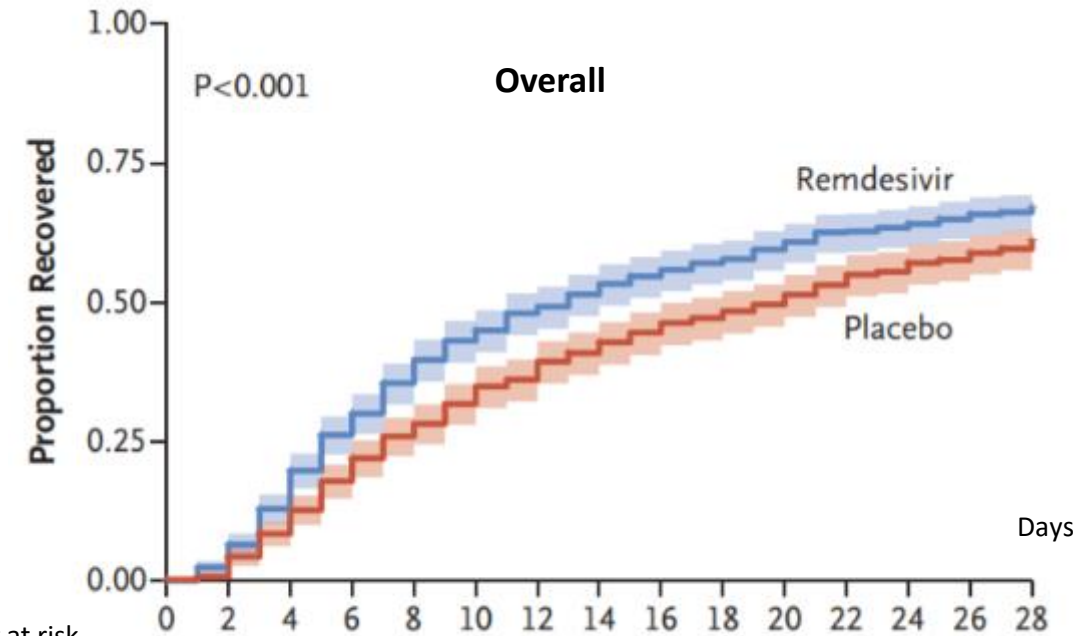
Remdesivir (RDV) - 2

Characteristics	All (N=1062)	RDV (N=541)	Placebo (N=521)
Age, mean (SD) – yo	58,9 (15)	58,6 (14,6)	59,2 (15,4)
Male sex – no (%)	684 (64,4)	352 (65,1)	332 (63,6)
Time from symptom onset to randomization, median (IQR) — days	9 (6–12)	9 (6–12)	9 (7–13)
Co existing conditions			
Type 2 Diabetes – no (%)	322/1051 (30,6)	164/532 (30,8)	158/519 (30,4)
Hypertension – no (%)	533/1051 (50,7)	269/532 (50,6)	264/519 (50,9)
Obesity – no (%)	476/1049 (45,4)	242/531 (45,6)	234/518 (45,2)
Score on ordinal scale			
4. Hospitalized, not requiring supplemental O ₂ , requiring ongoing medical care – no (%)	133 (13,0)	75 (13,9)	63 (12,1)
5. Hospitalized, requiring supplemental O ₂ – no (%)	435 (41,0)	232 (41)	203 (39,0)
6. Hospitalized, receiving noninvasive ventilation/high flow O ₂ device – no (%)	193 (18,2)	95 (17,6)	98 (18,8)
7. Hospitalized, receiving invasive mechanical ventilation or ECMO – no (%)	285 (26,8)	131 (24,2)	154 (29,6)

Anti viral effect

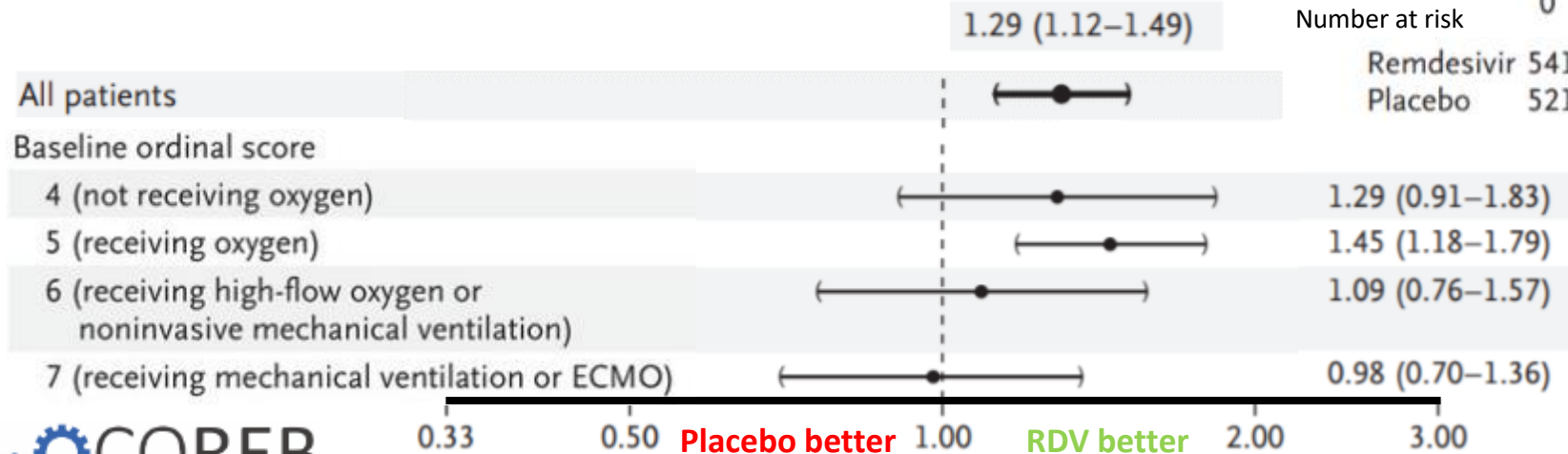
Remdesivir (RDV) - 2

- **Time to recovery (median):** RDV group: 10 days vs. placebo group: 15 days; recovery rate ratio 1,29 CI_{95%}[1,12-1,49]
- **D29 mortality:** RDV group: 11,4% vs. placebo group: 15,2%; HR 0,73 CI_{95%}[0,52-1,03]
- **Adverse events:** RDV group: 131/532 (24,6%) vs. placebo group: 163/516 (31,6%)
- **Limits:** primary outcome changed during the study, uncompleted follow up, no virological data



Number at risk

Remdesivir	541	513	447	366	309	264	234	214	194	180	166	148	143	131	84
Placebo	521	511	463	408	360	326	301	272	249	234	220	200	186	169	105

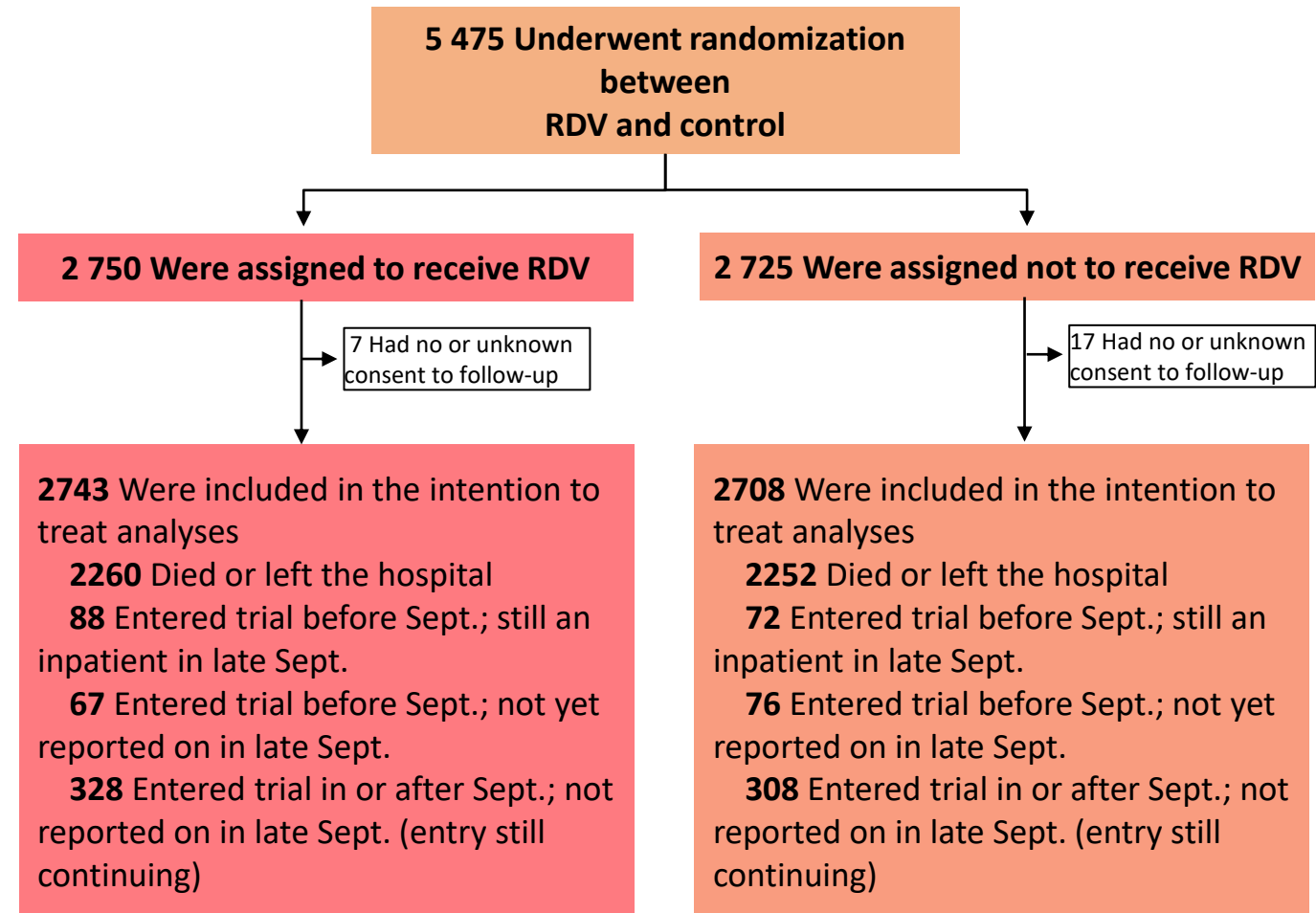


Recovery rate ratio CI_{95%}

Anti viral effect

Remdesivir (RDV) - 3

- Randomized, open-label, non-placebo-controlled, international trial, WHO, SOLIDARITY
- **Inclusion criteria:** patients aged ≥ 18 yo, hospitalized with definite COVID-19, not already receiving any of the study drugs, no allergy nor contra-indications to any of them
- **Exclusion criteria:** significant contraindication to any one of the study drugs
- **Primary outcome:** all-cause mortality
- **Secondary outcome:** initiation of mechanical ventilation and hospitalization duration
- 5475 patients underwent randomization; 2750 RDV group, 2725 control group (1:1)



Anti viral effect

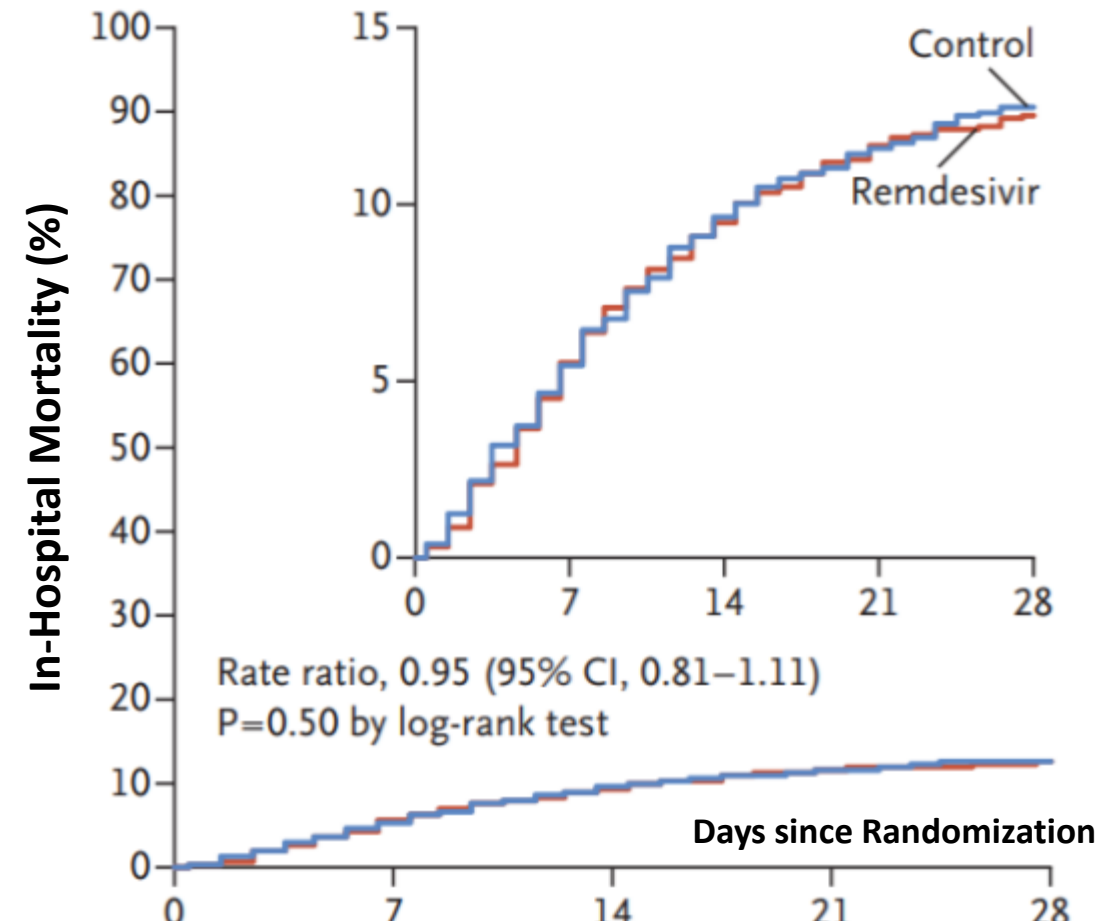
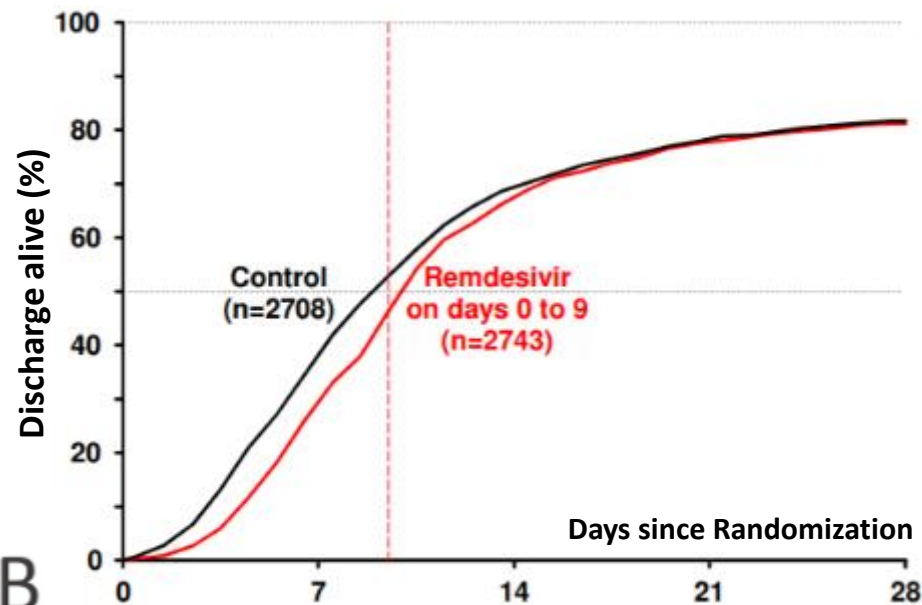
Remdesivir (RDV) - 3

Characteristics		All (N= 11 266)	RDV (N= 2 743)	Control (N=2 708)
Age	< 50 yr – no (%)	3995 (35)	961	952
	50-69 yr – no (%)	5125 (45)	1282	1282
	≥ 70 yr – no (%)	2146 (19)	500	469
Sex	Male sex – no (%)	6985 (62)	1706	1725
Co existing conditions	Diabetes – no(%)	2768 (25)	707	666
	Heart disease – no (%)	2337 (21)	571	567
	Chronic lung disease – no (%)	635 (6)	151	145
Respiratory support	No supplemental O ₂ at entry	3204 (28)	661	664
	Supplemental O ₂ at entry	7146 (63)	1828	1811
	Already receiving ventilation	916 (8)	254	233

Anti viral effect

Remdesivir (RDV) - 3

- **All-cause mortality:** 301/2743 (12,5%) RDV group vs. 303/2708 (12,7%) placebo group; rate ratio: 0,95; $CI_{95\%}[0,81-1,11]$; $p= 0,50$
- **Initiation of mechanical ventilation:** RDV group: 295/2489 (11,9%) vs. control group 284/2475 (11,5%)
- **Time to discharge:** RDV did not reduced hospitalization duration



Remdesivir	2743	2159	2029	1918	1838
Control	2708	2138	2004	1908	1833

Anti viral effect

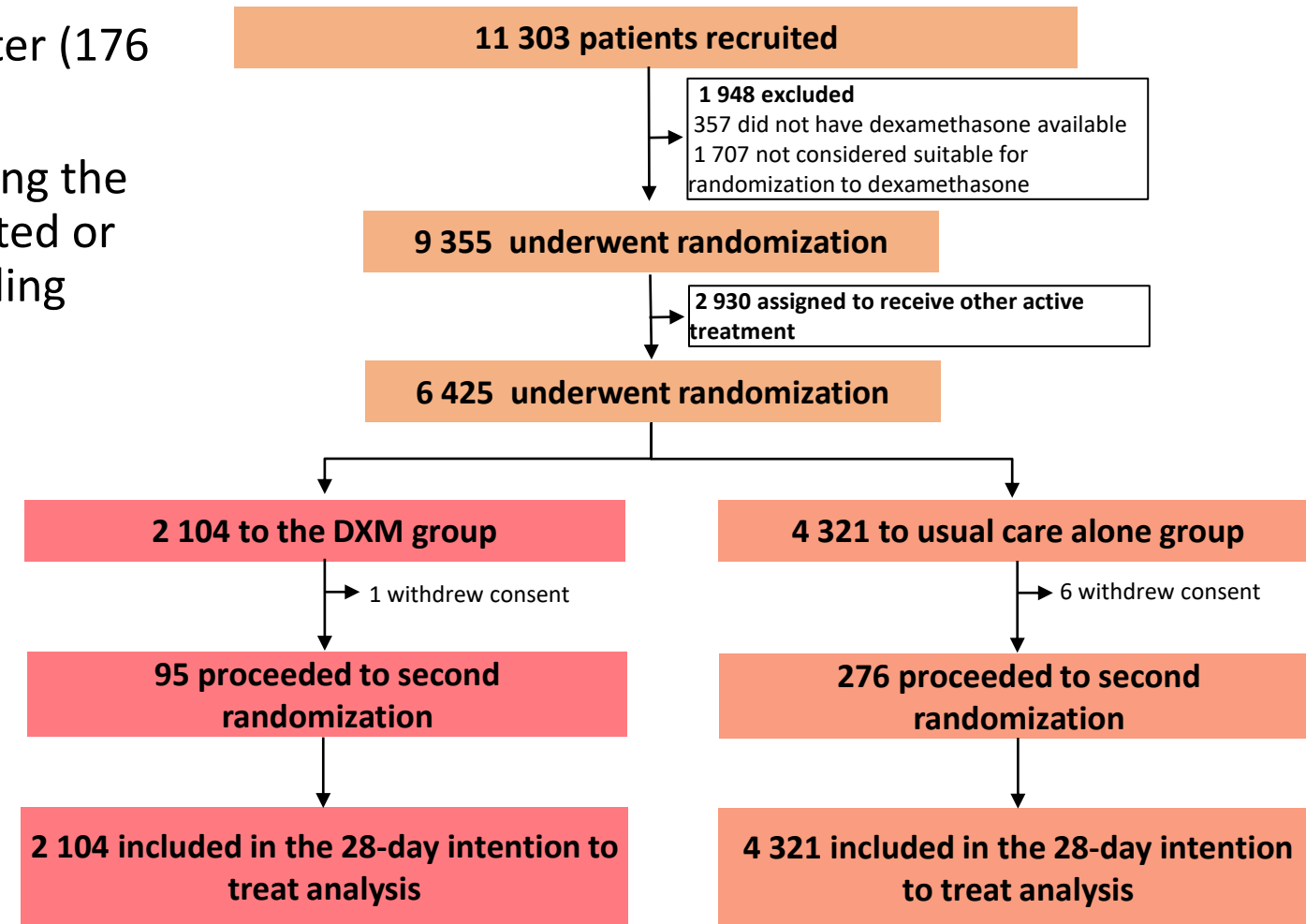
Remdesivir (RDV) - 4

1 st Author	Design	Groups	Participants	Primary outcome	Main results (Primary outcome)
Goldman	Open-label, randomized, placebo-controlled, multicenter, SIMPLE trial	RDV 5 days vs. RDV 10 days (Hospitalized)	<p>N = 402</p> <p>SpO₂ < 94%* or requiring supplemental O₂, Symptoms[§] before 1st RDV dose (IQR) : RDV 5 days : 8 days (5–11) vs. RDV 10 days : 9 days (6–12)</p>	Status assessed on day 14 on a 7-point ordinal scale	No significant difference in efficacy between 5-day and 10-day courses of remdesivir
Spinner	Randomized, open-label, placebo-controlled, multicenter	RDV 5 days vs. RDV 10 days vs. SoC (Hospitalized)	<p>N = 596</p> <p>SpO₂ > 94%* Symptoms[§] before 1st RDV dose, (IQR): RDV 5 days: 8 (5-11) vs. RDV 10 days: 8 (5-11) vs. SoC: 9 (6-11)</p>	Clinical status assessed on the 7-point ordinal scale on study day 11	5-day RDV group higher clinical status distribution compare to SoC; OR: 1,65 95% CI[1,09-2,48]; p= 0,02

Immunomodulatory
effect

Corticosteroids (CT) - 1

- Randomized, controlled, open-label, multi center (176 hospitals), academic study, UK (RECOVERY)
- **Inclusion criteria** : age \geq 9yo (age changed during the study)), SARS-CoV-2 infection (clinically suspected or laboratory confirmed), pregnant or breast-feeding women were eligible
- **Primary outcome**: all-cause mortality within 28 days after randomization
- **Secondary outcome**: time until discharge from hospital, invasive mechanical ventilation (including ECMO) or death (among patients not receiving invasive mechanical ventilation at randomization)
- 6 425 participants; **4 321 usual care alone group, 2 104 DXM group** (2:1)



Immunomodulatory
effect

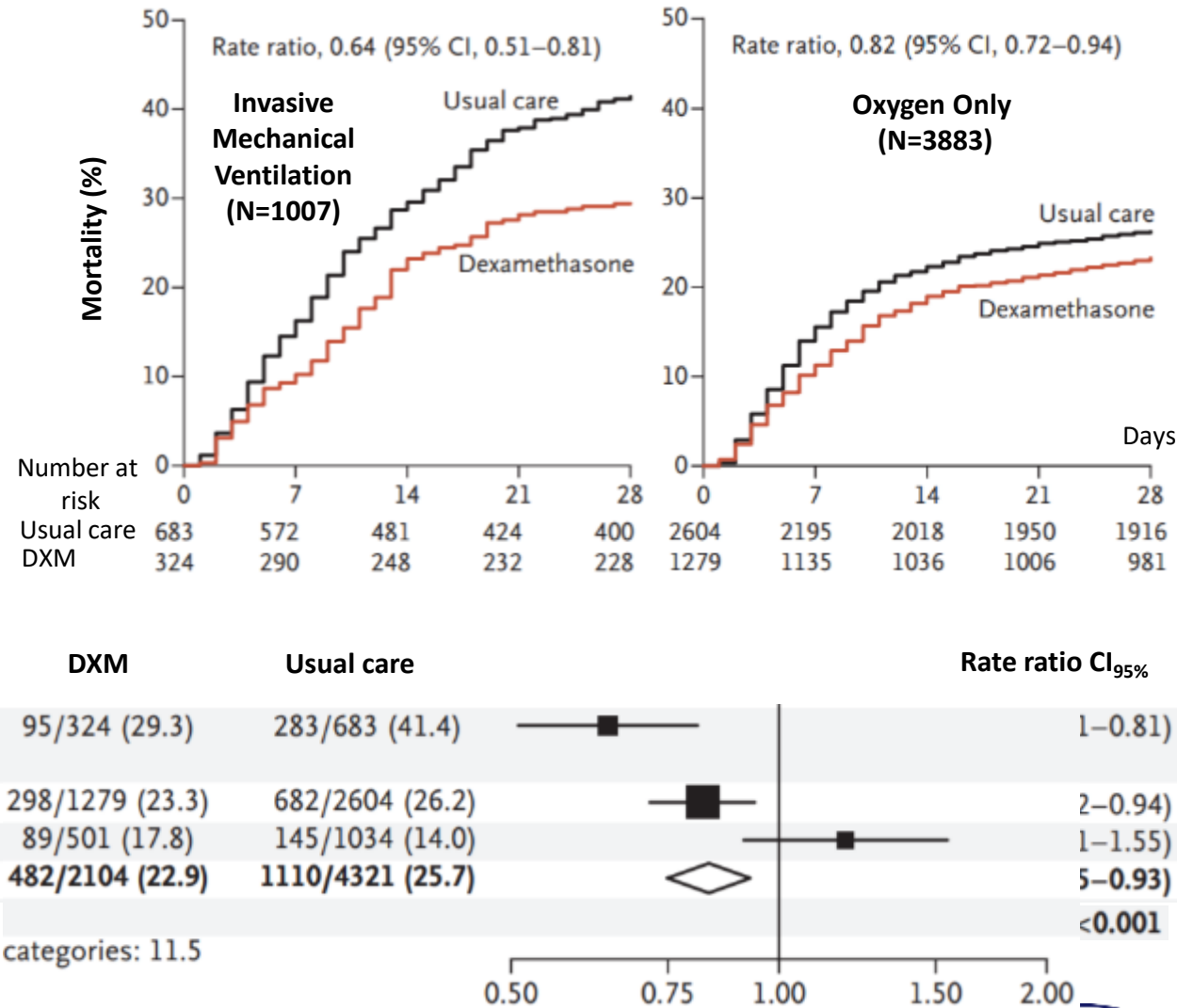
Corticosteroids (CT) - 1

Characteristics	Treatment assignment	
	DXM (N=2 104)	Usual care (N=4 321)
Age ≥ 70 yr – no (%)	963 (45)	1817 (42)
Female sex – no (%)	766 (36)	1572 (36)
Coexisting conditions		
Diabetes – no (%)	521 (25)	1025 (24)
Heart disease – no (%)	586 (49,1)	1171 (27)
Chronic lung disease – no (%)	415 (20)	931 (22)
SARS-CoV-2 test result		
Positive – no (%)	20 (18-22)	18 (18-20)
Respiratory support received		
No oxygen – no (%)	501 (24)	1034 (24)
Oxygen only – no (%)	1279 (61)	2604 (60)
Invasive mechanical ventilation – no (%)	324 (15)	683 (16)

Immunomodulatory effect

Corticosteroids (CT) - 1

- **Day 28 mortality:** 482/2104 (22,9%) DXM group vs. 1110/4321 (25,7%) usual care group, risk ratio 0,83 $CI_{95\%}[0,75-0,93]$
- **Discharged from hospital within 28 days:** 1413/2104 (67,2%) DXM group vs. 2745/4321 (63,5%) usual care group, risk ratio 1,10 $CI_{95\%}[1,03-1,17]$
- **Invasive mechanical ventilation or death:** 456/1780 (25,6%) DXM group vs. 994/3638 (27,3%) usual care group, risk ratio 0,92 $CI_{95\%}[0,84-1,01]$
- **Limits:** Preliminary report, patients without confirmed SARS-CoV-2 positive PCR included, age of inclusion changed during the study, absence of viral load follow-up



Immunomodulatory
effect

Corticosteroids (CT) - 2

- Prospective Meta-analysis, academic study, WHO Rapid Evidence Appraisal for COVID-19 Therapies (REACT) Working Group
- **Objective:** estimate the association between administration of corticosteroids compared with usual care or placebo and 28-day all-cause mortality
- **Primary outcome:** all-cause mortality at 28 days after randomization
- **Secondary outcome:** investigator-defined serious adverse events
- 1703 included participants; **678 (40%) corticosteroid group** (systemic dexamethasone, hydrocortisone, or methylprednisolone); **1025 (60%) usual care or placebo group**

16 Trials identified

13 Found via database searches
3 Found via other sources

16 Screened after duplicates removed

7 Excluded

3 Wrong interventions
3 Not yet recruiting
1 ineligible population

9 Trial investigators contacted for participation

2 Excluded

1 No response
1 Declined participation due to ongoing recruiting for trial

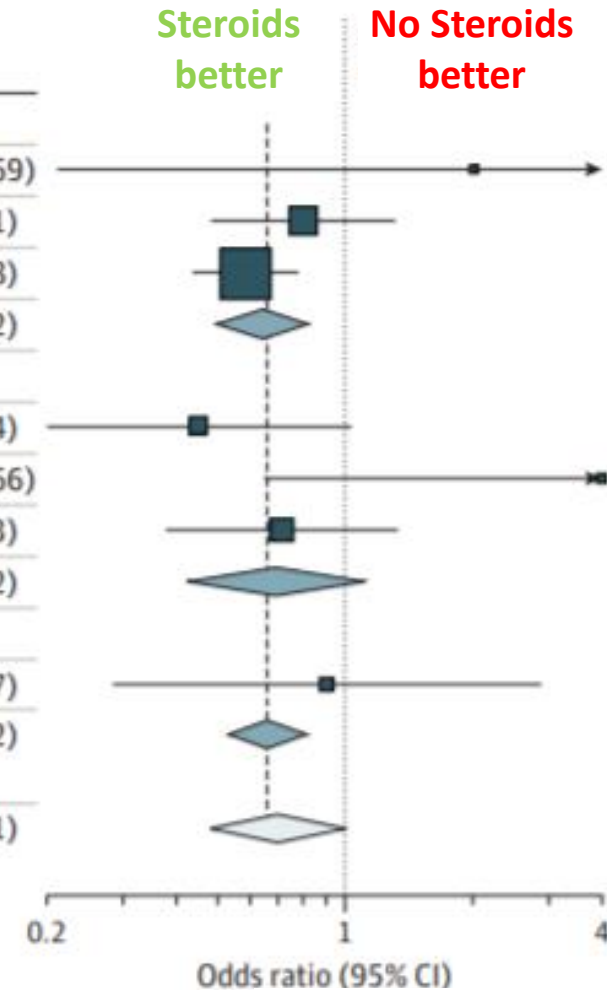
7 Trial included in quantitative synthesis (meta-analysis)

Immunomodulatory
effect

Corticosteroids (CT) - 2

- 222/678 deaths among patients randomized to corticosteroids group vs. 425/1025 deaths among patients randomized to usual care or placebo; OR: 0,66 IC_{95%} [0,53-0,82]; p < 0,001 fixed-effect meta-analysis)
- **Association with mortality: DXM:** 0,64 IC_{95%} [0,5-0,82]; p<0,001 (3 trials), **HC:** 0,69 IC_{95%} [0,43-1,12]; p=0,13 (3 trials), **mPred:** 0,91 IC_{95%} [0,29-2,87]; p=0,87 (1 trial)
- **Limits:** risk of selective reporting or of publication bias, missing outcome data, trials only recruited adults, effect of corticosteroids on children remains unclear

Drug and trial	No. of deaths/total No. of patients		Odds ratio (95% CI)
	Steroids	No steroids	
Dexamethasone			
DEXA-COVID 19	2/7	2/12	2.00 (0.21-18.69)
CoDEX	69/128	76/128	0.80 (0.49-1.31)
RECOVERY	95/324	283/683	0.59 (0.44-0.78)
Subgroup fixed effect	166/459	361/823	0.64 (0.50-0.82)
Hydrocortisone			
CAPE COVID	1/75	20/73	0.46 (0.20-1.04)
COVID STEROID	6/15	2/14	4.00 (0.65-24.66)
REMAP-CAP	26/105	29/92	0.71 (0.38-1.33)
Subgroup fixed effect	43/195	51/179	0.69 (0.43-1.12)
Methylprednisolone			
Steroids-SARI	13/24	13/23	0.91 (0.29-2.87)
Overall (fixed effect)	222/678	425/1025	0.66 (0.53-0.82)
P = .31 for heterogeneity			
Overall (random effects ^a)	222/678	425/1025	0.70 (0.48-1.01)



Immunomodulatory
effect

Corticosteroids (CT) - 3

Author	CT	Design	Groups	Participants	Primary outcome	Main results (primary outcome)
Fadel R	mPred	Multi-center, quasi-experimental	mPred vs. no mPred	N=213 Moderate to severe COVID-19, Median time to CT initiation from admission: 2 days (1-4)	Escalation of care from ward to ICU	SoC group 31 (44,3%) vs. mPred group 32 (27,3%) OR: 0,47 _{95%CI} [0,25-0,88], p= 0,017
					New requirement for MV	SoC group 26 (36,6%) vs. CT group 26 (21,7%) OR: 0,47 _{95%CI} [0,25-0,92], p= 0,025
					Death	SoC group 21 (26,3%) vs. CT group 18 (13,6%) OR: 0,45 _{95%CI} [0,22-0,91], p= 0,024
Nelson B	mPred	Case-control study	mPred vs. control	N=117 Requiring MV Median time from symptom onset to admission: 7 days (3–8)	D28 ventilator-free after admission	mPred group 6,2 vs. control group 3,14, p=0,044

Immunomodulatory
effect

Corticosteroids (CT) - 3

Author	CT	Design	Groups	Participants	Primary outcome	Main results (primary outcome)
Prado Jeronimo	mPred	Parallel, double-blind, placebo-controlled, randomized	mPred vs. placebo	N=416 Suspected COVID-19 hospitalized patients Median time from illness onset to randomization: 13 days (9–16)	D28 mortality	mPred group 72/194 (37,1%) vs. placebo group 76/199 (38,2%) HR: 0,924 ^{95%} CI[0,669-1,275], p=0,629
Tomazini	DXM	Multicenter, randomized, open-label	DXM + SoC vs. SoC	N= 299 Receiving MV, Median time since symptom onset: DXM group: 9 days (7-11) vs. SoC group 10 days (6-12)	Ventilator-free days during the first 28 days	Study interrupted DXM + SoC group 6,6 IC _{95%} [5-8,2] vs. SoC group 4,0 ^{95%} CI[2,9-5,4], p= 0,04

Immunomodulatory
effect

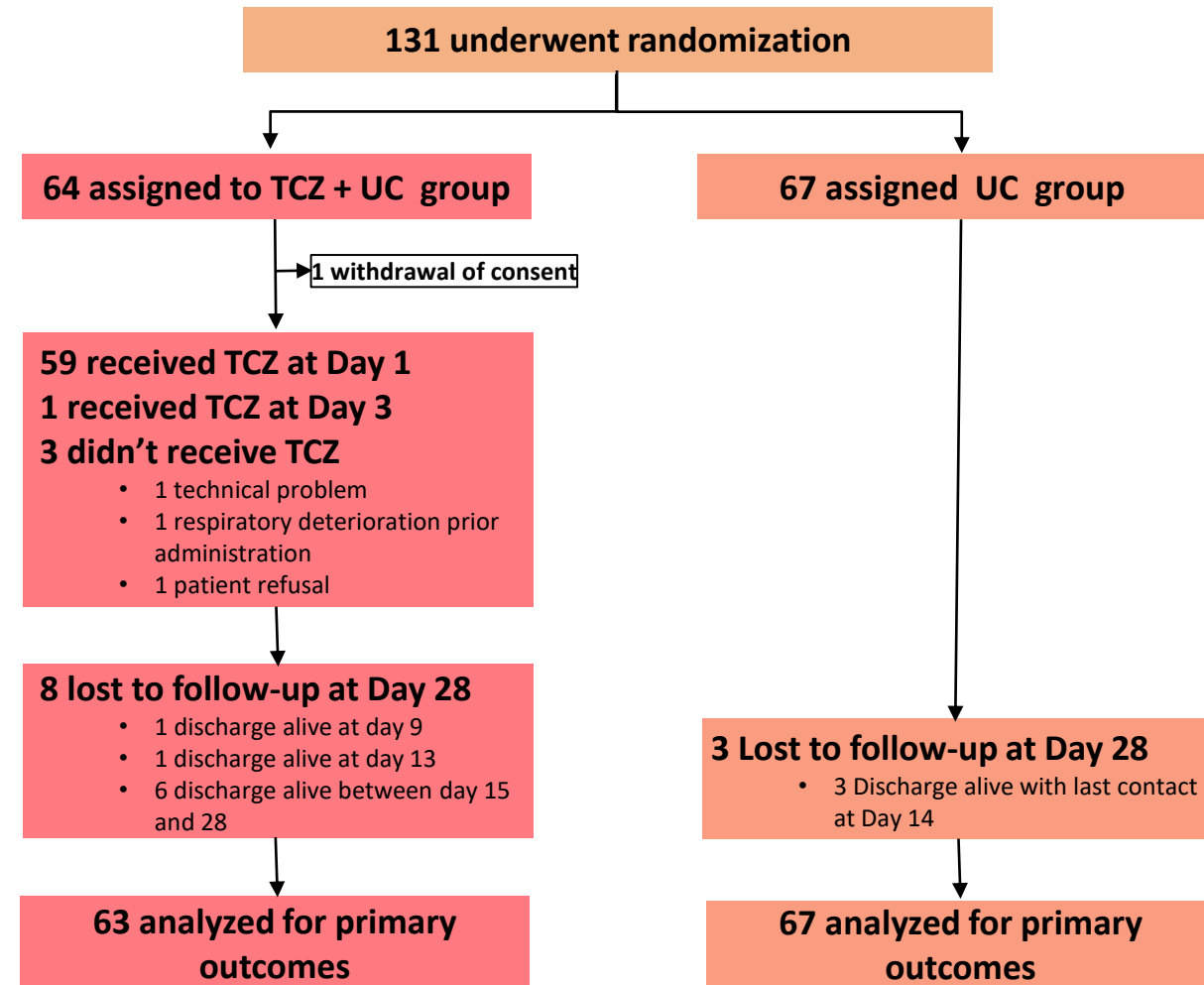
Corticosteroids (CT) - 4

Author	CT	Design	Groups	Participants	Primary outcome	Main results (primary outcome)
Dequin	HC	Multicenter randomized double-blind	HC vs. placebo	<p>N=149</p> <p>Critically ill, acute respiratory failure</p> <p>Median durations of symptoms prior to randomization: HC group 9 days (7-11,5) vs. placebo group 10 days (8-12)</p>	D21 treatment failure	<p>Study stopped early</p> <p>HC group 32/76 (42,1%) vs. placebo group 37/76 (50,7%)</p> <p>p= 0,29</p>
Angus	HC	Multicenter, open label trial	HC vs. placebo	<p>N=384</p> <p>Admitted in ICU for respiratory or cardiovascular organ support</p>	D21 respiratory and cardiovascular organ support-free	<p>Study stopped early</p> <p>No treatment strategy met prespecified criteria for statistical superiority, precluding definitive conclusions</p>

Immunomodulatory effect

Tocilizumab (TCZ) - 1

- Multicenter, open-label, randomized, controlled clinical trial, academic study, France (CORIMUNO-TOCI 1 trial)
- **Inclusion criteria** : confirmed SARS-CoV-2 infection (positive RT-PCR and/or typical chest CT), moderate or severe pneumonia (at least 3 L/min of O₂, without ventilation) and patients with critical pneumonia (high-flow oxygen, non invasive ventilation (NIV) or MV)
- **Primary outcome**: scores >5 on the WHO 10-point Clinical Progression Scale (WHO-CPS) on day 4 and survival without need of ventilation at day 14
- **Secondary outcome**: overall survival, adverse events
- 154 participants; **76 usual care group, 78 TCZ + usual care group (1:1)**



Monoclonal
antibody

Tocilizumab (TCZ) - 1

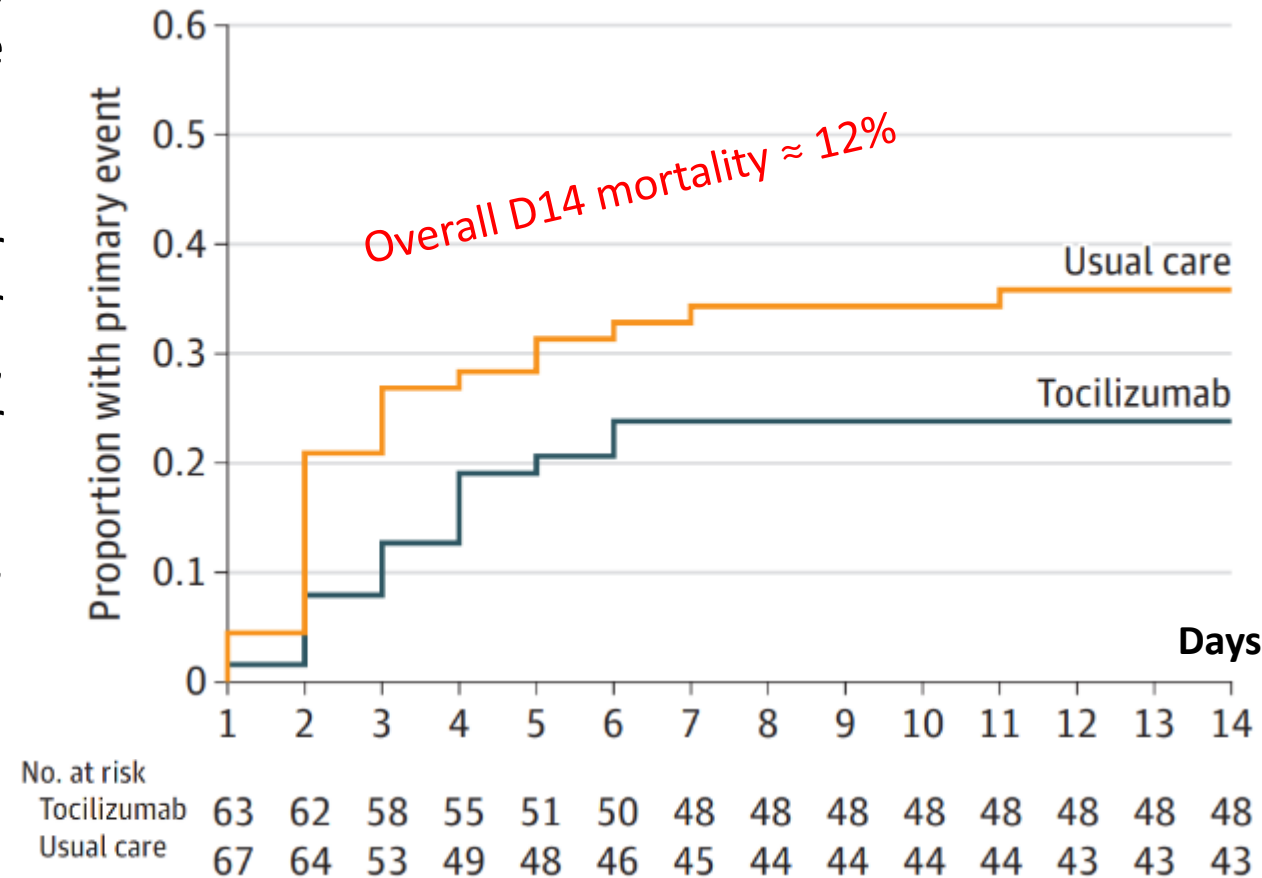
Characteristics	TCZ (N=63)	Usual care (N=67)
Age (y) – median (IQR)	64 (57,1-74,3)	63,3 (57,1-72,3)
Female sex – no (%)	19 (30)	23 (34)
BMI (kg/m ²) – median (IQR)	27,9 (23,3-30,8)	27,4 (24,5-31,3)
Coexisting conditions		
Diabetes – no (%)	20/61 (33)	23/67 (34)
Chronic cardiac disease – no (%)	20/61 (33)	20/67 (30)
Chronic kidney disease – no (%)	5/61 (8)	13/67 (19)
Other		
Time from symptoms onset to randomization – days – median (IQR)	10 (7-13)	10 (8 – 13)
Respiratory rate – median (IQR), bpm	24 (22-30)	26 (24-30)
Flow – median (IQR), L/min	5 (3-8)	5 (3-6)
Patients who received CT during the trial – no (%)	21 (33%)	41 (61%)

Monoclonal
antibody

Tocilizumab (TCZ) - 1

- **Day 4 WHO-CPS scores >5** : 12/63 (19%) TCZ group vs. 19/67 (28%) UC group, median posterior absolute risk difference -9,0%; CrI_{90%}[-21,0-3,1], **no difference**
- **Day 14 Primary outcome** : 15/63 (24%) TCZ group vs. 24/67 (36%) UC group. TCZ group: 12% fewer patients needed NIV or MV or died. Posterior probability of hazard ratio (HR) <1 of 95,0%, achieving the predefined efficacy threshold. MV or death HR: 0,58; CrI_{90%}[0,33-1,00]
- **D28 survival** : 7/63 TCZ group vs. 9/67 UC group, adjusted HR: 0,92; CI_{95%}[0,33-2,53], **no difference**
- **Serious adverse events** : 20/63 (32%) TCZ group vs. 29/67 (43%) UC group; p=0,21
- **Limits:** not a blind study, UC may have differed among centers and over time, D14 overall mortality ≈ 12%

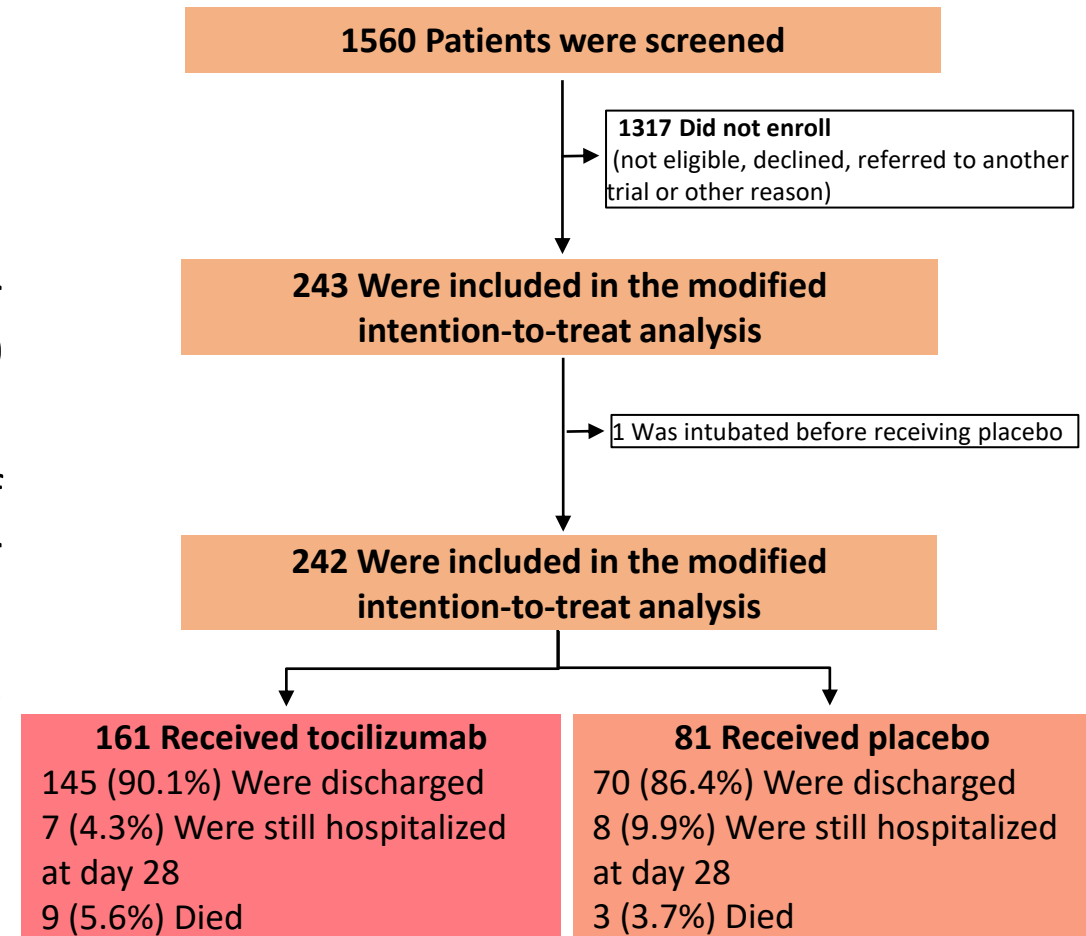
Probability of primary outcome at day 14



Monoclonal
antibody

Tocilizumab (TCZ) - 2

- Randomized, double-blind, placebo-controlled, multicenter, USA (BACC Bay Tocilizumab Trial)
- **Inclusion criteria** : age 18-85 yo, confirmed SARS-CoV-2 infection (nasopharyngeal swab RT-PCR or serum IgM antibody assay), fever or pulmonary infiltrates or a need for O₂ to maintain SpO₂ > 92%, CRP > 50mg/L or ferritin > 500 ng/mL or D-dimer > 1000 ng/mL or LDH > 250 U/L
- **Exclusion criteria** : supplemental O₂ > 10L/min, history of biologic agents treatment or immunosuppressive therapy or diverticulitis
- **Primary outcome**: intubation or death after TCZ or placebo administration
- **Secondary outcome**: clinical worsening on ordinal scale
- 242 participants; **161 TCZ + standard care group**, **81 placebo group** (2:1)



Monoclonal
antibody

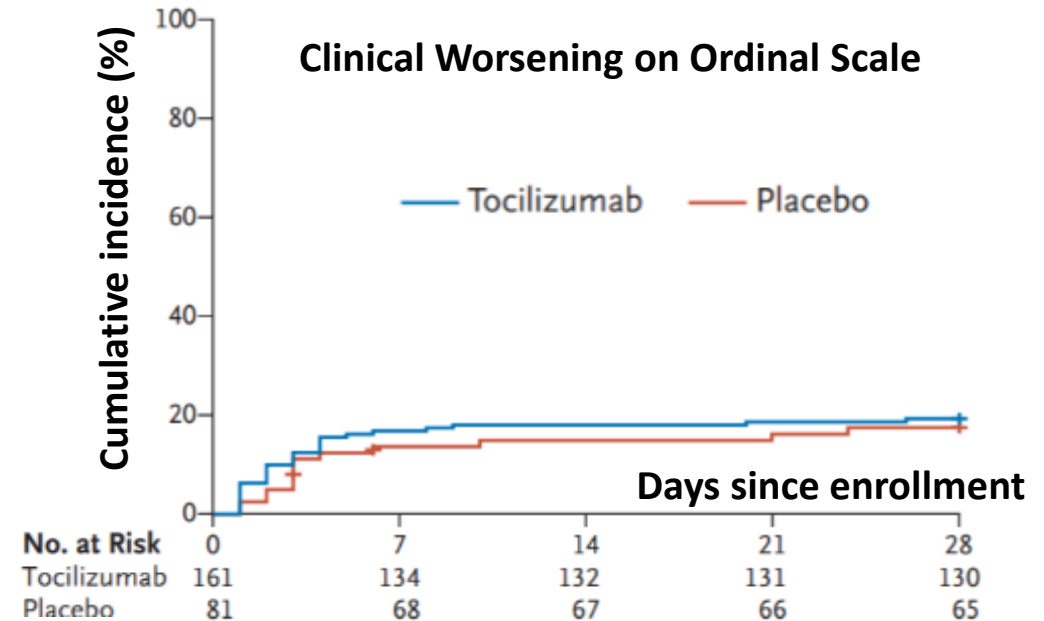
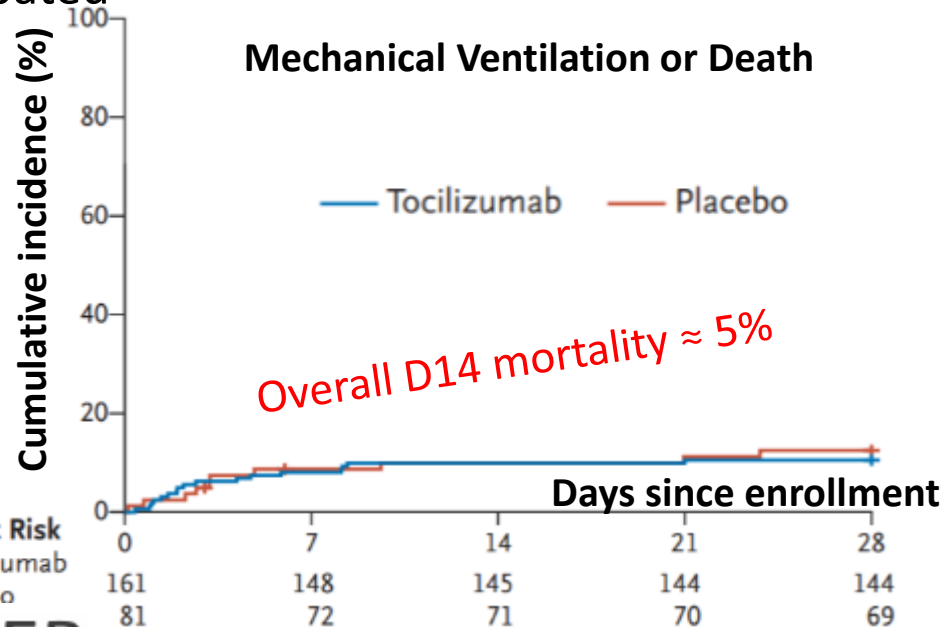
Tocilizumab (TCZ) - 2

Characteristics	TCZ (N=161)	Placebo (N=82)	Overall (N=243)
Age (y) – median (IQR)	61,6 (46,4-69,7)	56,5 (44,7-67,8)	59,8 (45,3-69,4)
Male sex – no (%)	96 (60)	45 (55)	141 (58)
BMI (kg/m ²) – median (IQR)	29,9 (26,0–34,2)	30,2 (25,7–33,8)	30,1 (25,9–34,2)
Median time from symptom onset to randomization (IQR) — days	9,0 (6,0–13,0)	10,0 (7,0–13,0)	9,0 (6,0–13,0)
Patients who received CT during the trial – no (%)	18 (11%)	5 (6%)	23 (9,5)
Coexisting conditions			
Diabetes – no (%)	45 (28)	30 (37)	75 (31)
Hypertension – no (%)	80 (50)	38 (46)	118 (49)
Chronic kidney disease – no (%)	29 (18)	13 (16)	42 (17)
Ordinal scale score — no. (%)			
2	23 (14)	15 (18)	38 (16)
3	133 (83)	61 (74)	194 (80)
4	5 (3)	5 (6)	10 (4)

Monoclonal
antibody

Tocilizumab (TCZ) - 2

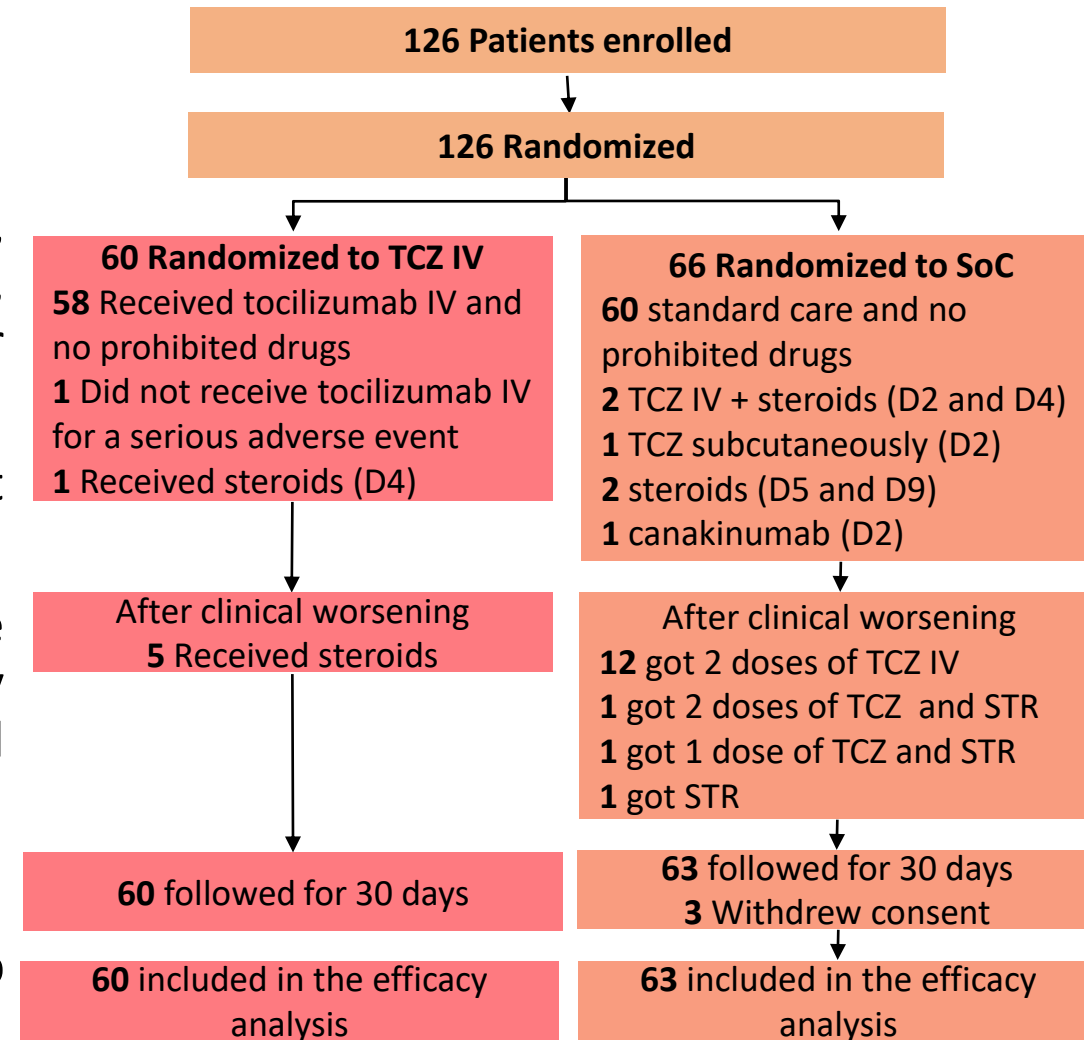
- **Mechanical ventilation or death:** 10,6% $CI_{95\%}[6,7-16,6]$ TCZ group vs. 12,5% $CI_{95\%}[6,9-22,0]$ placebo group, Hazard ratio: 0,83 $CI_{95\%}[0,38-1,81]$, $p=0,64$
- **Clinical worsening on ordinal scale:** 19,3% $CI_{95\%}[14,0-26,2]$ TCZ group vs. 17,4% $CI_{95\%}[10,7-27,7]$ placebo group, Hazard ratio: 1,11 $CI_{95\%}[0,59-2,10]$, $p=0,73$
- **Limits:** Remdesivir became available early in the trial, primary event rate we observed was lower than anticipated



Monoclonal
antibody

Tocilizumab (TCZ) - 3

- Prospective, open-label, randomized, multicenter, academic study, Italy (RCT-TCZ-COVID-19 trial)
- **Inclusion criteria:** hospitalized patients, age ≥ 18 yo, confirmed COVID-19 pneumonia (positive SRAS-CoV-2 PCR), acute respiratory failure ($\text{PaO}_2/\text{FiO}_2$ [200-300mmHg]), fever $> 38^\circ\text{C}$ for at least 48h and/or $\text{CRP} \geq 100\text{mg/L}$
- **Exclusion criteria** : patient receiving at enrollment mechanical ventilation, TCZ hypersensitivity
- **Primary outcome:** clinical worsening within 14 days since randomization (occurrence of one of these events: entry into ICU with IMV or death from any causes or clinical aggravation ($\text{PaO}_2/\text{FiO}_2 < 150$ mmHg))
- **Secondary outcome** (one of them): hospital discharge rates
- 126 participants; **60 TCZ group, 63 standard of care group** (1:1)



Monoclonal
antibody

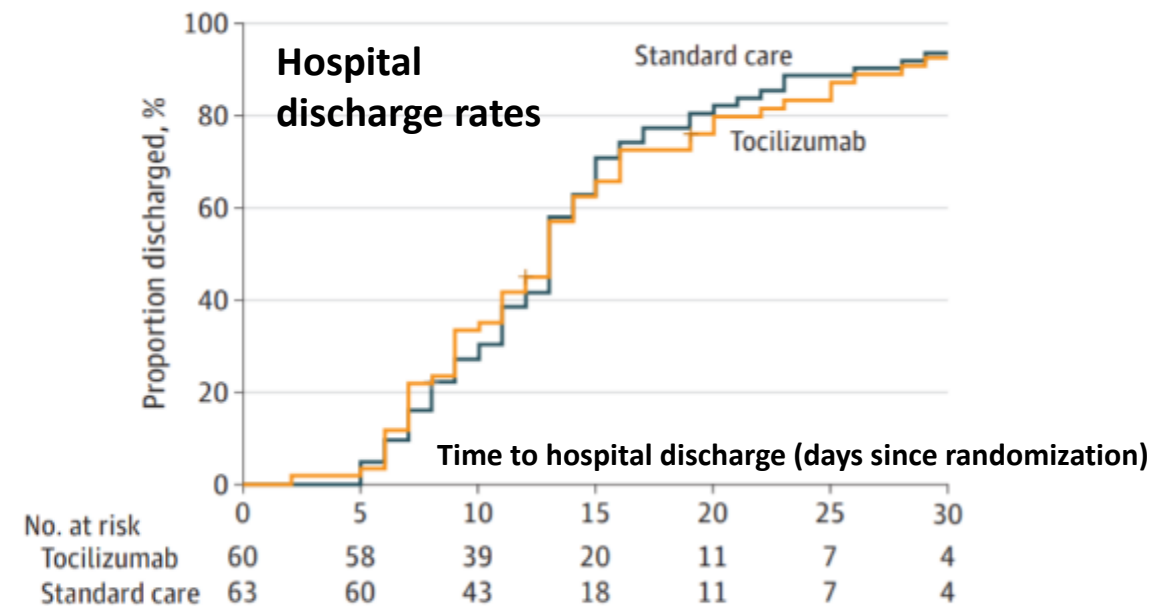
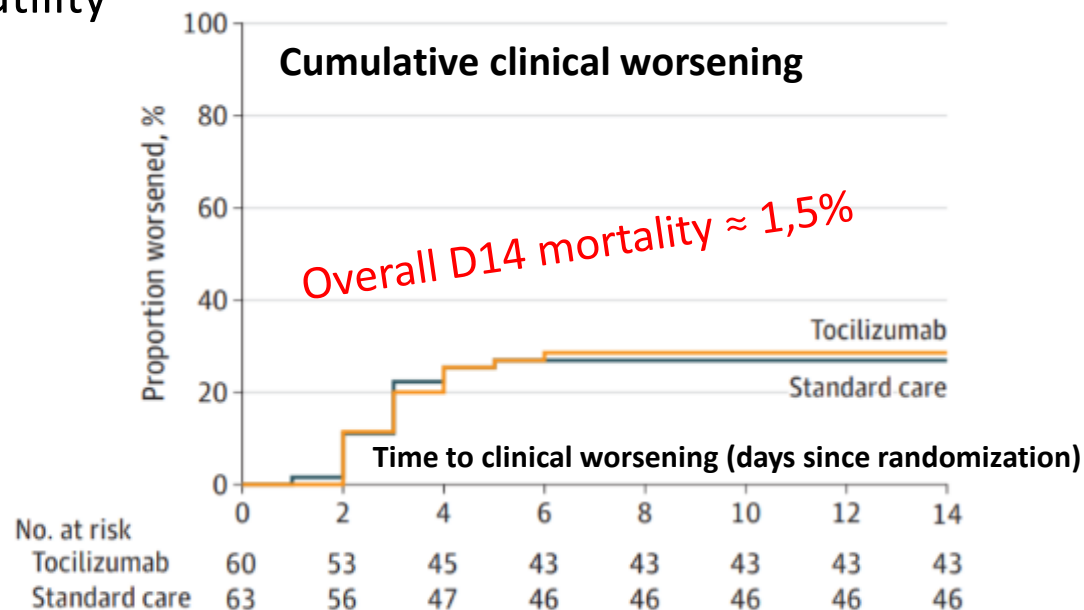
Tocilizumab (TCZ) - 3

Characteristics	TCZ (N=60)	SoC (N=66)	Overall (N=126)
Age (y) – median (IQR)	61,5 (51,5-73,5)	60,0 (54,0-69,0)	60,0 (53,0-72,0)
Male sex – no (%)	40 (66,7)	37 (56,1)	77 (61,1)
BMI ≥ 30 kg/m ² – no (%)	16 (28,1)	22 (36,1)	38 (32,2)
Coexisting conditions			
Diabetes – no (%)	10 (16,7)	9 (13,6)	19 (15,1)
Hypertension – no (%)	27 (45)	29 (43,9)	56 (44,4)
COPD – no (%)	2 (3,3)	13 (16)	42 (17)
Others			
Median time from symptom onset to randomization (IQR) - days	7,0 (4,0-11,0)	8,0 (6,0-11,0)	8,0 (6,0–11,0)
Median time from hospital admission to randomization (IQR) - days	2,0 (1,0-3,0)	2,0 (1,0-4,2)	2,0 (1,0-3,2)
C-Reactive protein - median (IQR) - mg/L	105 (50-146)	65 (32-118)	82 (37-135)
Patients who received steroids during the trial – no (%)	6 (10)	7 (10,6)	13 (10,3)

Monoclonal
antibody

Tocilizumab (TCZ) - 3

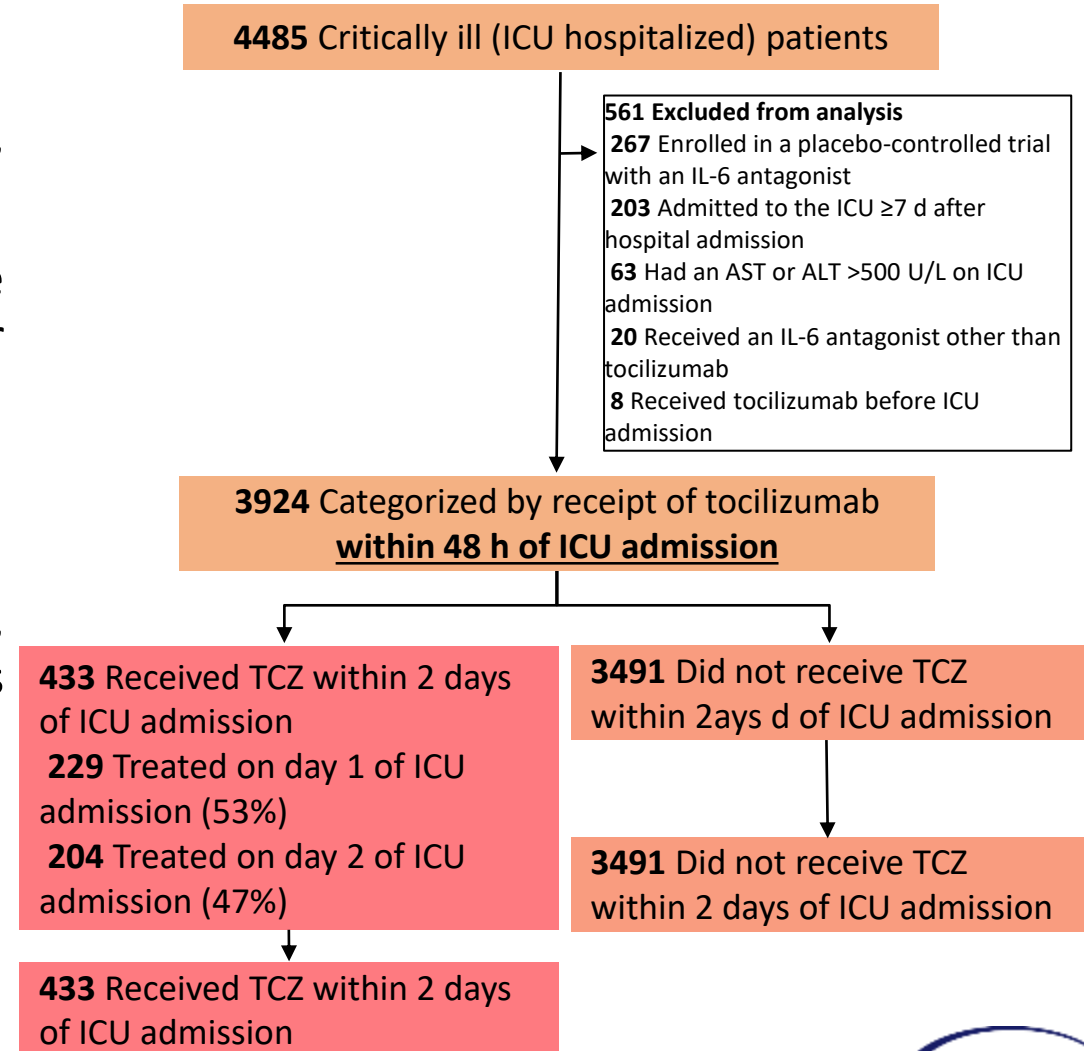
- **Clinical worsening within 14 days since randomization:** 17/60 (28,3%) TCZ group vs. 17/63 (27%) SoC group, Rate ratio 1,05; $CI_{95\%}[0,59-1,86]$ $p=0,87$, **no difference**
- **Hospital discharge rates :** 54/60 (90%) TCZ group vs. 58/63 (92,1%) SoC group. Rate ratio 0,98; $CI_{95\%}[0,87-1,09]$, **no difference**
- **Limits:** not a double-blind placebo-controlled trial, prematurely interrupted after an interim analysis for futility



Monoclonal
antibody

Tocilizumab (TCZ) - 4

- Multicenter cohort, academic study, USA (STOP-COVID trial)
- **Inclusion criteria:** ICU hospitalized patients, age ≥ 18 yo, laboratory confirmed COVID-19
- **Exclusion criteria:** hospitalization for 1 week or more before ICU admission, liver dysfunction, got IL-6 antagonist other than TCZ during the first 2 days of ICU, got TCZ before ICU admission
- **Primary outcome:** in-hospital death
- **Secondary outcome:** incidence of secondary infection, transaminitis, arrhythmias, and thrombotic complications occurring within 14 days after ICU admission
- 3 924 participants; **433 TCZ group, 3491 no TCZ group**



Monoclonal
antibody

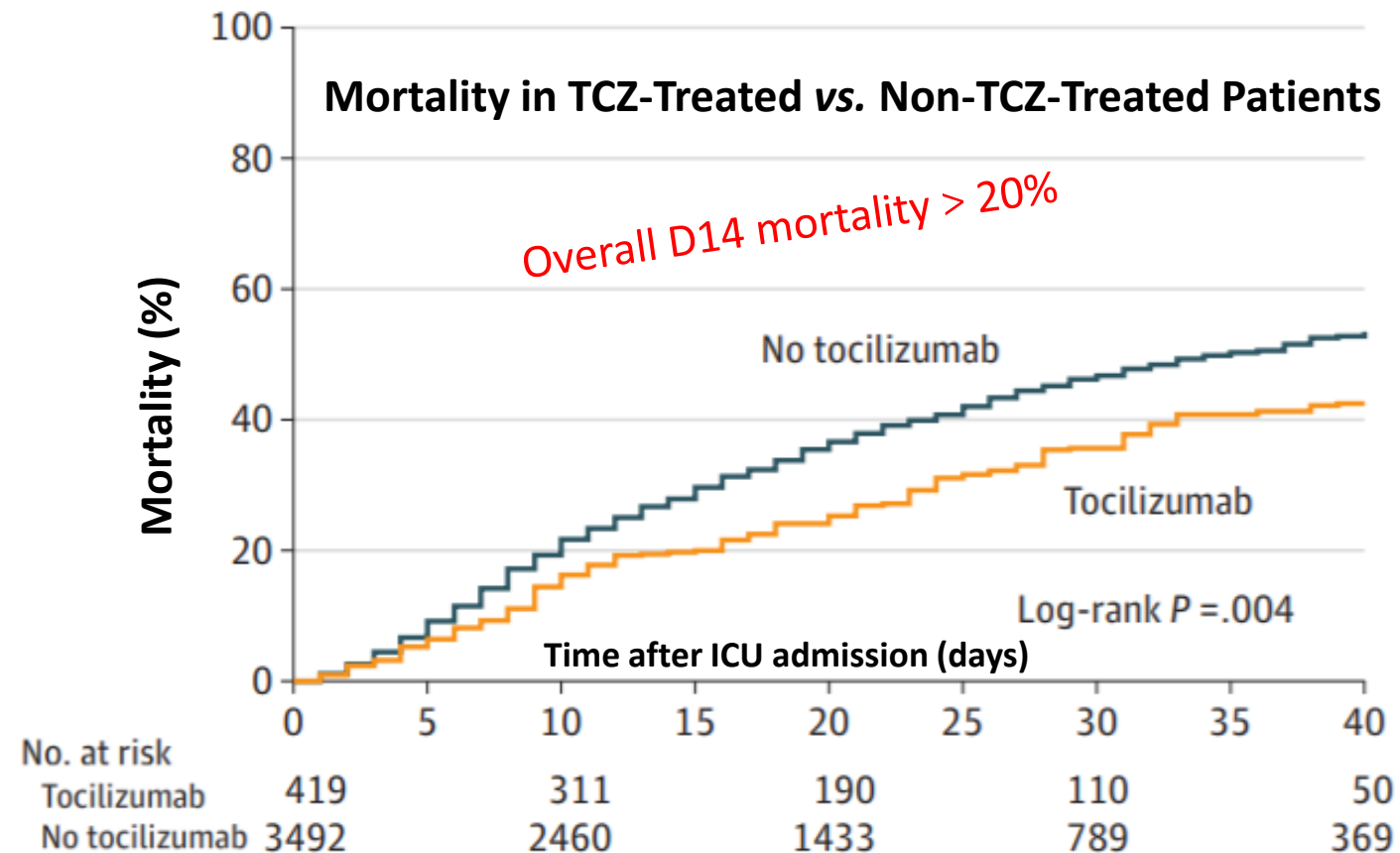
Tocilizumab (TCZ) - 4

Characteristics	TCZ (N=433)	No TCZ (N=3 491)
Age (y) – median (IQR)	58 (48-65)	63 (52-72)
Male sex – no (%)	299 (69,1)	2165 (62)
BMI (kg/m ²) – median (IQR)	31,6 (27,5-37,0)	30,4 (26,3-35,9)
Coexisting conditions		
Diabetes – no (%)	165 (38,1)	1464 (41,9)
Hypertension – no (%)	234 (54)	2186 (62,6)
Coronary artery disease – no (%)	39 (9)	504 (14,4)
Others		
PiO ₂ /FiO ₂ < 200 (mmHg) — no (%)	205 (47,3)	1322 (37,9)
Time from symptom onset to ICU admission ≤ 3 days – no	58 (13,4)	835 (23,9)
Fever (>38 °C) on ICU admission — no (%)	207 (47,8)	1647 (47,2)
Treated with any Steroid (%)	81 (18,7)	440 (12,6)

Monoclonal
antibody

Tocilizumab (TCZ) - 4

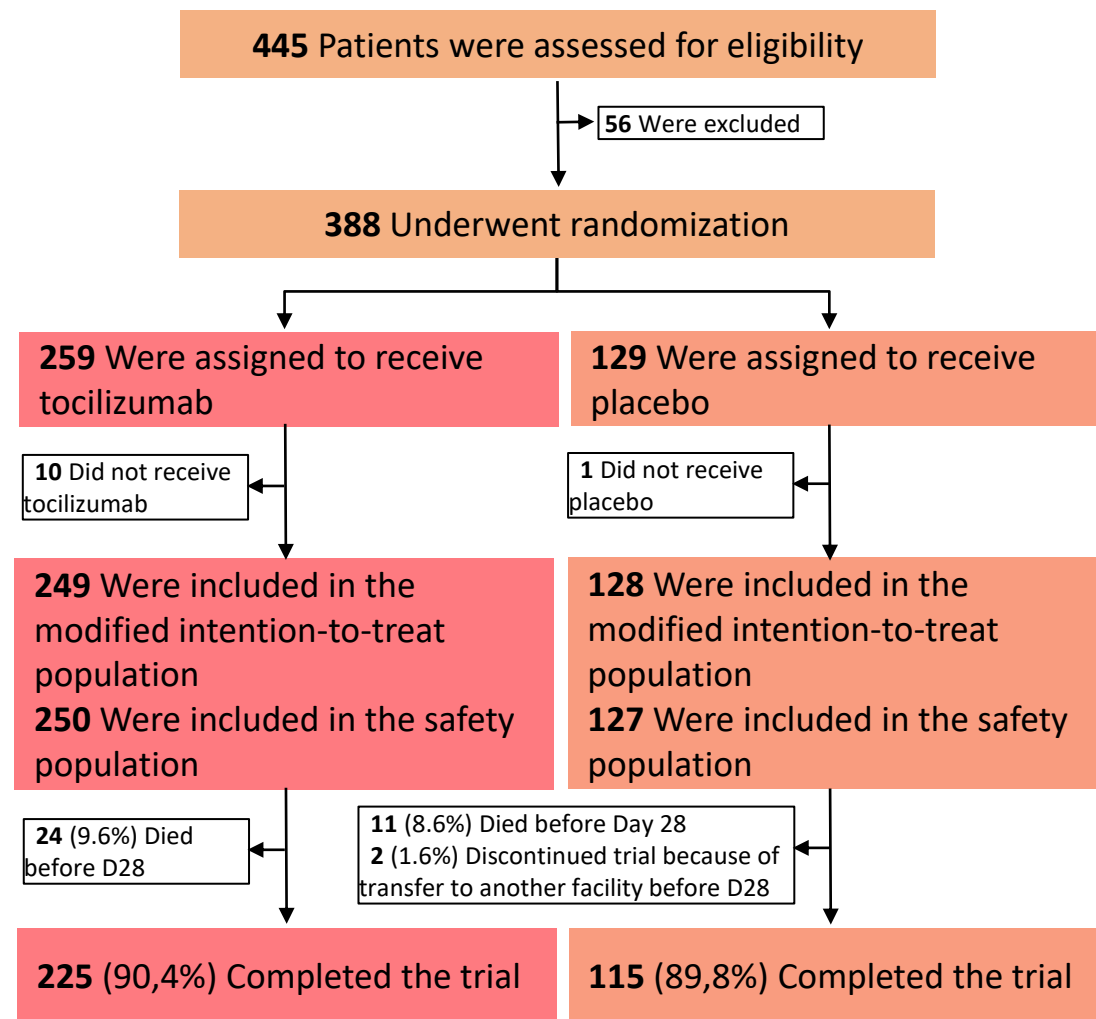
- **In hospital death:** 1544 patients (39.3%) died; 125/433 (28,9%) TCZ group vs. 1419/3491 (40,6%) no TCZ group, adjusted HR: 0,71; $_{95\%}\text{CI}[0,56-0,92]$
- **Estimated 30-day mortality:** 27.5% $_{95\%}\text{CI}[21.2\%-33.8\%]$ TCZ group vs. 37.1% $_{95\%}\text{CI}[35.5\%-38.7\%]$ no TCZ group; risk difference: 9.6%; $_{95\%}\text{CI}[3.1\%-16.0\%]$
- **Limits:** TCZ group patient were younger with fewer comorbidities, were more hypoxemic with more elevated inflammatory markers, corticosteroids could have been concomitantly administrated to TCZ, data missed for some key variables, high D14 overall mortality >20%



Monoclonal
antibody

Tocilizumab (TCZ) - 5

- Randomized, double-blind, placebo-controlled, phase 3 trial
- **Inclusion criteria:** age \geq 18 yo, positive SARS-CoV-2 RT-PCR, radiographic imaging pneumonia
- **Exclusion criteria:** SpO₂ < 94% (room air) if receiving continuous positive airway pressure, bilevel positive airway pressure, or mechanical ventilation, progression of the illness to death was imminent and inevitable within 24 hours, active tuberculosis or suspected active bacterial, fungal, or viral infection (other than SARS-CoV-2)
- **Primary outcome:** mechanical ventilation or death by day 28
- **Secondary outcome** (one of them): Median time to hospital discharge or readiness for discharge
- 388 participants; **249 TCZ group, 128 placebo group** (2:1)



Monoclonal
antibody

Tocilizumab (TCZ) - 5

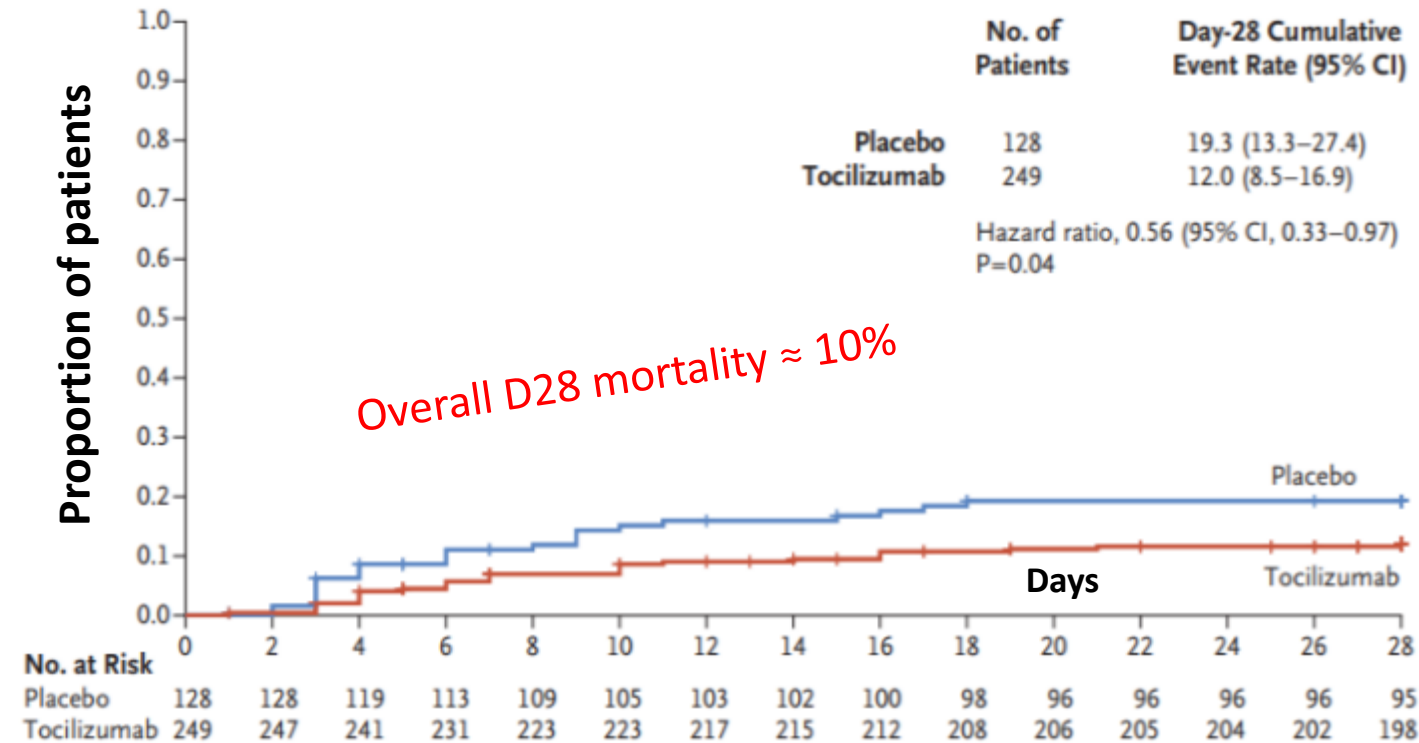
Characteristics	TCZ (N=249)	Placebo (N=128)
Age (y) – mean (SD)	56 (14,3)	55,6 (14,9)
Male sex – no (%)	150 (60,2)	73 (57)
BMI (kg/m ²) – mean (SD)	32 (7,9)	33,1 (7,2)
Category on seven-category ordinal scale for clinical status		
2 – no (%)	24 (9,6)	11 (8,6)
3 – no (%)	161 (64,7)	81 (63,3)
4 – no (%)	64 (25,7)	36 (28,1)
Others		
C-reactive protein level (mg/L) — median (range)	124,50 (2,5–2099,0)	143,40 (9,0–3776,0)
Ferritin level (pmol/L) — median (range)	1401,34 (29,2–38 482,1)	1353,14 (110,1–122 328,9)

Monoclonal
antibody

Tocilizumab (TCZ) - 5

- **Mechanical ventilation or death by day 28:** 12%_{95%CI} [8,5-16,9] TCZ group vs. 19,3%_{95%CI} [13,3-27,4] placebo group; p=0,04 HR: 0,56; _{95%CI} [0,33-0,97]
- **Median time to hospital discharge or readiness for discharge:** 6 days_{95%CI} [6,0-7,0] TCZ group vs. 7,5 days_{95%CI} [7,0-9,0] placebo group; HR: 1,16; _{95%CI} [0,91-1,48]
- **Death from any cause:** 26/249 (10.4%)_{95%CI} [7,2-14,9] TCZ group vs. 11/128 (8,6%)_{95%CI} [4,9-14,9] placebo group; Weighted Difference: 2_{95%CI} [-5,2-7,8]

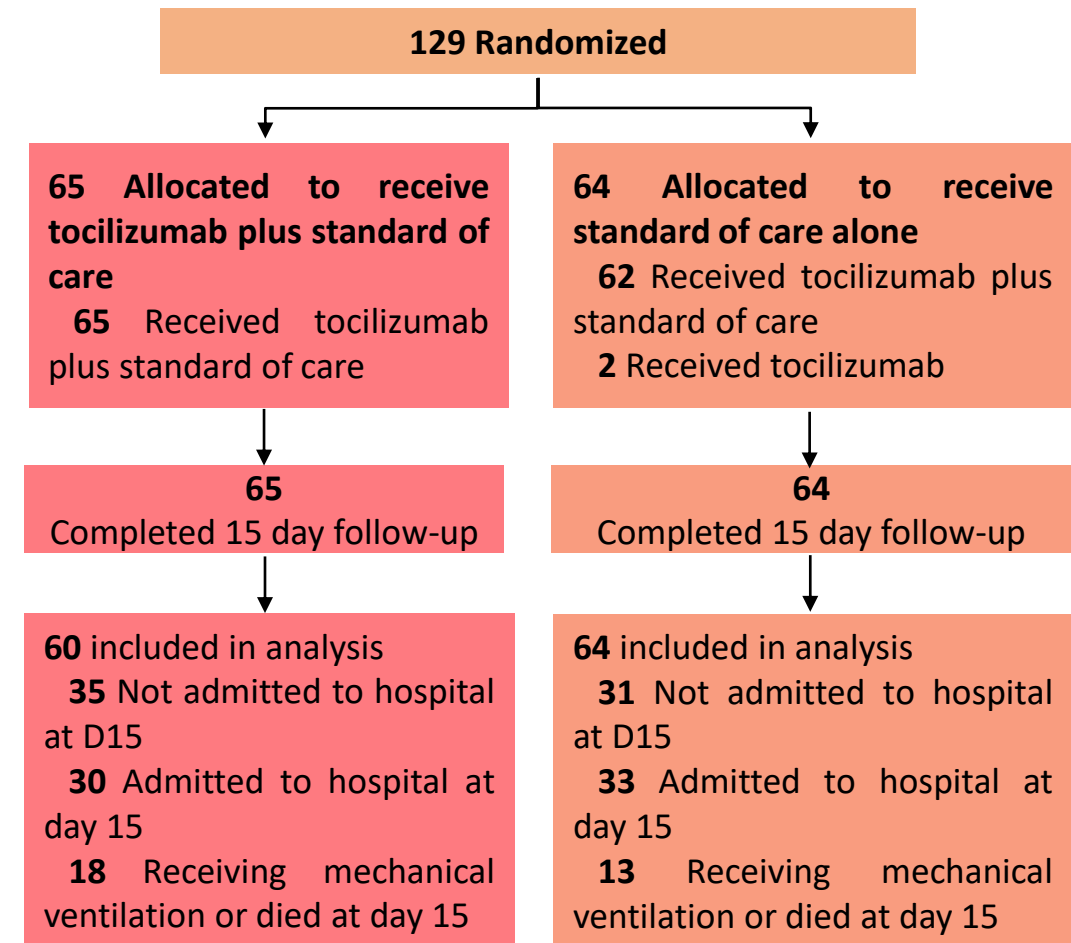
Time to Mechanical Ventilation or Death by Day 28 in the Modified Intention-to-Treat Population



Monoclonal
antibody

Tocilizumab (TCZ) - 6

- Randomized, multicenter, open label trial, Brazil
- **Inclusion criteria:** hospitalized patients, age ≥ 18 yo, positive SRAS-CoV-2 PCR, symptoms > 3 days, receiving supplemental O_2 or mechanical ventilation, ≥ 2 serum biomarkers abnormal levels (C reactive protein, D dimer, lactate dehydrogenase, or ferritin)
- **Exclusion criteria :** uncontrolled infection, raised ASAT or ALAT > 5 times ULN, renal disease (estimated glomerular filtration of <30 mL/min/1.72 m²)
- **Primary outcome:** D15 clinical status (WHO seven level ordinal scale)
- **Secondary outcome** (one of them): D28 all cause mortality
- 129 participants; **65 TCZ group, 64 control group** (1:1)



Monoclonal
antibody

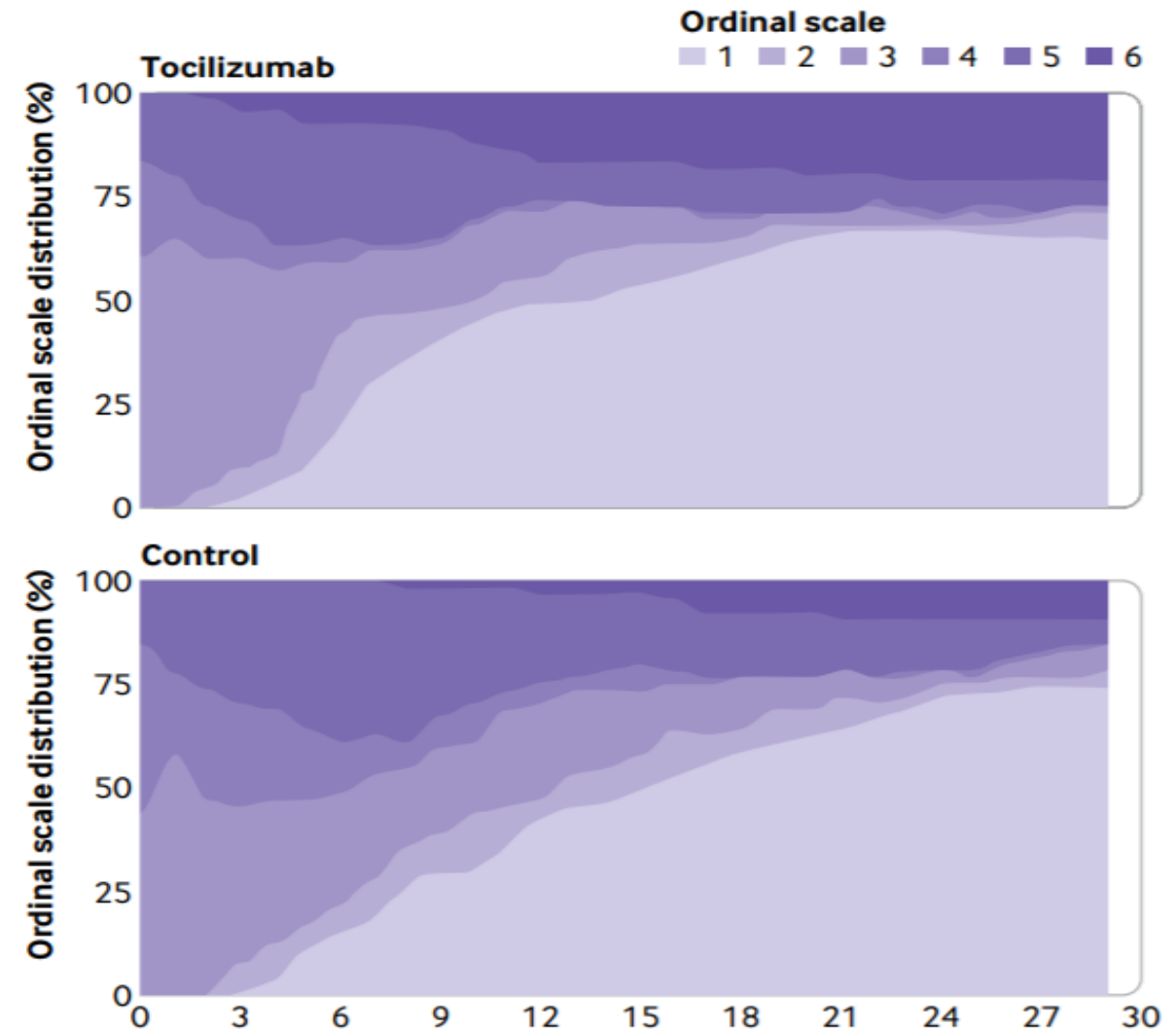
Tocilizumab (TCZ) - 6

Characteristics	TCZ (N=65)	Control (N=64)
Age (y) – mean (SD)	57,4 (15,7)	57,5 (13,5)
Male sex – no (%)	44 (68)	44 (69)
Coexisting conditions		
Hypertension – no (%)	30 (46)	34 (53)
Diabetes – no (%)	22 (34)	20 (31)
Obesity – no (%)	15 (23)	16 (25)
Others		
Days from symptom onset to randomization – mean (SD)	10 (3,1)	9,5 (3,0)
Respiratory rate (rpm) – median (IQR)	20 (18-24)	20 (18-25)
Peripheral oxygen saturation (%) – median (IQR)	95 (92-96)	95 (93-96)
C reactive protein (mg/L) – mean (SD)	160 (104)	193 (283)

Monoclonal
antibody

Tocilizumab (TCZ) - 6

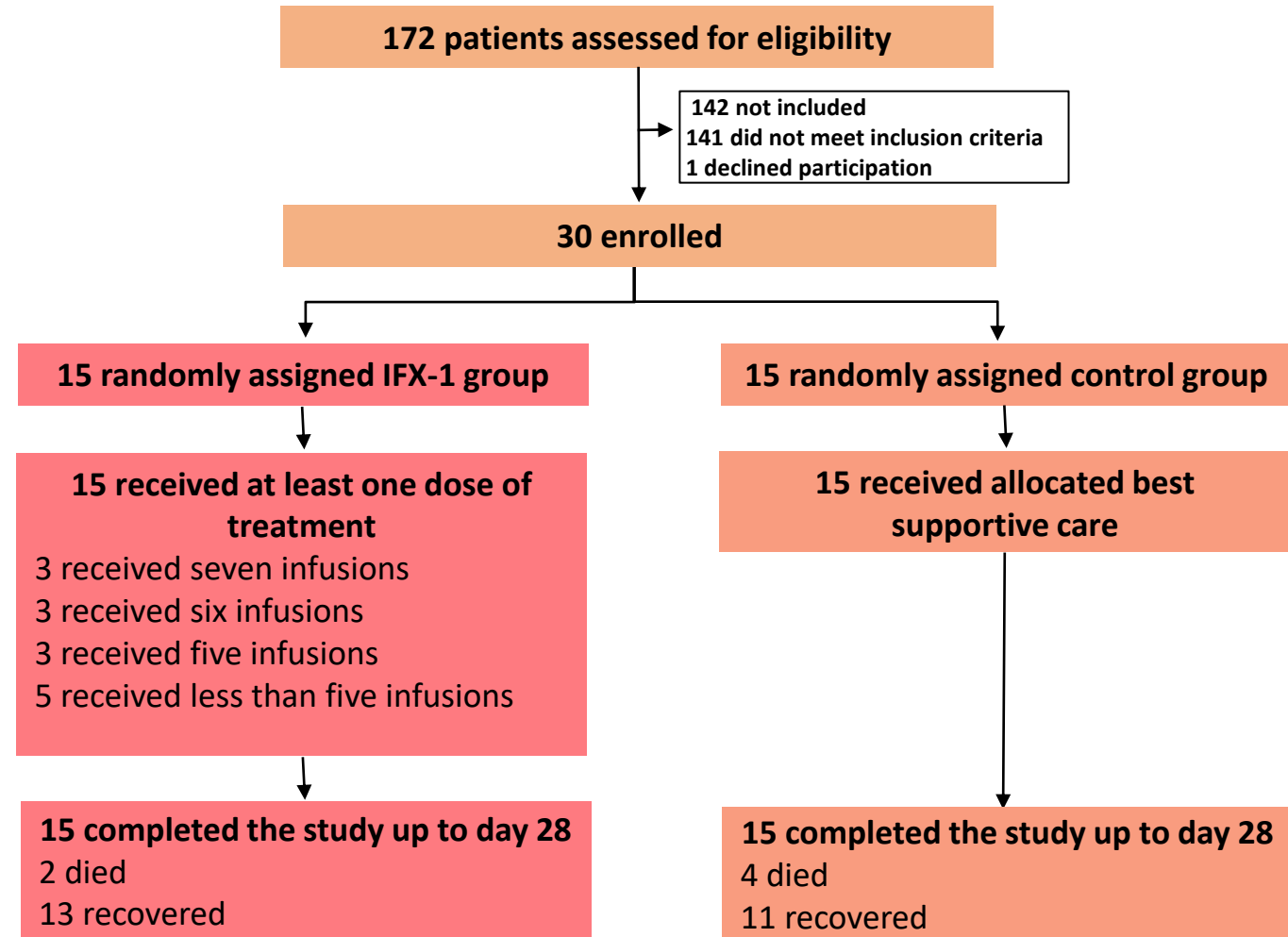
- **Receiving mechanical ventilation or died at day 15:** 18/65 (28%) TCZ group vs. 13/64 (20%) placebo group; effect size 1,54 $_{95\%CI}$ [0,66-3,66], $p=0,32$
- **D15 death:** 11/65 (17%) TCZ group vs. 2/64 (3%) placebo group
- **D28 mortality:** 14/65 (21%) TCZ group vs. 6/64 (9%) placebo group; OR 2,70 $_{95\%CI}$ [0,97-8,35], $p=0,07$
- **Mean (SD) D29 ventilator-free days :** 19.4 (12.0) TCZ group vs. 20.5 (10.8) placebo group; Rate ratio 1,12 $_{95\%CI}$ [0,86-1,99], $p=0,53$
- **Limits:** small sample size, investigators did not record the number of patients assessed for eligibility



Monoclonal
antibody

Vilobelimab (IFX-1) - 1

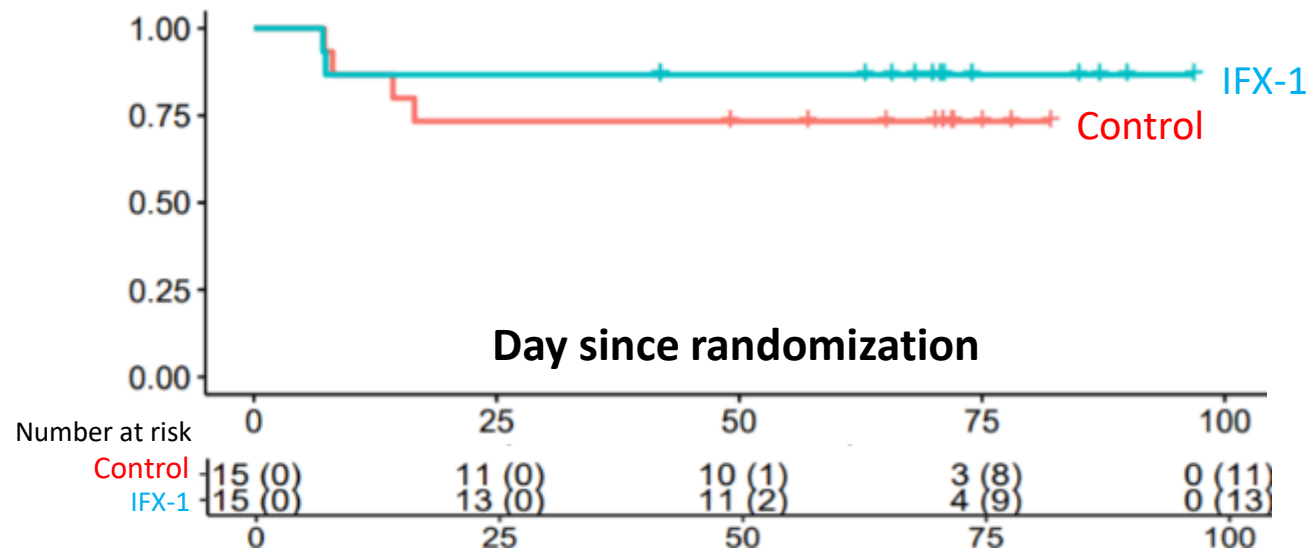
- **IFX-1:** anti-complement C5a monoclonal antibody
- Exploratory, open label, randomized, phase 2, multicenter, academic study, Netherlands
- **Inclusion criteria** : age \geq 18yo, severe pneumonia ($\text{PaO}_2/\text{FiO}_2$ between [100-250] mmHg), positive RT-PCR SARS-CoV-2 test, requiring non-invasive or invasive ventilation
- **Primary outcome:** Day 5 $\text{PaO}_2/\text{FiO}_2$ percentage change from the baseline
- **Secondary outcome:** Day 28 mortality
- 30 participants; **15 control group, 15 IFX-1 treated group (1:1)**



Monoclonal
antibody

Vilobelimab (IFX-1) - 1

- **Day 5 PaO₂/FiO₂ percentage change:** no differences; IFX-1 group (17%) vs. control group (41%); difference -24%
95%CI[-58-9], p=0,15
- **D28 mortality:** IFX-1 group 13%; 95%CI[0-31] vs. control group 27 %; 95%CI[7-49]; HR=0,65 95%CI[0,1-4,14]



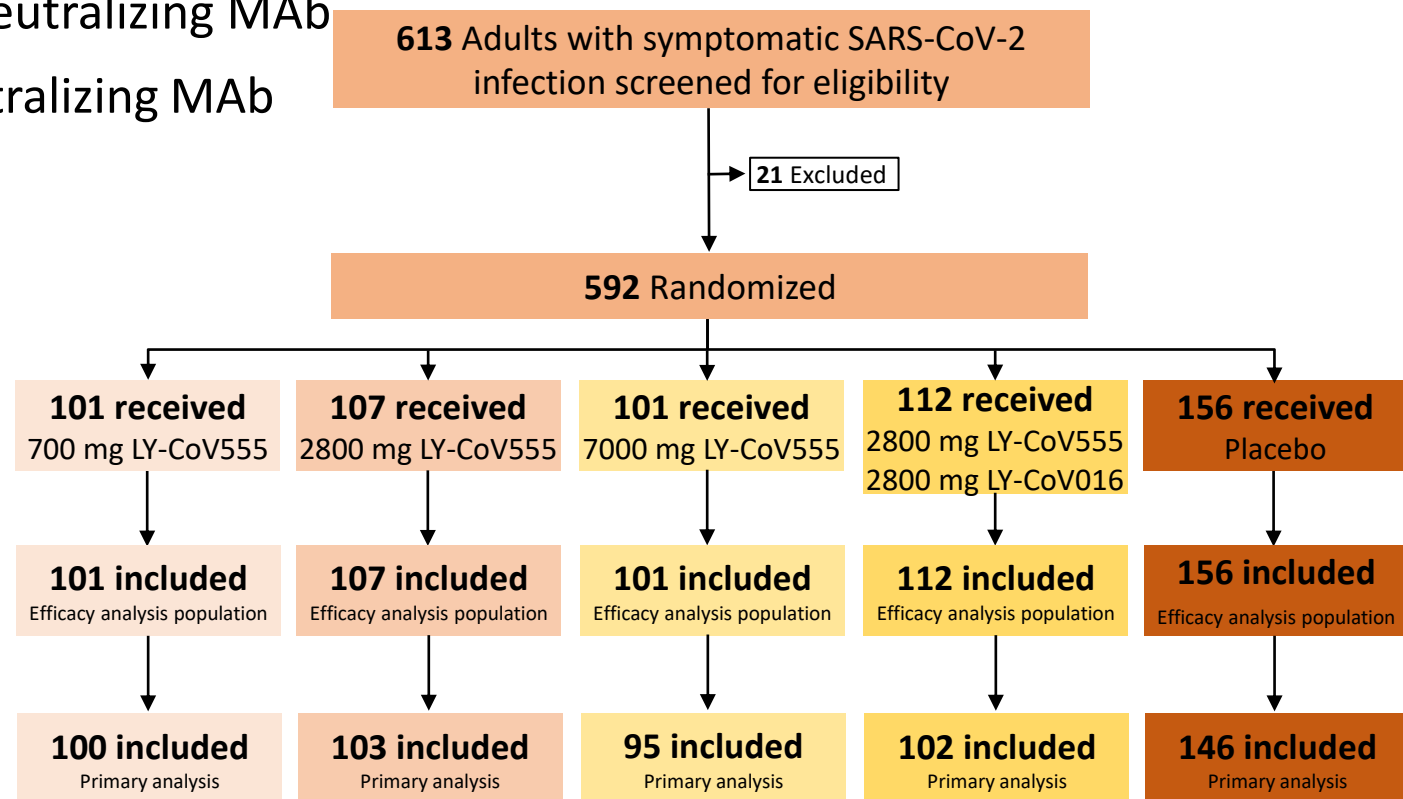
- **Limits:** patient heterogeneity, open label study

Characteristics	IFX-1 (N=15)	Control (N=15)
Age, mean (SD) - yr	58 (9)	63 (8)
Male sex – no (%)	11 (73)	11 (73)
Coexisting conditions		
Hypertension – no (%)	6 (40)	3 (20)
Diabetes – no (%)	4 (27)	4 (27)
Obesity – no (%)	2 (13)	4 (27)
Respiratory support		
Intubated at randomization – no (%)	8 (53)	10 (67)
Oxygen mask – no (%)	6 (40)	2 (13)
Nasal cannula – no (%)	1(7)	3 (20)

Monoclonal antibody

LY-CoV555 and LY-CoV016

- **LY-CoV555** (bamlanivimab): potent antispike neutralizing MAb
- **LY-CoV016** (etesevimab): potent antispike neutralizing MAb
- Randomized, double-blind, placebo-controlled, multicenter, USA (BLAZE-1)
- **Inclusion criteria** : age \geq 18yo, not hospitalized, \geq 1 mild or moderate COVID-19 symptoms, first positive SARS-CoV-2 viral infection \leq 3 days prior to start of the infusion
- **Primary outcome**: effect of LY-CoV555 monotherapy and combination therapy with LY-CoV555 and LY-CoV016 compared with placebo on SARSCoV-2 log viral load from baseline to day 11 (\pm 4 days)
- 577 participants; **101** LY-CoV555 700 mg group, **107** LY-CoV555 2800 mg group, **101** LY-CoV555 7000 mg group, **112** LY-CoV555 2800 mg + LY-CoV016 2800 mg group, **156** placebo group



Monoclonal
antibody

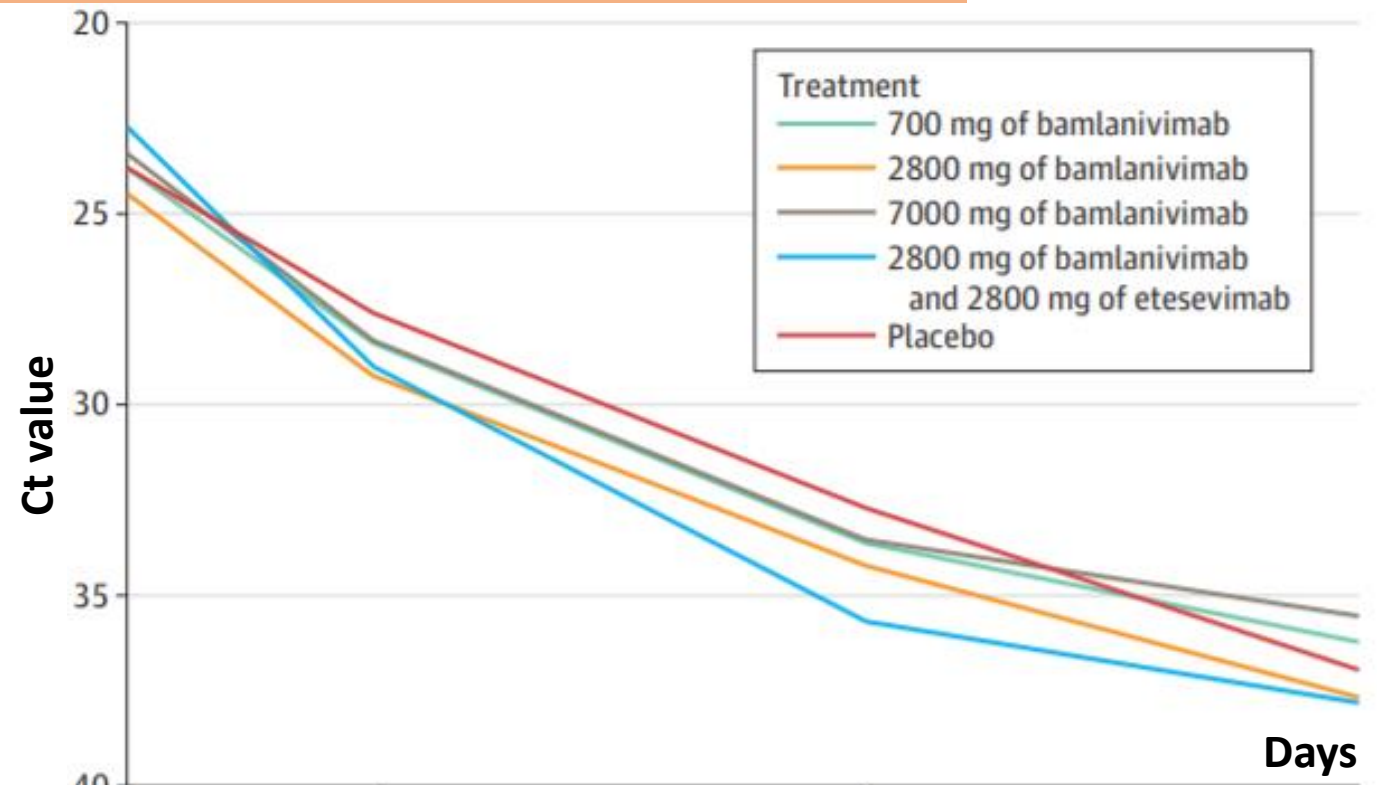
LY-CoV555 and LY-CoV016

Characteristics	LY-CoV555			LY-CoV555 + LY-CoV016	Placebo
	700 mg N=101	2800 mg N=107	7000 mg N=101	2800 mg + 2800 mg N= 112	N= 156
Age (y) – median (IQR)	39 (31-58)	45 (31-56)	46 (34-55)	44 (30-60)	46 (35-57)
Female sex – no (%)	63 (62.4)	51 (47.7)	58 (57.4)	58 (51.8)	85 (54.5)
BMI (kg/m ²) – median (IQR)	28,8 (25,1-35,4)	30,4 (25,6-34,0)	27,8 (24,7-32,3)	27,2 (22,9-33,0)	29,2 (25,9-34,2)
Duration of symptoms (days) , median (IQR)	5 (3-6)	4 (3-6)	4 (2-7)	4 (3-5)	4 (3-6)
SARS-CoV-2 Ct – mean (SD)	23,8 (6,5)	24,5 (7,6)	23,4 (6,8)	22,7 (8,0)	23,8 (7,8)
COVID-19 severity					
Mild – no (%)	83 (82,2)	79 (73,8)	70 (69,3)	92 (82,1)	125 (80,1)
Moderate – no (%)	18 (17,8)	28 (26,2)	31 (30,7)	20 (17,9)	31 (19,9)

Monoclonal
antibody

LY-CoV555 and LY-CoV016

- **D11 change from baseline SARS-CoV-2 viral load:** -3,72 700 mg group vs. -4,08 2800 mg group vs. -3,49 7000 mg group, -4,37 combination treat group, -3,80 placebo group
- **Compared with placebo, differences in the change in log viral load at D11:** 700 mg group 0,09; 95% CI[-0,35 - 0,52], p=0,69, vs. 2800 mg group -0,27; 95% CI[-0,71 - 0,16], p=0,21, vs. 7000 mg group 0,31; 95% CI[-0,13 - 0,76], p=0,16 vs. combination treatment -0,57 95% CI, [-1,00 - -0,14], p = 0,01
- **Limits:** small patient population, trial originally designed as a safety and biomarker study



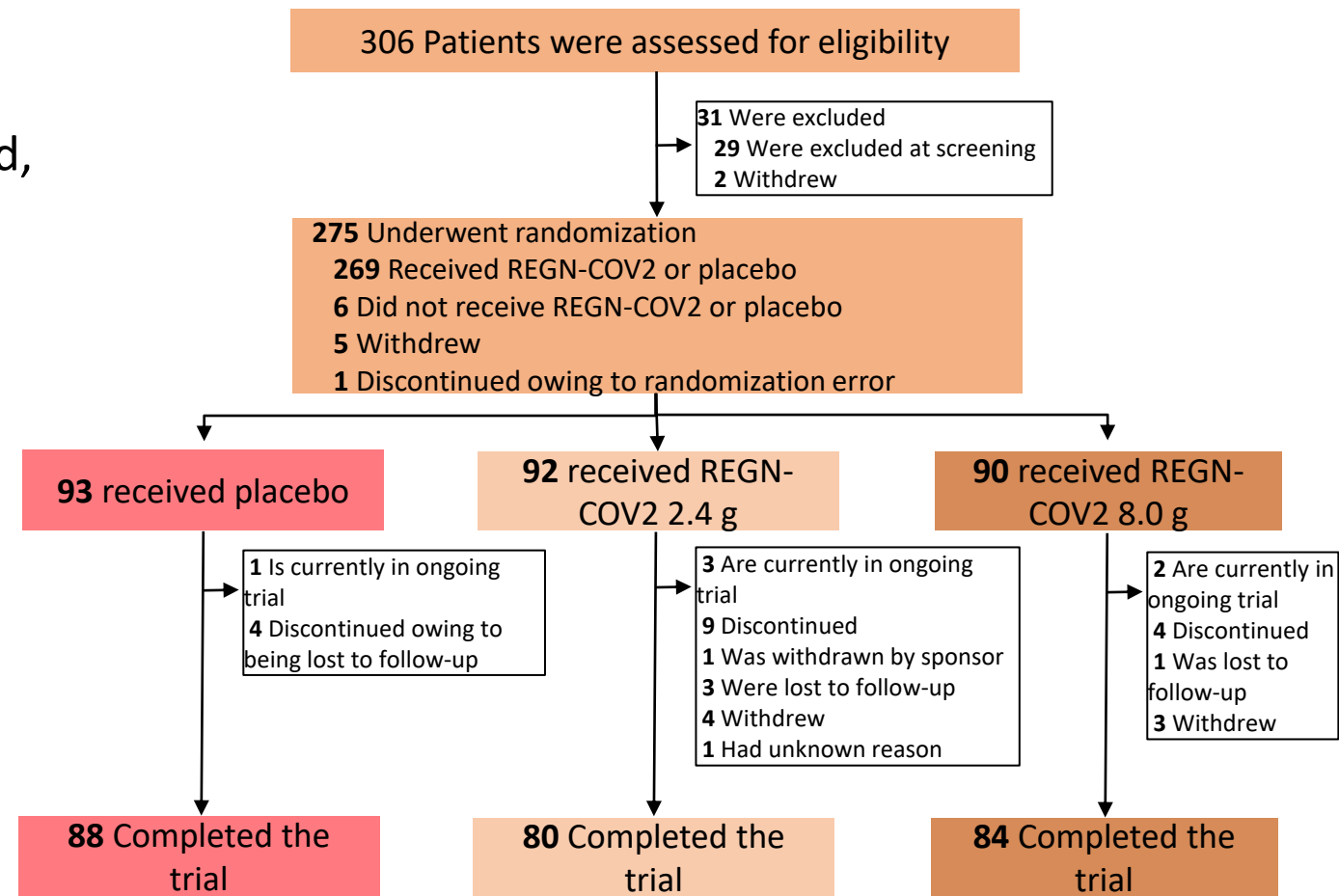
Treatment, No.

700 mg of bamlanivimab	101	96	98	100
2800 mg of bamlanivimab	107	98	101	103
7000 mg of bamlanivimab	101	93	95	95
2800 mg of bamlanivimab and 2800 mg of etesevimab	109	96	95	102
Placebo	152	141	142	146

Monoclonal
antibody

REGN-COV2

- **REGN-COV2**: antibody cocktail containing two SARS-CoV-2 neutralizing antibodies
- Randomized, double-blind, placebo-controlled, multicenter, phase 1–3 study
- **Inclusion criteria** : age ≥ 18 yo, not hospitalized, positive SARS-CoV-2 antigen or molecular test, symptom onset ≤ 7 days before randomization, O_2 saturation $\geq 93\%$ (room air)
- **Primary outcome**: D7 viral load (VL) average change
- **Secondary outcome**: safety
- 275 participants; **90 REGN-COV2 high dose** group, **92 REGN-COV2 low dose** group, **93 placebo** group (1:1:1)



Monoclonal
antibody

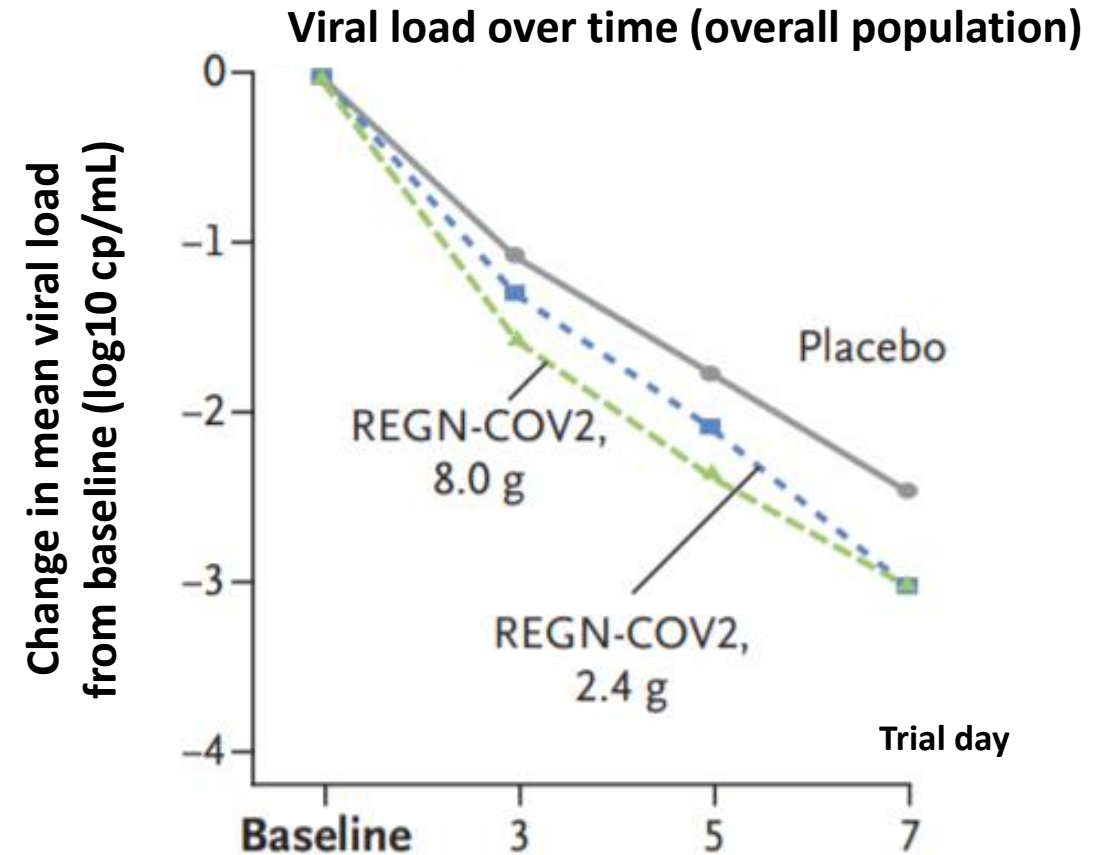
REGN-COV2

Characteristics	REGN-COV2 (N=182)	Placebo (N=93)
Age (y) - median (IQR)	43,0 (35,0–52,0)	45,0 (34,0–54,0)
Female sex - no (%)	98 (54)	43 (46)
BMI (kg/m ²) - mean (SD)	30,51 (6,87)	29,73 (7,15)
Days from symptom onset to randomization - median (range)	3,0 (0–8)	3,0 (0–8)
Positive baseline qualitative RT-PCR - no (%)	147 (81)	81 (87)
Viral load (log ₁₀ copies/mL) - mean (SD)	5,02 (2,50)	4,67 (2,37)
Baseline serum C-reactive protein (mg/L) - Mean (SD)	11,7 (24,4)	21,5 (43,5)
At least one risk factor for hospitalization - no (%) Age > 50 years, obesity, cardiovascular disease (including hypertension), chronic lung disease (including asthma), chronic metabolic disease (including diabetes), chronic kidney disease (including receipt of dialysis), chronic liver disease, and immunocompromise	118 (65)	58 (62)

Monoclonal
antibody

REGN-COV2

- **Time-weighted average change in viral load from day 1 through day 7:** $-1,74$ $_{95\%CI[-1,95 - -1,53]}$ REGN-COV2 group vs. $-1,34$ \log_{10} cp/mL $_{95\%CI[-1,60 - -1,08]}$ placebo group
- **Viral load difference vs. placebo at day 7:** $-0,41$ \log_{10} cp/mL $_{95\%CI[-0,71 - -0,10]}$
- **Safety:** Grade 3 or 4 event: 1/176 (0,56%) REGN-COV2 group vs. 1/93 (1,07%) placebo group, Event that led to infusion interruption 1/176 (0,56%) REGN-COV2 group vs. 1/93 (1,07%) placebo group, none led to death
- **Limits:** interim analysis

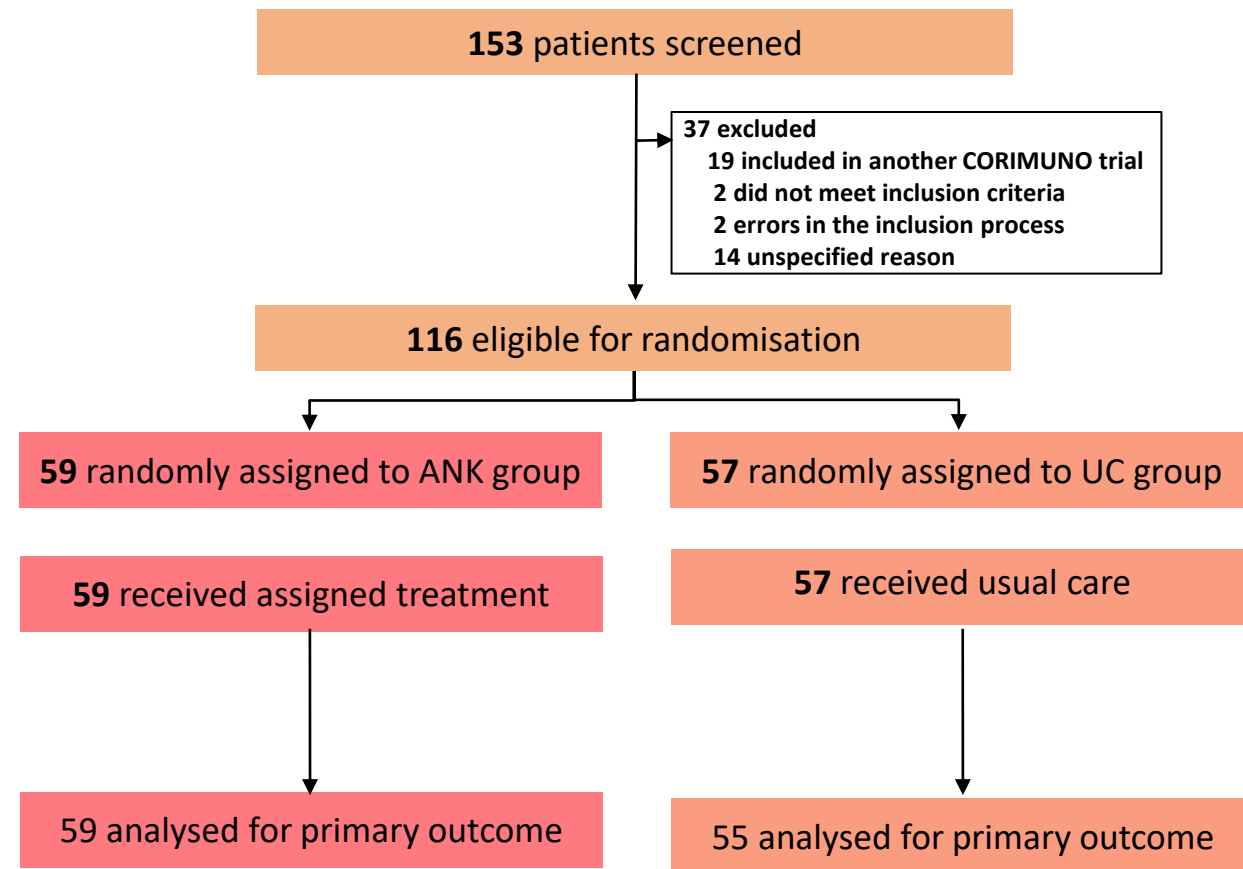


Placebo	81	70	78	78
REGN-COV2, 2.4 g	73	66	69	70
REGN-COV2, 8.0 g	74	70	73	73

Monoclonal
antibody

Anakinra (ANK)

- **Anakinra**: recombinant human IL-1 receptor antagonist
- Multicenter, open-label, Bayesian randomized clinical trial, France (CORIMUNO-ANA-1)
- **Inclusion criteria** : positive SARS-CoV-2 RT-PCR or chest CT scan typical of COVID-19 pneumonia, mild-to-moderate, severe, or critical pneumonia (O₂ flow of >3 L/min *via* mask or nasal cannula and WHO-CPS score ≥5 points)
- **Coprimary outcome**: proportion of patients who had died or needed NIV or MV (WHO-CPS score of >5 points) at D4, survival with no need for MV or NIV at D14
- 116 participants; **59 ANK** group, **57 usual care** group (1:1)



Monoclonal
antibody

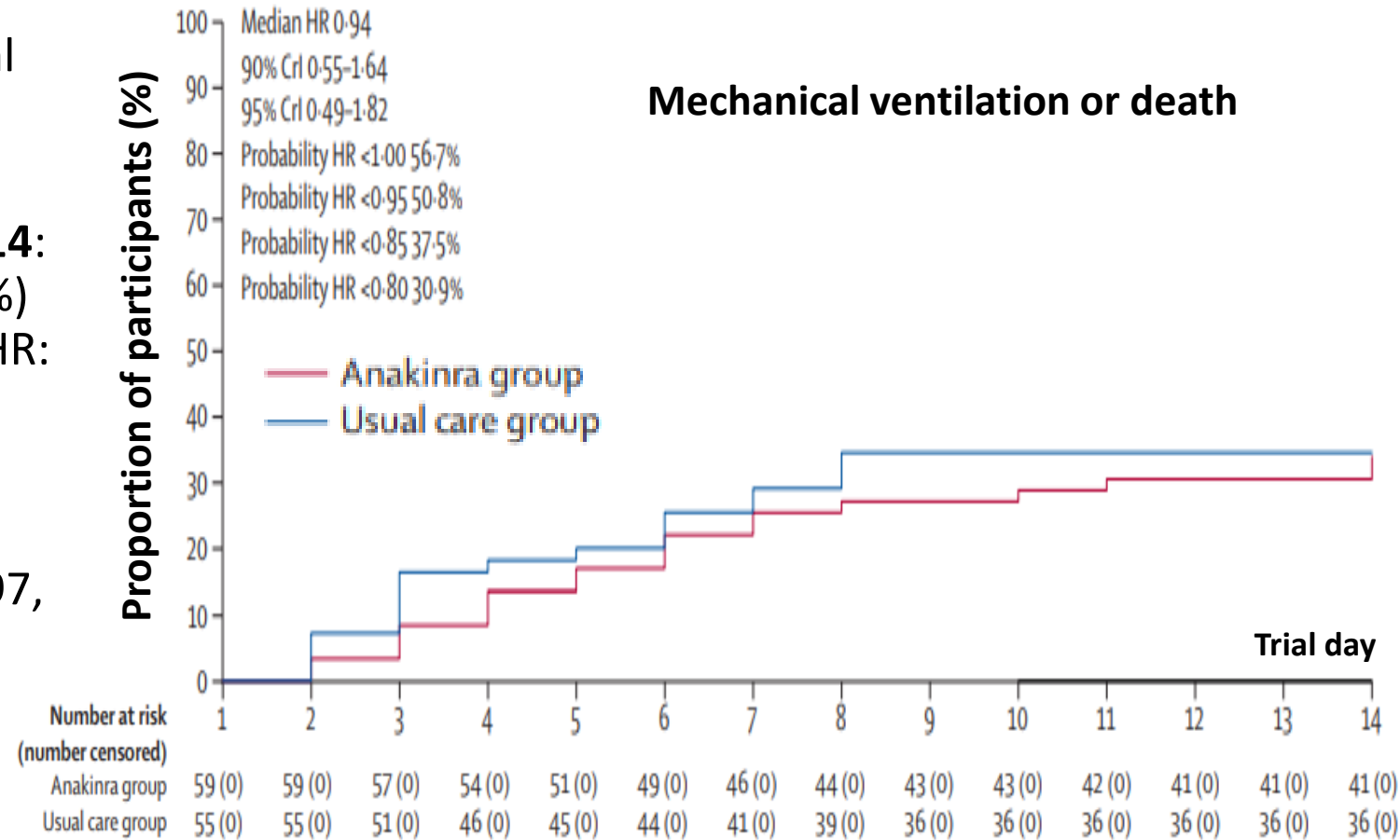
Anakinra (ANK)

Characteristics	Anakinra (N=59)	Usual care (N=55)
Age (y) - median (IQR)	67,0 (55,5–74,3)	64,9 (59,5–78,3)
Female sex - no (%)	16 (27)	18 (33)
BMI (kg/m ²) - median (IQR)	27,4 (24,9-32,0)	26,8 (24,7-31,5)
Coexisting conditions		
Chronic cardiac disease - no (%)	22 (37%)	14 (25%)
Diabetes - no (%)	19 (32%)	15 (27%)
Chronic kidney disease (stage 1 to 3) or dialysis - no (%)	5 (8%)	3 (5%)
Others		
O ₂ flow (L/min) - median (IQR)	5,0 (4,0–7,0)	6,0 (4,0–9,0)
Respiratory rate (breaths/min) - median (IQR)	28,0 (24,0–32,0)	28,0 (23,0–36,0)
C-reactive protein (mg/L) - median (IQR)	121,0 (77,0–198,0)	120,0 (87,0–191,5)
Time from symptoms onset to randomization (days) - median (IQR)	10,0 (8,0–13,0)	10,0 (7,0–13,0)

Monoclonal
antibody

Anakinra (ANK)

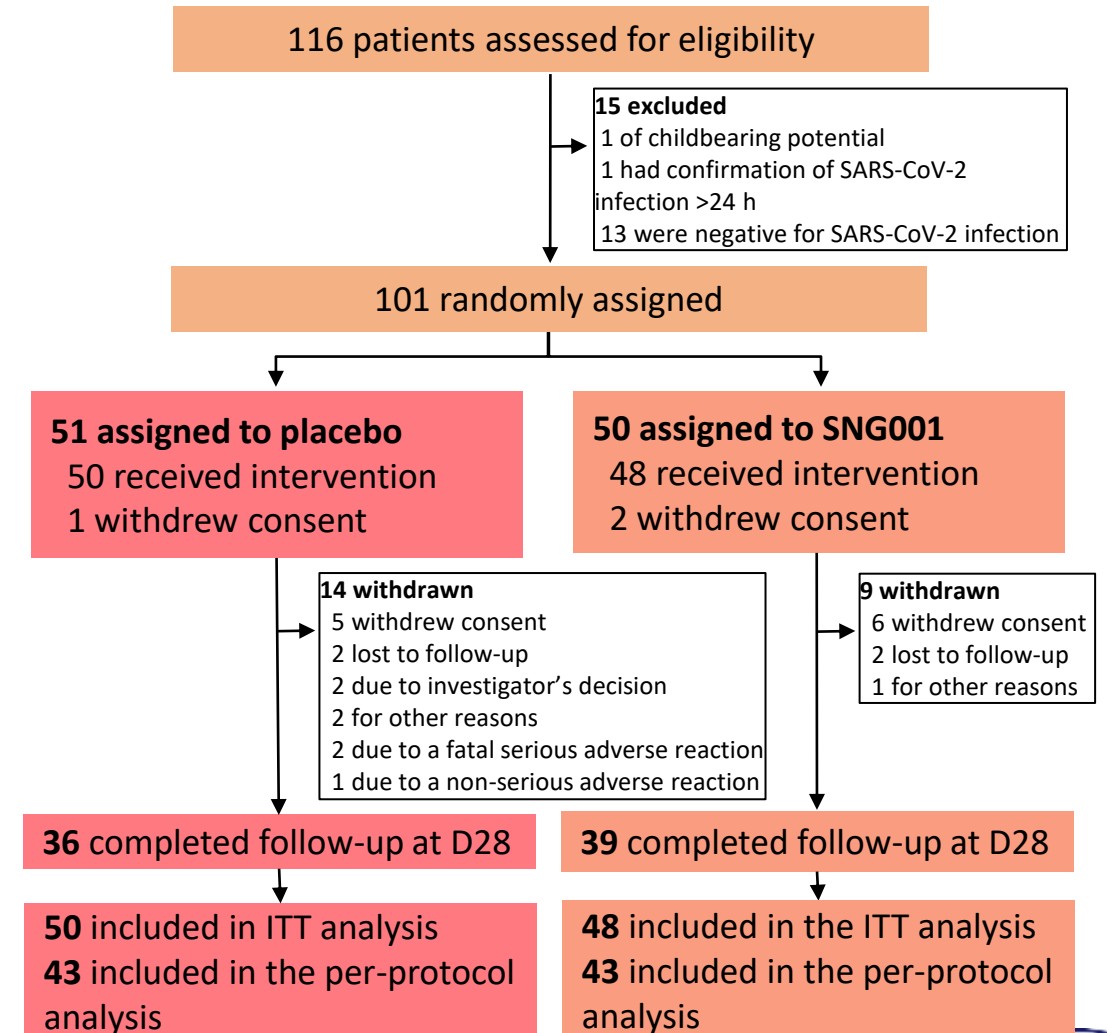
- **WHO-CPS score of >5 points) at D4:** 21/59 (36%) anakinra group vs. 21/55 (38%) usual treatment group, median posterior ARD: – 2,5%, 90% CI[–17,1 - 12,0]
- **Survival with no need for MV or NIV at D14:** 28/59 (47%) anakinra group vs. 28/55 (51%) usual treatment group, median posterior HR: 0,97, 90% CI[0,62 - 1,52]
- **Overall mortality at D90:** 16/59 (27%) anakinra group vs. 15/55 (27%) usual treatment group, median posterior HR: 0,97, 95% CI[0,46 - 2,04]
- **Limits:** not blinded trial, usual care may differed among centers, small sample size
- **Study stopped early for futility**



Immunomodulatory
effect

Interferon beta 1a (INF β -1a)

- **SNG001**: inhaled nebulized INF β -1a
- Randomized, double-blind, placebo-controlled, phase 2, multicenter, academic trial, UK (SG016)
- **Inclusion criteria**: age \geq 18 yo, hospitalized patients, COVID-19 symptoms, positive SARS-CoV-2 RT-PCR
- **Exclusion criteria**: inability to use a nebulizer, pregnant and breastfeeding women,
- **Primary outcome**: clinical condition change (WHO Ordinal Scale for Clinical Improvement)
- **Secondary outcome**: change in Breathlessness, Cough And Sputum Scale score, safety and tolerability
- 101 participants; **50 SNG001** group, **51 placebo** group (1:1)



Immunomodulatory
effect

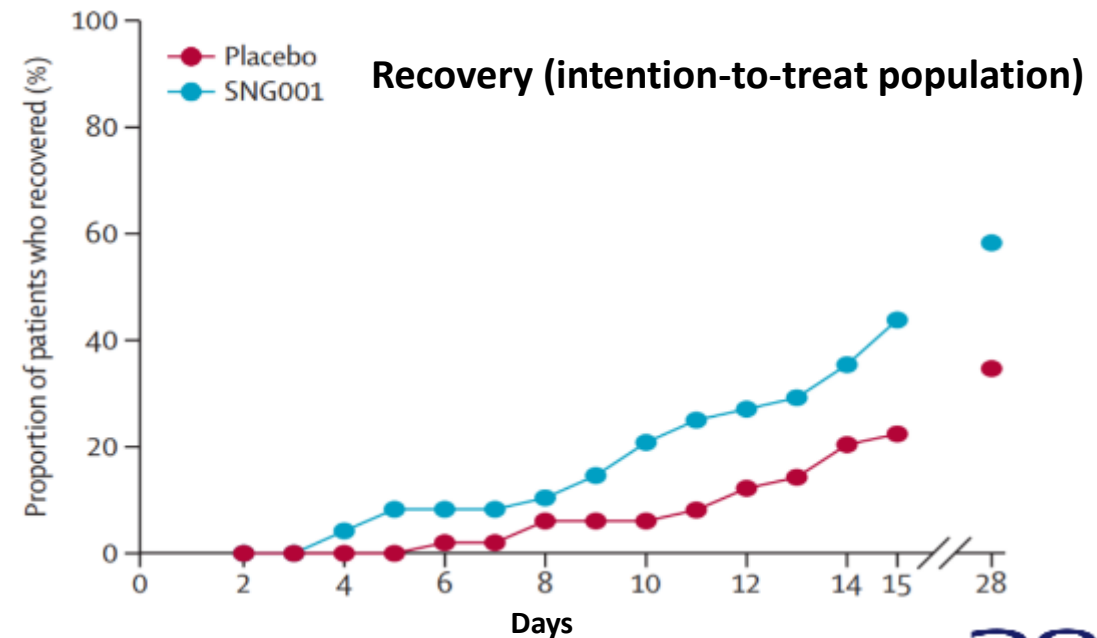
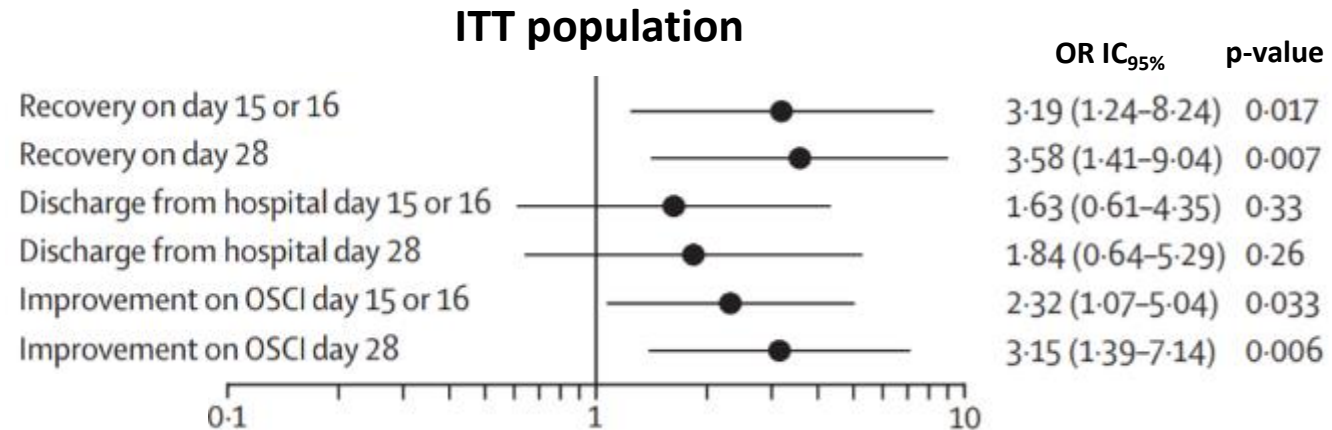
Interferon beta 1a (INF β -1a)

Characteristics	SNG001 (N=50)	Placebo (N=51)
Age (y) – mean (SD)	57,8 (14,6)	56,5 (11,9)
Male sex – no (%)	27 (56)	31 (62)
Coexisting conditions		
Hypertension – no (%)	18/26 (69)	11/27 (41)
Diabetes – no (%)	3/26 (12)	9/27 (33)
Cardiovascular disease – no (%)	5/26 (19)	8/27 (30)
Chronic lung condition – no (%)	11/26 (42)	12/27 (44)
Severity of disease at baseline		
Limitation of activities — no (%)	0	1 (2)
Hospitalised (no oxygen therapy) — no (%)	11 (23)	19 (38)
Oxygen by mask or nasal prongs — no (%)	36 (75)	28 (56)
Non-invasive ventilation or high-flow oxygen — no (%)	1 (2)	1 (2)

Immunomodulatory
effect

Interferon beta 1a (INF β -1a)

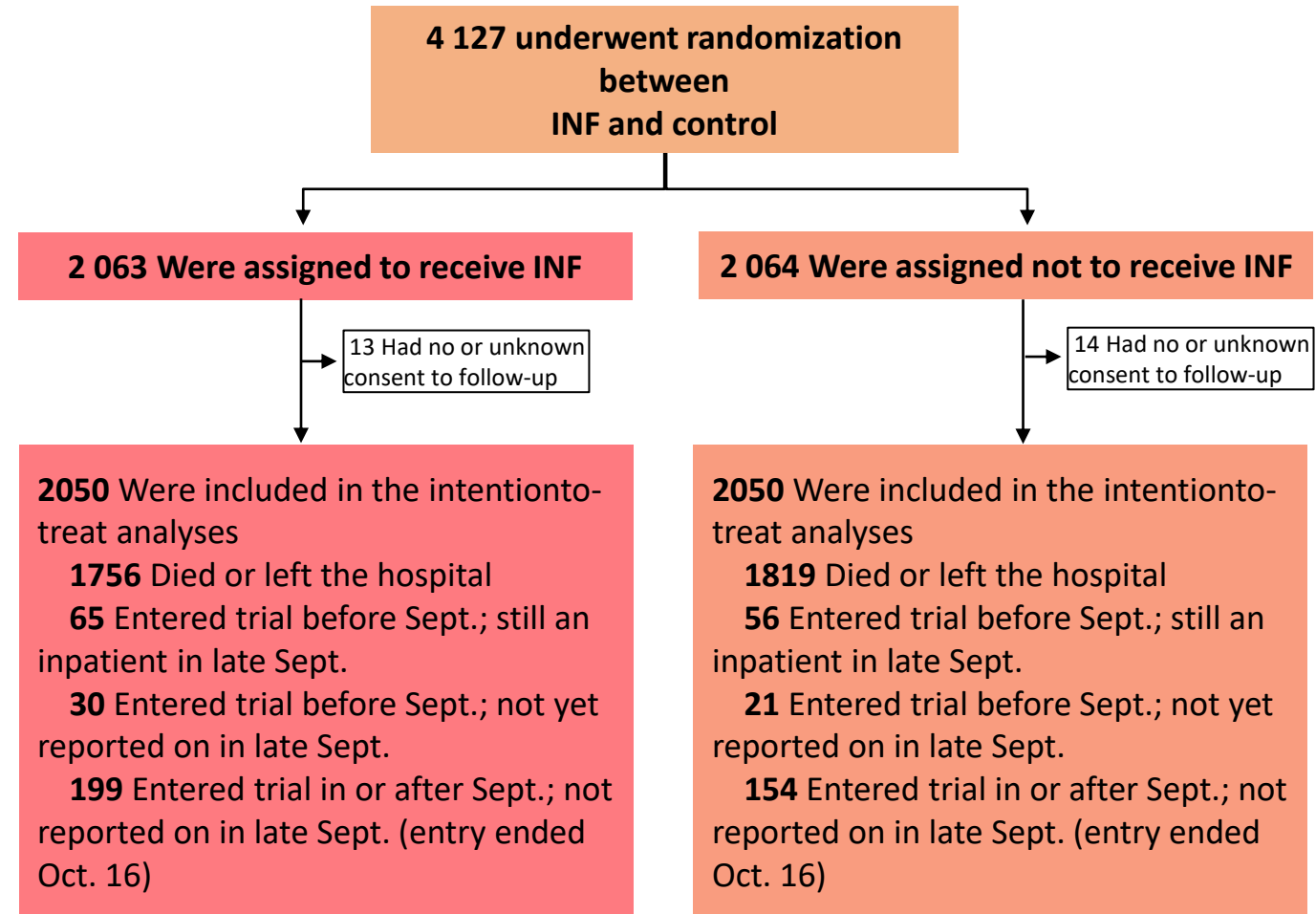
- **Clinical condition change (D15 or D16 OSCI improvement):** 36/48 (75,0%) SNG001 group vs. 35/50 (70%) placebo group; OR: 2,32; 95%CI[1,07-5,04], p=0,033
- **D14 BCSS score:** difference between SNG001 group and placebo group: -0,8; 95%CI[-1,5;-0,1], p=0,026
- **Safety:** serious adverse events considered either unlikely be related to study treatment or not related to study treatment
- **Limits:** limited sample size, OSCI: new tool at the time of the study, nebulizer not suitable for ventilated patients, follow-up limited at 28 days



Immunomodulatory
effect

Interferon beta 1a (INF β -1a)

- Randomized, open-label, non-placebo-controlled, international trial, WHO, SOLIDARITY
- **Inclusion criteria:** patients aged ≥ 18 yo, hospitalized with definite COVID-19, not already receiving any of the study drugs, no allergy nor contra-indications to any of them
- **Exclusion criteria:** significant contraindication to any one of the study drugs
- **Primary outcome:** all-cause mortality
- **Secondary outcome:** initiation of mechanical ventilation and hospitalization duration
- 4127 patients underwent randomization; 2063 **INF** group, 2064 **control** group (1:1)



Immunomodulatory
effect

Interferon beta 1a (INF β -1a)

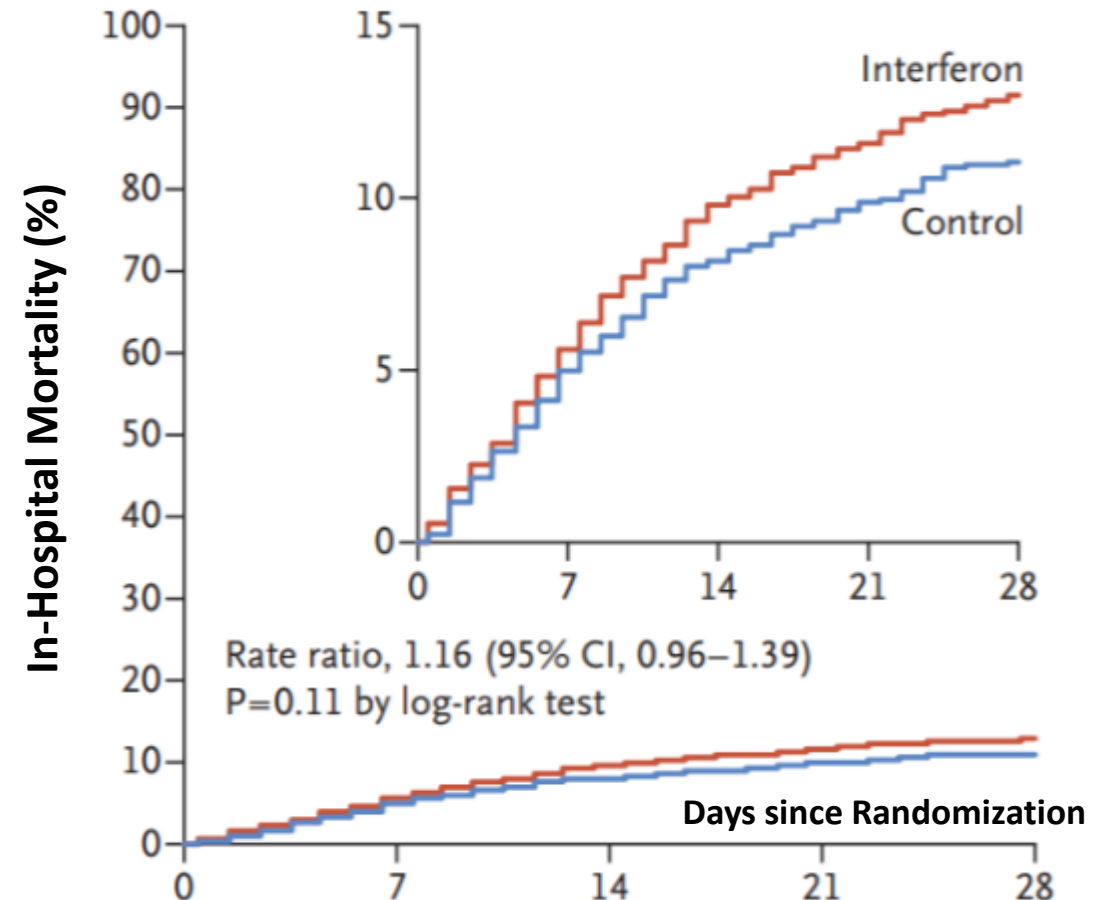
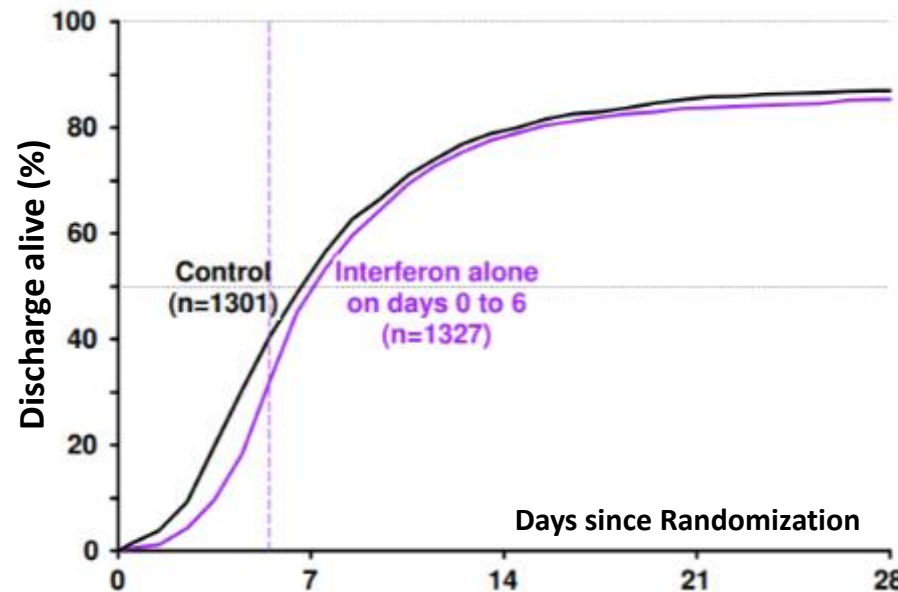
Characteristics		All (N= 11 266)	INF (N= 2 050)	Control (N=2 050)
Age	< 50 yr – no (%)	3995 (35)	720	697
	50-69 yr – no (%)	5125 (45)	934	973
	≥ 70 yr – no (%)	2146 (19)	396	380
Sex	Male sex – no (%)	6985 (62)	1303	1278
Co existing conditions	Diabetes – no(%)	2768 (25)	489	537
	Heart disease – no (%)	2337 (21)	427	456
	Chronic lung disease – no (%)	635 (6)	114	109
Respiratory support	No supplemental O ₂ at entry	3204 (28)	482	490
	Supplemental O ₂ at entry	7146 (63)	1429	1430
	Already receiving ventilation	916 (8)	139	130

Immunomodulatory
effect

Interferon beta 1a (INF β -1a)

- **All-cause mortality:** 243/2050 (12,9%) INF β -1a group vs. 216/2050 (11%) placebo group; rate ratio: 1,16; 95% CI[0,96-1,39]; p= 0,11
- **Initiation of mechanical ventilation:** INF β -1a group: 209/1911 (10,9%) vs. control group 210/2475 (10,9%)
- **Time to discharge:** INF β -1a did not reduced hospitalization duration

Study stopped for
futility on 16th
October

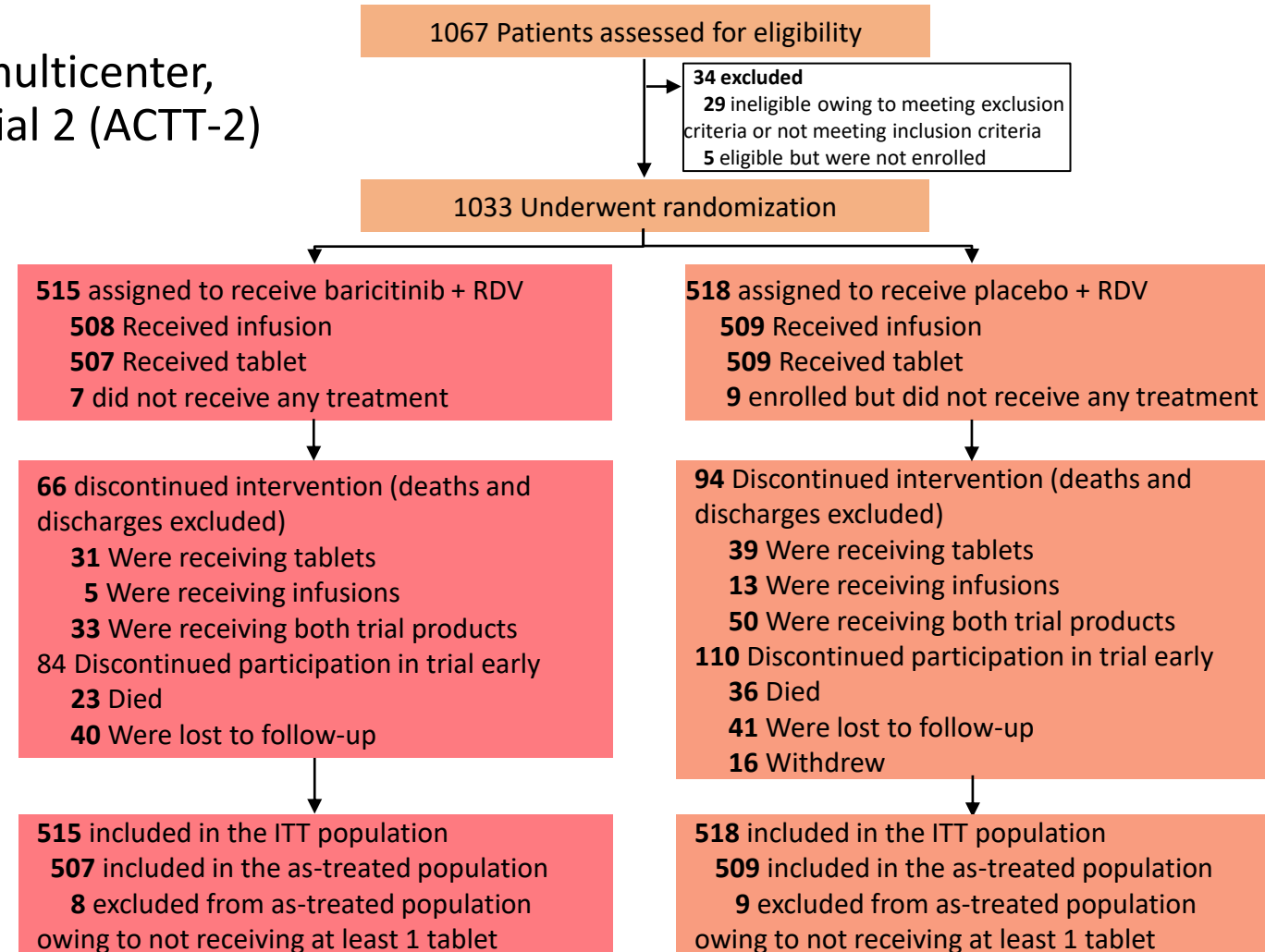


Interferon	2050	1669	1554	1483	1410
Control	2050	1725	1636	1563	1498

Baricitinib (JAK inhibitors)

Immunomodulatory
effect

- Double-blind, randomized, placebo-controlled, multicenter, academic study, Adaptive Covid-19 Treatment Trial 2 (ACTT-2)
- **Inclusion criteria:** hospitalized patients aged ≥ 18 yo, positive SARS-CoV-2 RT-PCR test, lower respiratory tract infection (radiographic infiltrates, $SpO_2 \leq 94\%$ (room air), requiring supplemental O_2 , mechanical ventilation, or ECMO)
- **Exclusion criteria:** significant contraindication to any one of the study drugs
- **Primary outcome:** time to recovery
- **Secondary outcome:** clinical status at day 15, D28 mortality, adverse events
- 1033 patients underwent randomization; **515 Baricitinib + RDV** group, **518 control** group (1:1)



Immunomodulatory
effect

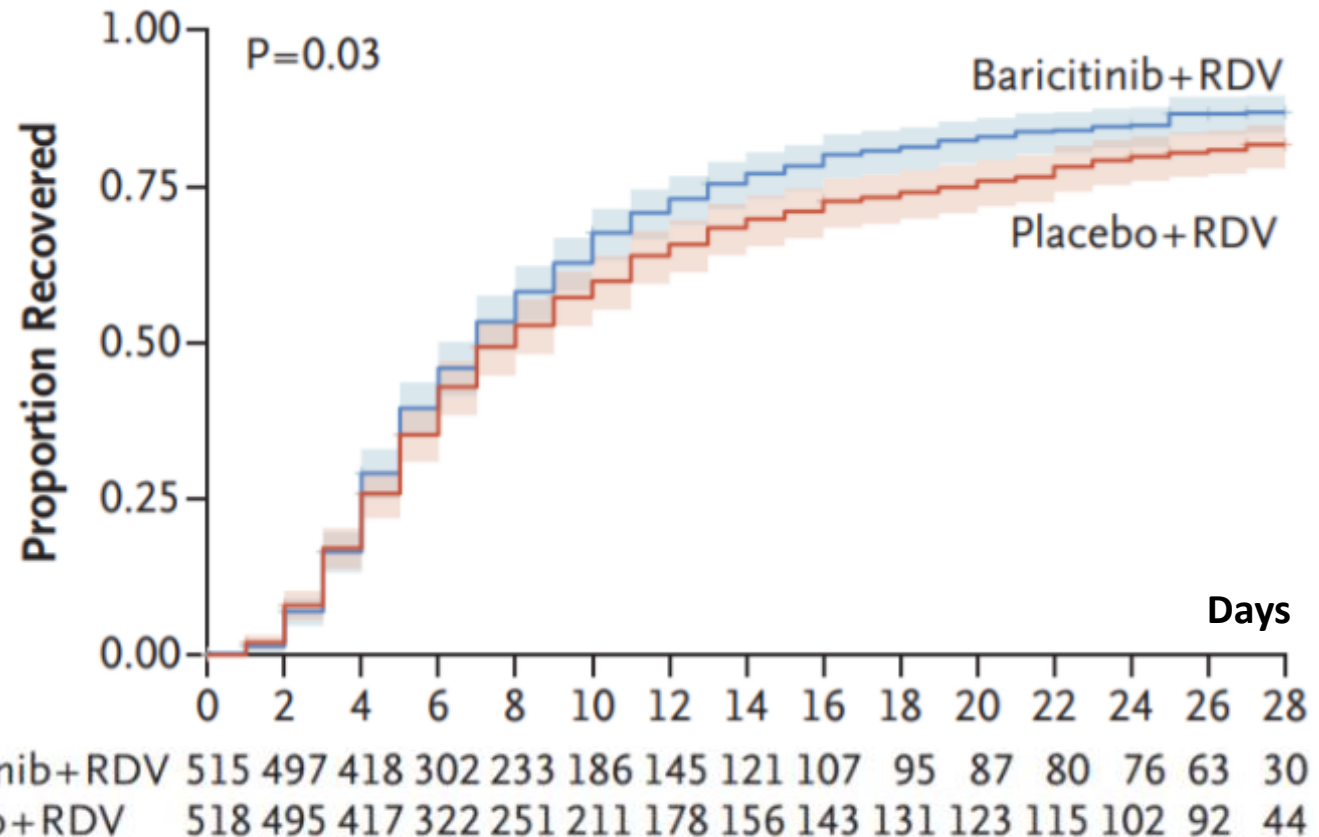
Baricitinib (JAK inhibitors)

Characteristics	All (N= 1033)	Baricitinib + RDV (N= 515)	Placebo + RDV (N= 518)
Age – Mean – yr (SD)	55,4 (15,7)	55,0 (15,4)	55,8 (16,0)
Male sex – no (%)	652 (63,1)	319 (61,9)	333 (64,3)
BMI – Mean – kg/m ² (SD)	32,2 (8,3)	32,2 (8,2)	32,3 (8,4)
Time from symptom onset to randomization – Median – days (IQR)	8 (5–10)	8 (5–10)	8 (5–11)
Disease severity			
Moderate – no (%)	706 (68,3)	358 (69,5)	348 (67,2)
Severe – no (%)	327 (31,7)	157 (30,5)	170 (32,8)
Score on ordinal scale – no (%)			
4. Hospitalized, not requiring supplemental O ₂ , requiring ongoing medical care (Covid-19–related or otherwise)	142 (13,7)	70 (13,6)	72 (13,9)
5. Hospitalized, requiring supplemental O ₂	564 (54,6)	288 (55,9)	276 (53,3)
6. Hospitalized, receiving NIV or high-flow O ₂ devices	216 (20,9)	103 (20,0)	113 (21,8)
7. Hospitalized, receiving invasive MV or ECMO	111 (10,7)	54 (10,5)	57 (11,0)

Immunomodulatory
effect

Baricitinib (JAK inhibitors)

- **Time to recovery** (median days): 7 days baricitinib + RDV group vs. 8 days RDV group; RR: 1,16 $_{95\%}$ IC[1,01-1,32]; $p = 0,03$
- **Clinical status at day 15:** baricitinib + RDV group 30% higher odds of improvement; OR: 1,3 $_{95\%}$ IC[1,0-1,6]
- **D28 mortality:** baricitinib + RDV group: 5,1% $_{95\%}$ IC[3,5-7,6] vs. RDV group: 7,8% $_{95\%}$ IC[5,7-10,6], Hazard ratio: 0,65; $_{95\%}$ IC[0,39-1,09]
- **Serious adverse events:** baricitinib + RDV group: 81/515 (16%) vs. RDV group: 107/518 (21%) between-group difference: -5.0; $_{95\%}$ IC[-9,8;-0,3]; $p=0.03$



Convalescent plasma (CP) - 1

1 st Author	Design	Groups	Participants	Primary outcome	Main results (Primary outcome)
Agarwal	Open label, parallel arm, multicenter, RCT	CP + SoC group vs. SoC group	N= 464 Moderate COVID-19 illness	D28 all cause mortality	15% (34/235) CP group vs. 14% (31/229) control group, RR: 1,04 95% CI[0,66-1,63]
Joyner	Open label, multicenter	CP	N= 5 000 High risk of progression to severe or life-threatening COVID-19	Determine the safety of transfusion of COVID-19 CP	Incidence of SAEs in the first four hours after transfusion: < 1% Three severe allergic transfusion reactions, 4 deaths, 18 TACO&TRALI (2 definitely related to CP)

Convalescent plasma (CP) - 2

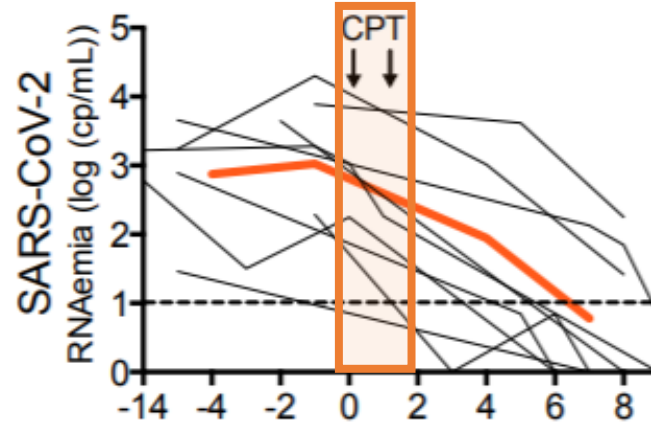
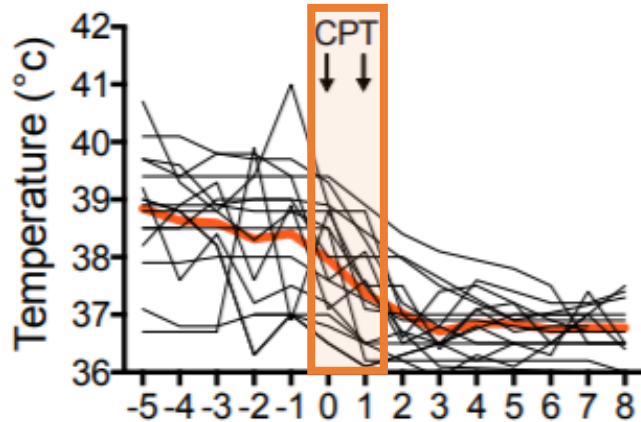
1 st Author	Design	Groups	Participants	Primary outcome	Main results (Primary outcome)
Li	Open-label, multicenter, randomized	CP + SoC group vs. SoC group	<p>N= 103</p> <p>Severe pneumonia (≥ 30 breaths/min, $SpO_2 \leq 94\%$ or $PaO_2/FiO_2 \leq 300$)</p>	Time to clinical improvement within 28 days	<p>51,9% (27/52) CP group vs. 43,1% (22/51) control group, HR: 1,40 _{95% CI}[0,79-2,49]; p = 0,26</p>
Liu	Retrospective, propensity score-matched case-control study	CP vs. Control group	<p>N= 195</p> <p>Severe or immediately life-threatening COVID-19</p>	D14 oxygen requirement	<p>Worsened in 17,9% of CP recipients vs. 28,2% of propensity score matched controls hospitalized with COVID-19</p>

Convalescent plasma (CP) - 3

1 st Author	Design	Groups	Participants	Primary outcome	Main results (Primary outcome)
Simonovich	Double-blind, placebo-controlled, multicenter trial, Argentina	CP group vs. placebo group	<p>N= 334</p> <p>Severe COVID-19 pneumonia (PaO₂/FiO₂ <300, or SpO₂ ≤ 93% (room air) or SOFA ≥ 2 points above baseline status</p>	Clinical status 30 days after intervention	<p>Death: CP group: 25/228 (11%) vs. placebo group: 12/105 (11,4%)</p> <p>Invasive ventilatory support: CP group: 19/228 (8,3%) vs. placebo group: 10/105 (9,5%)</p> <p>Discharged with full return to baseline physical function: CP group: 141/228 (61,8%) vs. placebo group: 72/105 (68,6%) OR : 0,81 _{95%}CI [0,50-1,31], p = 0,396</p>

Convalescent plasma (CP) - 4

- Observational, multicenter, academic study, France
- **Inclusion criteria:** B-cell immunodeficiency with prolonged COVID-19 symptoms, positive SARS-CoV-2 RT-PCR from respiratory samples, no SARS-CoV-2 seroconversion
- 17 patients treated with 4 units of COVID-19 convalescent plasma

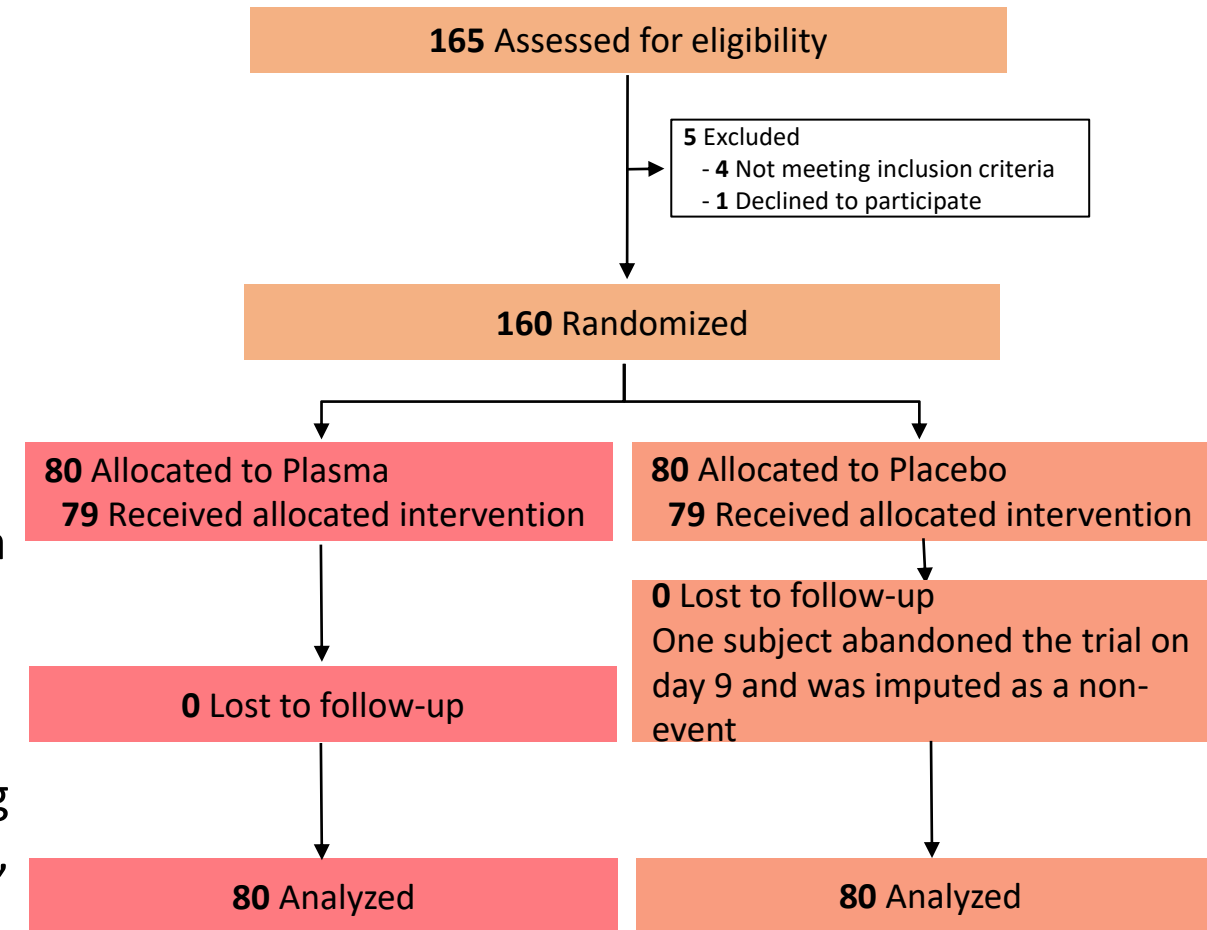


- **Clinical symptoms:** 16/17 patients experienced amelioration of SARS-CoV-2 within 48 hours CP
- **SARS-CoV-2 RNAemia:** 9/9 patients witnessed a decreased below sensitivity threshold

Characteristics (N=17)		CP
Age, median [range] - yr		58 [35-77]
Male sex – no (%)		12 (71)
Hematological malignancies		15 (88)
Non - Hematological malignancies		2 (12)
COVID -19 severity (WHO score), n (%)	4 – no (%)	5 (29)
	5-6 – no (%)	10 (59)
	7 – no (%)	2 (12)
Time between COVID -19 symptoms onset and CPT (days), median [range]		56 [7-83]
Time for oxygen weaning after CPT (days), median [range]		5 [1-45]
Overall survival, n (%)		16 (94)

Convalescent plasma (CP) - 5

- Randomized, double-blind, placebo-controlled trial, Argentina, high IgG titers against SARS-CoV-2 CP
- **Inclusion criteria:** age ≥ 75 yo, or age between 65 and 74 yo with coexisting condition (HTA, diabetes, obesity, chronic renal failure, cardiovascular disease, COPD), laboratory confirmed COVID-19, at least 2 symptoms within ≤ 48 h: $t^{\circ} \geq 37,5^{\circ}\text{C}$ or unexplained sweating, or chills; and dry cough, dyspnea, fatigue, myalgia, anorexia, sore throat, dysgeusia, anosmia, or rhinorrhea
- **Exclusion criteria:** severe respiratory disease
- **Primary outcome:** severe respiratory disease*
- **Secondary outcome** (some of them): life-threatening respiratory disease, noninvasive or invasive ventilation, admission to an intensive care unit
- 160 participants; **80 CP group, 80 placebo group**

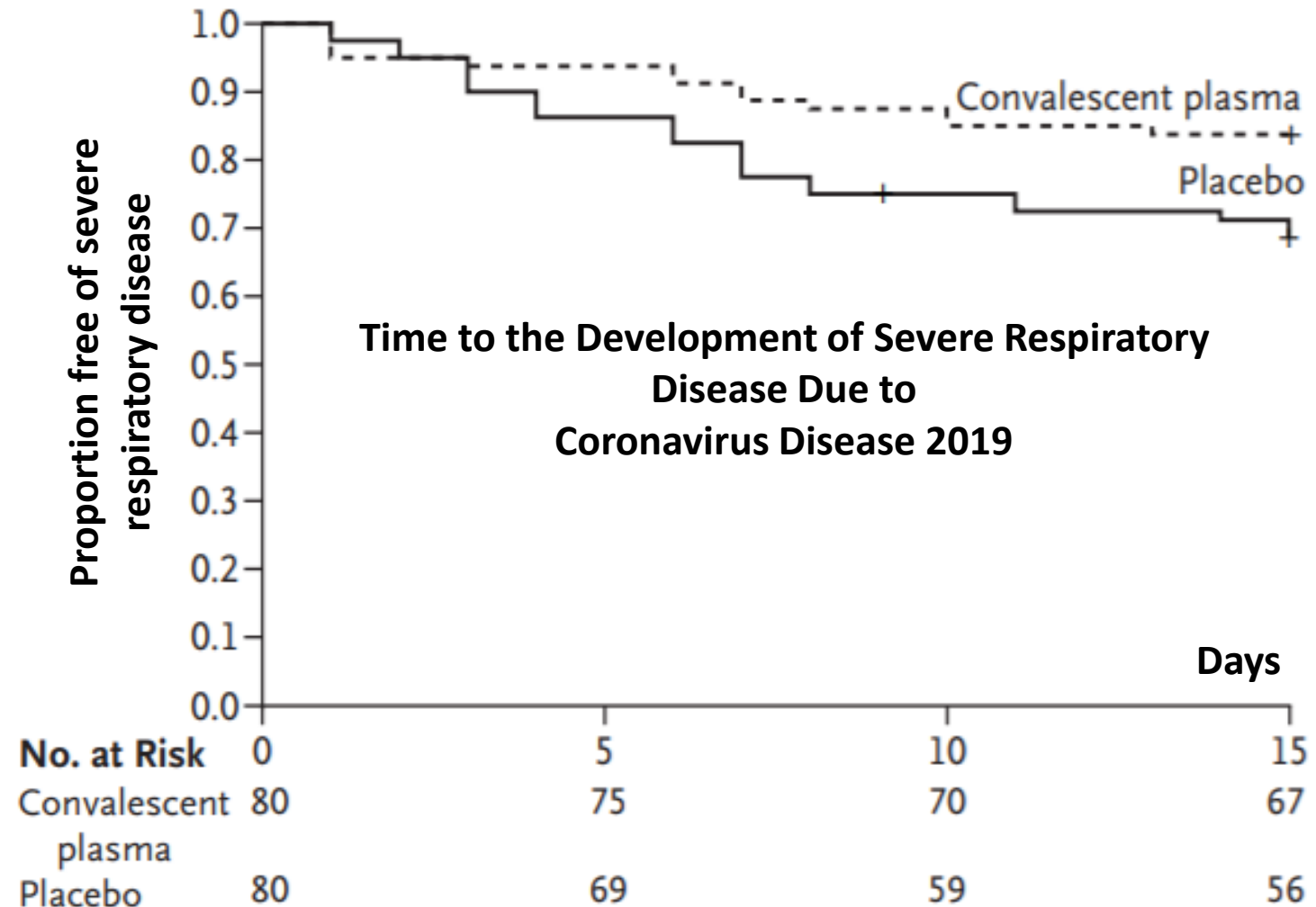


Convalescent plasma (CP) - 5

Characteristics	CP (N=80)	Placebo (N=80)
Age (y) – mean (SD)	76,4 (8,7)	77,9 (8,4)
Female sex – no (%)	54 (68)	46 (58)
Coexisting conditions		
Hypertension – no (%)	62 (78)	52 (65)
Treated Diabetes – no (%)	23 (29)	13 (16)
Obesity – no (%)	4 (5)	8 (10)
Treated COPD – no (%)	2 (2)	5 (6)
Cardiovascular disease – no (%)	14 (18)	7 (79)
Chronic renal failure – no (%)	1 (1)	3 (4)
Others		
Respiratory rate (breaths/min) – mean (SD)	17 (2,8)	17,3 (3)
SpO ₂ while breathing ambient air (%) – mean (SD)	96,1 (1,6)	96,1 (1,7)
Time since onset of symptoms (hr) — no (%)	39,6 (13,9)	38,3 (14,3)

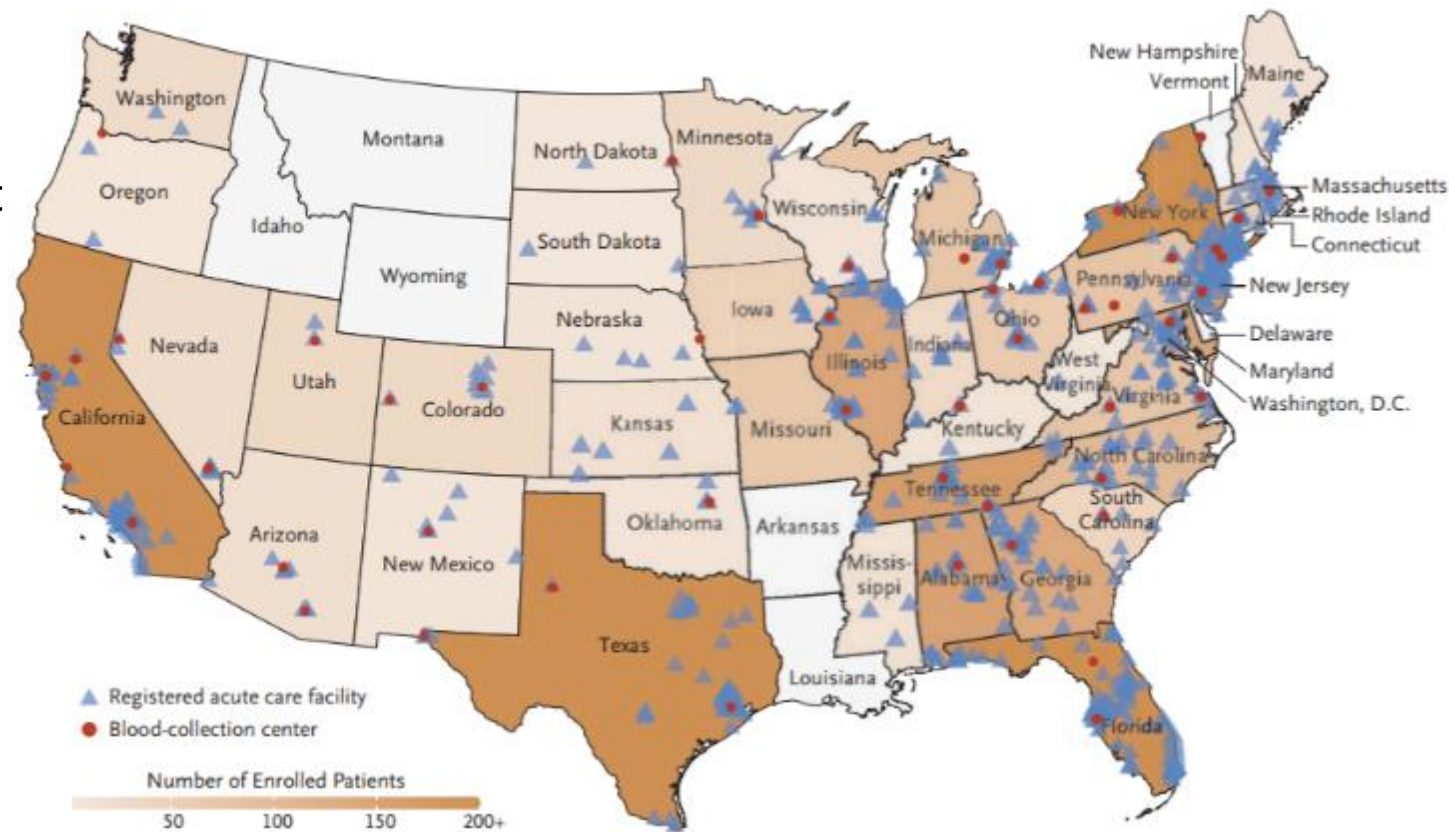
Convalescent plasma (CP) - 5

- **Severe respiratory disease:** 13/80 (16%) CP group vs. 25/80 (31%) placebo group, RR: 0,52; 95%CI [0,29-0,94]
- **Life-threatening respiratory disease:** 4/80 (5%) CP group vs. 10/80 (12%) placebo group; RR: 0,40; 95%CI [0,13-1,22]
- **Noninvasive ventilation:** 1/80 (1%) CP group vs. 6/80 (12%) placebo group; RR: 0,17; 95%CI [0,02–1,35]
- **Admission to intensive care unit :** 2/80 (2%) CP group vs. 6/80 (8%) placebo group; RR: 0,33; 95%CI [0,07–1,60]
- **Limits:** Trial stopped early at 76% of projected sample size because a decrease in Covid-19.



Convalescent plasma (CP) - 6

- Retrospective study based on a U.S. national registry
- **Inclusion criteria:** hospitalized patients, age \geq 18yo, positive SARS-CoV-2 RT PCR, patients at high risk for progression to severe or life-threatening COVID-19
- **Main outcome:** mortality at 30 days after the transfusion of convalescent plasma
- Cohort consisted of 3082 patients from 680 acute care facilities across the United States; 561 in **low titer group**, 2006 in **medium titer group** and 515 in **high titer group**.



Convalescent plasma (CP) - 6

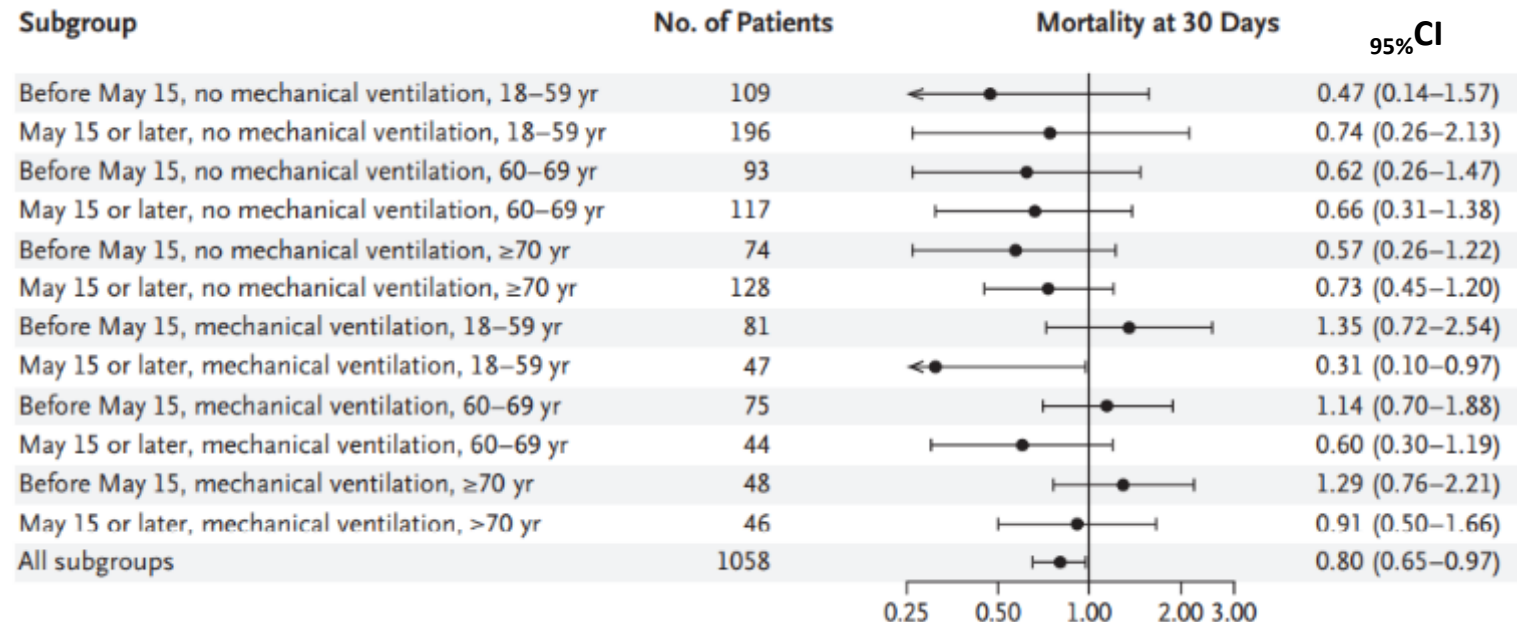
Characteristics	Low Titer (N=561)	Medium Titer (N=2006)	High Titer (N=515)
Age \geq 80 – yr	63/561 (11,2)	241/2006 (12,0)	241/2006 (12,0)
Female sex – no (%)	201/559 (36,0)	774/2002 (38,7)	221/515 (42,9)
Co existing conditions			
Obesity – no (%)	263/511 (51,5)	980/1891 (51,8)	288/490 (58,8)
Clinical status			
Severe or life-threatening COVID-19 – no (%)	382/561 (68,1)	1286/2006 (64,1)	341/515 (66,2)
ICU care before infusion – no (%)	344/561 (61,3)	1226/2006 (61,1)	298/515 (57,9)
Mechanical ventilation before infusion – no (%)	183/548 (33,4)	666/1963 (33,9)	158/510 (31,0)
Risk factors for severe COVID-19 in subgroup of patients with severe or life-threatening COVID-19			
Blood oxygen saturation \leq 93%	269/382 (70,4)	909/1286 (70,7)	233/341 (68,3)
Lung infiltrates $>$ 50% within 24 to 48 hr	194/382 (50,8)	588/1286 (45,7)	147/341 (43,1)
Respiratory rate \geq 30 breaths/min	177/382 (46,3)	580/1286 (45,1)	157/341 (46,0)
PaO ₂ /FiO ₂ $<$ 300	137/382 (35,9)	451/1286 (35,1)	93/341 (27,3)

Convalescent plasma (CP) - 6

- **Death within 30 days after plasma transfusion:**
 - **Overall population:** 830/3082 (26,9%); $95\% \text{ CI}[25,4-28,5]$
 - **Low-titer group:** 166/561 (29,6%)
 - **Medium-titer group:** 549/2006 (27,4%); $\text{RR}: 0,92$ $95\% \text{ CI}[0,80-1,07]$
 - **High-titer group:** 115/515 (22,3%); $\text{RR}: 0,75$ $95\% \text{ CI}[0,61-0,93]$
- **Limits:** retrospective cohort study, limited availability of data, missing data, lack of precision in details regarding the temporal relationship between concomitant medication use and CP transfusion.

Relative Risk of Death within 30 Days after Convalescent Plasma Transfusion

High vs. Low Antibody Levels



THERAPEUTIC (February 18th 2021)

1. What drug showed clinical efficacy?

- Dexamethasone is the first drug to show life-saving efficacy in patients infected with COVID-19

2. What drugs did not show proven benefits?

- No proven benefits have been reported with (hydroxy)chloroquine, ivermectin nor lopinavir/ritonavir treatment



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